



## Cognitive Impairment - Recognition, Diagnosis and Management in Primary Care: Resource Guide for Physicians

### ► Education for Practitioners:

- **Practice Support Program** – learning modules for advance care planning and end of life. Visit: [www.gpsc.bc.ca/psp/learning](http://www.gpsc.bc.ca/psp/learning)

### ► Services to Provide Support to Patients and Caregivers:

- **Alzheimer Society of B.C.** – assists people with all types of dementia and their caregivers. Phone: 1 800 667-3742. Website: [www.alzheimerbc.org](http://www.alzheimerbc.org)
- **First Link®** – an early intervention service designed to connect individuals and families affected by Alzheimer’s disease or another dementia with services and support as soon as possible after diagnosis. Requires a formal referral from a physician and/or health professional. Visit: [www.alzheimerbc.org/We-Can-Help/First-Link.aspx](http://www.alzheimerbc.org/We-Can-Help/First-Link.aspx)
- **Home & Community Care** – contact your local health authority or visit: [www.gov.bc.ca/hcc/](http://www.gov.bc.ca/hcc/).
- **BC Guidelines** – Cognitive Impairment: Recognition, Diagnosis and Management in Primary Care – Guide for Patients and Caregivers. Website: [www.bcguidelines.ca](http://www.bcguidelines.ca)

### ► Related Guidelines:

- **B.C. Ministry of Health** – Best Practice Guideline for Accommodating and Managing Behavioural and Psychological Symptoms of Dementia in Residential Care. Online: [www.health.gov.bc.ca/library/publications/year/2012/bpsd-guideline.pdf](http://www.health.gov.bc.ca/library/publications/year/2012/bpsd-guideline.pdf)

### ► Driving Resources:

- **2016 CCMTA Medical Standards for Drivers With BC Specific Guidelines** – [www2.gov.bc.ca/assets/gov/driving-and-transportation/driving/publications/2016-ccmta-guide.pdf](http://www2.gov.bc.ca/assets/gov/driving-and-transportation/driving/publications/2016-ccmta-guide.pdf)
- **DriveABLE** – provides driving assessments for cognitively at-risk individuals. Takes physician referrals. Website: [www.driveable.com](http://www.driveable.com)

### ► Mental Health Services:

- **Community Services** – search the following for community mental health services:
  - o Health authority websites.
  - o HealthLink BC ([www.healthlinkbc.ca](http://www.healthlinkbc.ca)).
- **Mental Health Act Forms** – [www.health.gov.bc.ca/exforms/mh.html](http://www.health.gov.bc.ca/exforms/mh.html)

### ► **Self-Neglect, Neglect and Abuse Resources:**

- **Designated Agencies** – organizations in B.C., which have been assigned responsibility for responding to reports of abuse, neglect and self-neglect of adults who cannot get help on their own.  
Visit: [www.trustee.bc.ca/documents/STA/Designated\\_Agencies\\_Contacts\\_sept\\_2011.pdf](http://www.trustee.bc.ca/documents/STA/Designated_Agencies_Contacts_sept_2011.pdf)
- **VCH ReAct** – provides resources to help physicians recognize and report elder abuse.
  - o Adult Abuse and Neglect Response Flow Sheet ([www.vchreact.ca/attachments/flow\\_chart.pdf](http://www.vchreact.ca/attachments/flow_chart.pdf)).
  - o Assessment Guide ([www.vchreact.ca/attachments/guide.pdf](http://www.vchreact.ca/attachments/guide.pdf)).
- **Public Guardian and Trustee of B.C.** – provides information on protecting adults from abuse, neglect and self-neglect.  
Website: [www.trustee.bc.ca](http://www.trustee.bc.ca)

### ► **Pharmaceutical Information:**

- **Alzheimer’s Drug Therapy Initiative** – all questions, clinical and administrative, can be directed to Health Insurance BC.  
Phone: 1 800 663-7100. Online: [www.health.gov.bc.ca/pharmacare/adi](http://www.health.gov.bc.ca/pharmacare/adi).