Osteoporosis
Appendix C – Using the FRAX Calculator to Assess Absolute Fracture Risk

Access online at: http://www.shef.ac.uk/FRAX/

- From “Calculation Tool” menu, choose “Canada” model
- Enter patient’s age or date of birth
- Enter patient’s sex
- Enter patient’s weight
- Enter patient’s height
- Choose “no” or “yes” for risk factors 5-11
- If BMD score available (#12), select type of DXA scanner and enter femoral neck or total hip BMD as g/cm²
  (Note: A BMD test is not required to estimate fracture risk)
- Click on “Calculate”
- The 10-year hip fracture probability estimate to be used to determine type of treatment based on level of risk