



active AGING

SYMPOSIUM 2008

Program

Friday, June 6, 2008

Segal Graduate School of Business, 500 Granville Street, Vancouver, BC

| Time | Item | |
|-------|--|---|
| 7:45 | Registration Opens | |
| 8:30 | Welcome and Opening Address | Honourable Gordon Hogg, Minister of State for ActNow BC |
| 8:50 | Active Aging in BC | Matt Herman, Ministry of Health |
| 9:05 | Age-friendly Panel & Dialogue <ul style="list-style-type: none"> • Age-friendly Communities • Senior Friendly Employment Project • Initiatives to Support an Age-friendly Abbotsford | Elaine Gallagher, University of Victoria Steve Meikle, District of Saanich Susan Brice, Victoria Silver Threads Jodi Newnham, City of Abbotsford |
| 9:55 | <i>Brain Stretch</i> | Lori Wall, North Shore Neighbourhood House |
| 10:00 | <i>Health Break</i> | |
| 10:15 | Provincial Initiatives Panel & Dialogue <ul style="list-style-type: none"> • Sexual Health and Intimacy in Care Facilities • Chronic Disease Self-Management Program • Falls Prevention in B.C. | Bethan Everett, Vancouver Coastal Health Karen Hannah, University of Victoria Cheryl Leia, Vancouver Coastal Health |
| 11:00 | <i>Body Stretch</i> | Barbara Harwood, Seniors Serving Seniors |

| Time | Item | |
|-------|---|---|
| 11:05 | Fireside Chat – Provincial Initiatives with Funding Opportunities <ul style="list-style-type: none"> • Active Communities • Healthy Communities • Measuring Up • BC Healthy Living Alliance | Don Maunders (host) Eva Cheung Robinson, BC Recreation and Parks Association Jodi Mucha, BC Healthy Communities Rebekah Mahaffey, 2010 Legacies Now Jamie Myrah, BC Healthy Living Alliance |
| 12:00 | <i>Networking Lunch</i> | <i>Lunch provided</i> |
| 1:00 | Fireside Chat – More Funding Opportunities <ul style="list-style-type: none"> • UBCM • New Horizons • United Way | Don Maunders (host) Danyta Welch, Union of British Columbia Municipalities Louise Renaud, Service Canada Beverley Pitman, United Way of the Lower Mainland |
| 1:45 | <i>Stretch Break – Qi Gong</i> | Chaco Chiswell, Treloar Physiotherapy Clinic |
| 1:50 | Community Practices Showcase (Part I) <ul style="list-style-type: none"> • BRRPA Provincial initiatives • Staying Healthy and Safe: A Health Promotion Initiative • Fit Fellas | Eva Cheung Robinson, BC Recreation and Parks Association Sylvia Macleay, Council of Senior Citizens Organizations of BC Barrie Chapman, West Vancouver Seniors' Activity Centre |
| 2:30 | <i>Health Break</i> | |
| 2:50 | Community Practices Showcase (Part II) <ul style="list-style-type: none"> • Vital Living for Healthy Aging • North Shore Keep Well | Lori Wall, North Shore Neighbourhood House Pamela Baxter, North Shore Keep Well Society |
| 3:15 | <i>Stretch Break - Laughter Yoga</i> | Carol Ann Shannon, Crescent Beach Community Services |
| 3:20 | Committing to Action | Don Maunders, Facilitator |
| 3:35 | Closing Comments Where do we go from here | Matt Herman, Ministry of Health |
| 3:45 | Final Opportunity for Customized Funding Opportunity Q&A and Networking | All |
| 4:30 | <i>Adjournment</i> | |