

Issues and Barriers Affecting Service Delivery

Emotion	Impact
Fear (of or for trafficker, of police/authorities, of deportation).	<ul style="list-style-type: none"> • Reluctance to meet people, to be alone, to go outside. • Anxiety. • Shaking or heart racing. • Difficulty sleeping or concentrating. • Reluctance to accept services for fear of consequences for self or family.
Shame and guilt.	<ul style="list-style-type: none"> • Difficulty making eye contact. • Difficulty expressing thoughts or feelings, details of events and experiences. • Reluctance to undergo interviews and physical exams.
Lack of trust.	<ul style="list-style-type: none"> • Distrustful or suspicious of service providers' intentions. • Reluctance to disclose information, or may provide false information. • Difficulty establishing healthy relationships with support persons and others.
Mistrust of self, low self-esteem.	<ul style="list-style-type: none"> • Difficulty making and trusting own decisions. • Difficulty planning for future. • Blames self for situation.
Dependence and subservience.	<ul style="list-style-type: none"> • Reluctance to make decisions. • Desire to please. • Easily influenced. • Difficulty asserting themselves.