

## Asthma Patient Care Flow Sheet (patients aged < 6 years)

Diagnosis based on:

- Asthma history alone
- Asthma history and clinical exam
- Other: \_\_\_\_\_

Asthma triggers:  Viral infections  Animals \_\_\_\_\_  Exercise  Pollen/Trees  Dust Mites  Other \_\_\_\_\_

	Date						
<b>ASTHMA CONTROL (each visit)</b>							
Daytime symptoms (days/week)							
Need for reliever (days/week)							
Nocturnal symptoms (nights/week)							
Limitation of activity (Y/N)							
Exacerbations (# since last visit)							
Courses of systemic steroids (# since last visit)							
Last hospitalization or emergency room visit (# since last visit)							
<b>EDUCATION</b>							
Review medication compliance (each visit)							
Evaluate inhaler technique (have patient demonstrate at each visit) and provide handouts*							
Provide written action plan**							
Review purpose of medications							
Review trigger avoidance							
Assess for food allergy and ensure epinephrine autoinjector px is up to date							
Smoking cessation counselling for family***							
Influenza vaccine (annual)							
Pneumococcal vaccine up to date							
<b>INVESTIGATIONS/ASSESSMENTS</b>							
Height (cm)							
Height percentile							
Weight (kg)							
Weight percentile							
Specialist referral							

\*Refer to: [www.bcchildrens.ca/KidsTeensFam/A-ZPamphlets/default.htm](http://www.bcchildrens.ca/KidsTeensFam/A-ZPamphlets/default.htm), \*\* Refer to Associated Document - Asthma Action Plan for Children: aged < 6 years,

\*\*\*Refer to: [www2.gov.bc.ca/gov/topic.page?id=8CC17D1F894140748D740853F361D798](http://www2.gov.bc.ca/gov/topic.page?id=8CC17D1F894140748D740853F361D798)