Appendix D: Mallampati Classification of Airway*

Mallampati classification is useful in determining the pretest likelihood of potential obstructive sleep apnea. Patient should be in the sitting position, with the head in the neutral position, the mouth opened maximally, and the tongue protruded maximally. Examiner should be seated opposite the patient at eye-level. A higher Mallampati score has been associated with OSA diagnosis and increased AHI. For every 1-point increase in the Mallampati score, the odds of having OSA increased by more than 2-fold.23