

Overview of Integrated Child & Youth Teams



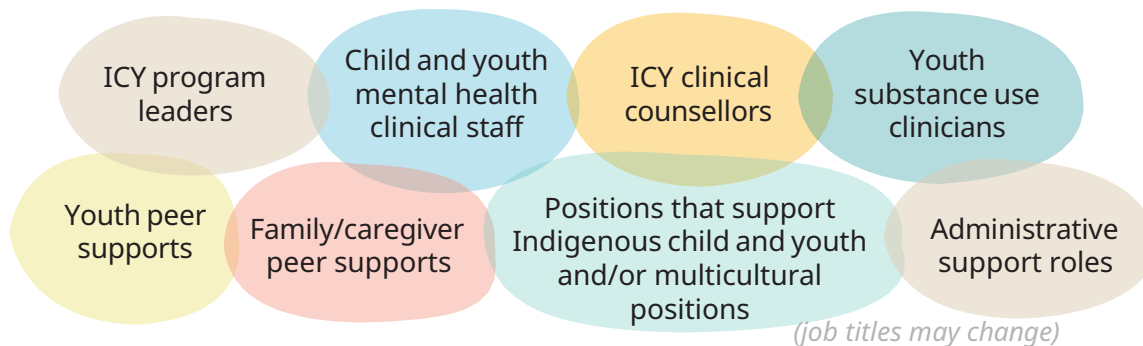
1 What are ICY Teams?

Integrated Child and Youth (ICY) teams are part of *A Pathway to Hope* – the provincial strategy for improved mental health and substance use care in B.C.

2 How are they different?

- Wraparound mental health and substance use services and supports for children and youth delivered by multidisciplinary teams.
- Families and caregivers do not have to navigate services and supports on their own - service providers work to ensure smooth transitions.
- Children and youth from early years to age 19 are provided supports by an ICY team within a school district.
- Reduced need for children and youth to re-tell their story - team members share information.
- Services are based on the strengths and needs of the individual and their caregivers.

3 Who are ICY Team members?



Where positions already exist in the community, they are assigned to the teams, as appropriate.

Additional team members identified by the child or youth may be included, such as cultural or religious/spiritual support, family, friends, family physicians, social workers, coaches, support people, Elders, other counsellors or professionals (not additional funding).

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Services & Referrals

ICY teams receive referrals from other service providers such as:

- early years services
- school staff
- primary care
- mental health and substance use services
- Foundry centres
- Indigenous-led organizations

The teams work towards culturally safer, distinctions-based, and child-, youth-, family-, and community-centred approaches, engaging and communicating with Inuit, First Nations and Métis organizations and working towards meaningful and reciprocal relationships.

Approaches are gender, diversity and trauma informed. Wherever possible, services for Inuit, First Nations and Métis children and youth are offered by Inuit, First Nations and Métis providers, and additional care members can be invited.

The multi-disciplinary approach expands the diversity of mental health supports so that children and youth may access services when they are needed.

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ICY Teams Locations

ICY Teams operate with school districts' boundaries including those attending First Nations operated schools, independent schools, alternative school environments or those not in school.

Children and youth connect to ICY teams based on geographic location if they are new to services.

ICY teams will meet children, youth and families in outbound services as well as regular care settings.

Fraser region:

- Maple Ridge–Pitt Meadows (School District 42)
- Agassiz, Harrison, Hope, and Boston Bar (School District 78 Fraser-Cascade)
- Mission (School District 75)
- Delta (School District 37)
- Surrey - Cloverdale-Fleetwood neighbourhood (School District 36)

Interior region:

- Kwsaltktnéws ne Secwepemcúl'ecw (School District 83)
- Oliver, Keremeos (School District 53)
- Castlegar, Trail (School District 20)
- Lytton, Cache Creek, Lillooet (School District 74)
- Princeton, Merritt (School District 58)

Island region:

- Comox Valley (School District 71)
- Nanaimo-Ladysmith (School District 68)
- Port Alberni (School District 70 Pacific Rim)
- Cowichan Valley (School District 79)
- Qualicum (School District 69)

Northern region:

- Terrace, Kitimat, and Stewart, Kitsumkalum Nation, Kitselas Nation, and Haisla Nation (School District 82 Coast Mountains)
- The Hazeltons, Gitxsan Nations and Hagwilget Nation (School District 82 Coast Mountains)
- Dawson Creek, Chetwynd, Tumbler Ridge (School District 59 Peace River South)

Vancouver/coastal region:

- Richmond (School District 38)
- qathet (Powell River) (School District 47)
- Bella Coola, Bella Bella (School District 49 Central Coast)