



## Appendix E: Screening Tools for Persisting Concussion Symptoms

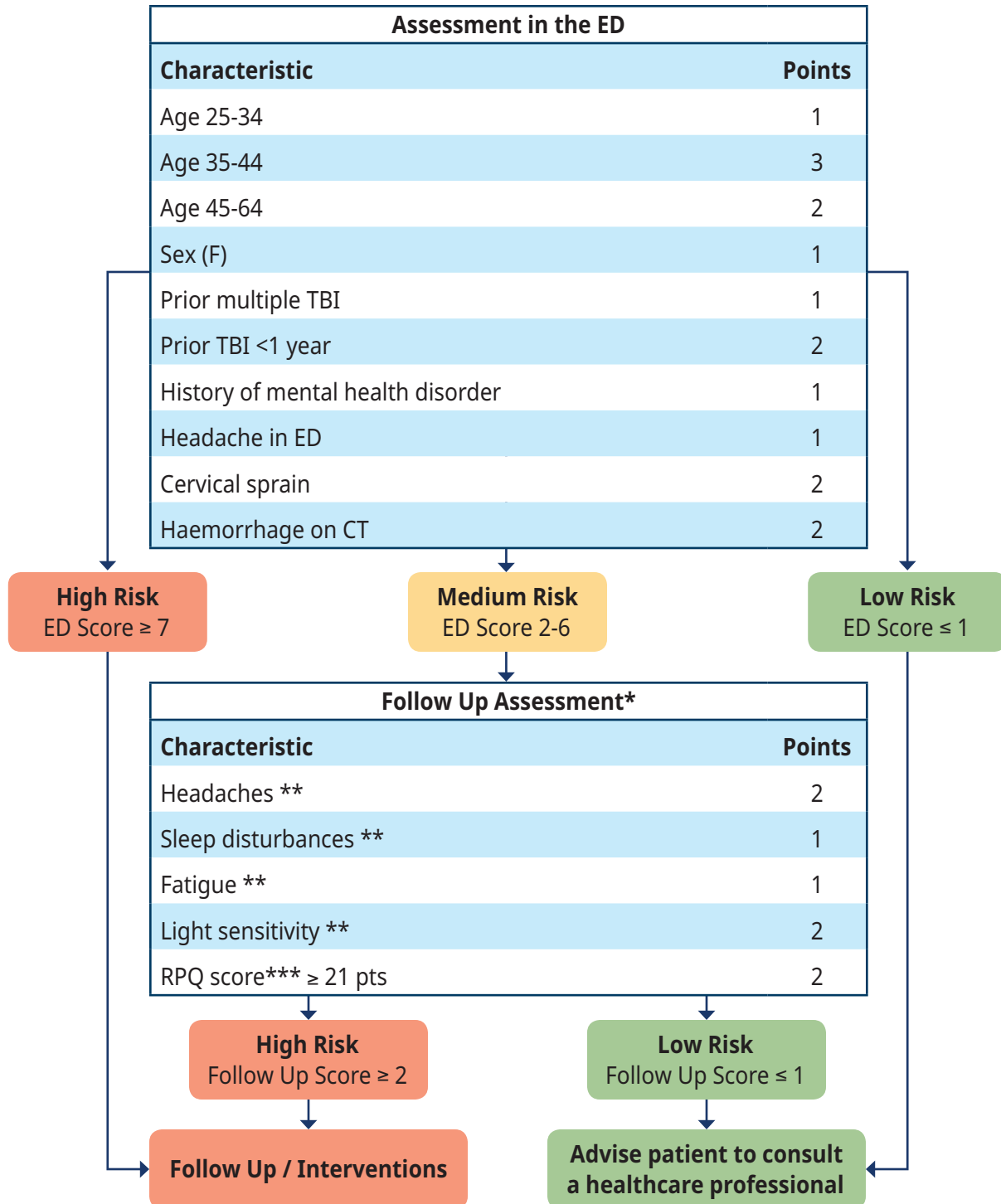
### Paediatric Screening Tool (5-18 years): 5P

Accessed from: CHEO Research Institute - 5P (5pconcussion.com)

	0	1	2
Age	<input type="checkbox"/> 5 - <8	<input type="checkbox"/> 8 - <13	<input type="checkbox"/> 13 - <18
Sex	<input type="checkbox"/> Male		<input type="checkbox"/> Female
How long did the patient's previous concussion last?	<input type="checkbox"/> No previous concussion or recovery in < 1 week.	<input type="checkbox"/> Recovery took 1 week or longer.	
Does the patient have a history of migraines?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Did the patient answer questions more slowly than normal as compared to before the injury?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
On the BESS Tandem stance balance testing, how many errors did the patient have in 20 seconds?	<input type="checkbox"/> 0-3 errors	<input type="checkbox"/> 4+ errors or could not complete testing	
Does the patient have a headache	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Does the patient have sensitivity to noise?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Is the patient more fatigued?	<input type="checkbox"/> No		<input type="checkbox"/> Yes
<b>TOTAL PATIENT SCORE</b>	_____ (0 = lowest score, 12 = highest score)		

## Youth/Adult Screening Tool (>14 years old): Prediction of Persistent Post-Concussion Symptoms (POCS Rule)

**Accessed from:** Le Sage N, Chauny JM, Berthelot S, Archambault P, Neveu X, Moore L, Boucher V, Frenette J, De Guise É, Ouellet MC, Lee J, McRae AD, Lang E, Émond M, Mercier É, Tardif PA, Swaine B, Cameron P, Perry JJ. Post-Concussion Symptoms Rule: Derivation and Validation of a Clinical Decision Rule for Early Prediction of Persistent Symptoms after a Mild Traumatic Brain Injury. *J Neurotrauma*. 2022 Oct;39(19-20):1349-1362. doi: 10.1089/neu.2022.0026. Epub 2022 Sep 9. PMID: 35765917; PMCID: PMC9529302.



\* Follow-up by front line healthcare provider / phone call 7 days post mTBI  
 \*\* At least 2 points on RPQ for each symptom  
 \*\*\* Rivermead Post Concussion Symptoms Questionnaire