

# Age-friendly British Columbia

## Lumby

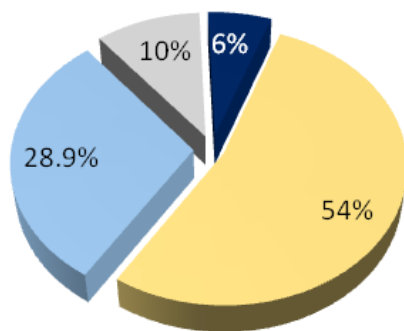
### The Community

Lumby is located in the North Okanagan, approximately 25 km east of the city of Vernon on Highway 6. Lumby was one of two small, rural and remote communities from BC to participate in Canada's *Age-Friendly Rural and Remote Communities* study. To learn more about Lumby visit [www.lumby.ca](http://www.lumby.ca).



### Facts\*

- Total Population: 1,634
- Lumby has 275 residents aged 65 or older (16.8% of population)
- Lumby has 490 residents between age 45 – 64
- Projected significant growth in older adults over the next 20 years



■ 0-44 years ■ 45-64 years  
■ 65-74 years ■ 75+ years

\*Statistics provided by BCStats, 2006

### Age-friendly Achievements

#### Outdoor Spaces & Buildings

- Created a recreation masterplan, focused on using current recreation facilities more fully and encouraging all ages to be involved.
- Completed a pathway systems study that included examining current pathways and designing new ones.
- Constructed the Shuswap pathway, a one kilometre paved trail linking the north village to the downtown core and parks. The trail is used not only by seniors but, the whole community.
- Ensure sidewalks and paths are kept clear of debris, to ensure safe access for all.



#### Housing

- Constructing 16 affordable housing units, designed for independent seniors and persons with disabilities.

#### Social Participation

- Created a community garden across from the seniors' centre designed for seniors and the entire community.

#### Respect & Social Inclusion

- Updated the Official Community Plan to include goals and policies addressing seniors' concerns.

For more information on creating an age-friendly community visit: [www.seniorsbc.ca/agefriendly](http://www.seniorsbc.ca/agefriendly) or email [AgefriendlyBC@gov.bc.ca](mailto:AgefriendlyBC@gov.bc.ca)