



minimum NURSE-TO-PATIENT RATIO

REHABILITATION UNIT DEFINITION

Approved by Ministry of Health: March 2024

PREAMBLE STATEMENT

B.C.'s minimum nurse-to-patient ratios (mNPR) are grounded in a commitment to continuous improvement and ongoing learning, prioritizing the well-being of nurses and patients. As these ratios are implemented, we will engage in continuous improvement cycles to better understand their impact on nursing outcomes and patient care. This will enable us to make informed adjustments, ensuring that we meet the needs of nurses and patients effectively.

DEFINITION –Rehabilitation unit refers to:

- a multi-day, interdisciplinary inpatient unit which is organized, operated, and maintained to:
 - (i) provide rehabilitation of patients following stabilization of their acute medical issue; and
 - (ii) improve functions of patients with musculoskeletal and neuromuscular conditions due to injury or illness, or following surgery, so that they may be safely discharged.

RATIO – 1:5 (Day/Evening), 1:7 (Night)

GUIDELINES

Excluded: Rehabilitation services provided for mental health conditions and/or for drug or alcohol addiction.