



## Osteoporosis

### Appendix A – Examples of Medications That May Contribute to Bone Loss\*

ANTICOAGULANTS - heparin, warfarin

ANTICONVULSANTS - carbamazepine, phenytoin

AROMATASE INHIBITORS - anastazole, letrozole, exemestane

BARBITUATES - phenobarbital

CHEMOTHERAPEUTIC/CYTOTOXIC AGENTS - various

CYCLOSPORINE

DEPO-MEDROXYPROGESTERONE

GLUCOCORTICOIDS \*\* - various

GONADOTROPIN RELEASING HORMONE AGONISTS - buserelin, goserelin, leuprolide acetate

LITHIUM

PROTON PUMP INHIBITORS

SELECTIVE SEROTONIN REUPTAKE INHIBITORS - various

TACROLIMUS

THIAZOLIDINEDIONES - pioglitazone, rosiglitazone

THYROID HORMONES IN EXCESS

\*This is not a complete list of medications.

\*\*Particularly chronic glucocorticoid use i.e.,  $\geq 3$  months of consecutive therapy at a dose of prednisone  $\geq 7.5$ mg per day or equivalent

#### References

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