The Maples Adolescent Treatment Centre & Complex Care Unit in Coquitlam, B.C.

A new purpose-built mental health facility
The Maples Adolescent Treatment Centre is located on the traditional territories and ancestral lands of the kʷikʷəƛ̓əm (Kwikwetlem) First Nation in Coquitlam, B.C., with specialized assessment and treatment programs offered for youth ages 12-17 who are living with significant mental health, emotional or behavioural challenges that impact many aspects of their lives.

Most youth who participate in these programs are referred through B.C. Child and Youth Mental Health (CYMH) teams under the Ministry of Children and Family Development. Involvement by family members and caregivers is an important aspect of these programs.

həy̓xʷat kʷΘa śxʷhalíʔ ləlam  Healing Spirit House
Most youth stay on-site in Coquitlam while attending the programs because the severity of their challenges can often be better addressed through the intensive programming available through on-site treatment.

An integrated team of professionals
The Maples programs were developed and are delivered by a team of highly qualified and experienced mental health, medical, vocational and education professionals who work as an integrated team.

Child and youth care workers, psychiatrists, a medical doctor, psychologists, social workers, a vocational counsellor, and B.C. qualified teachers through the Burnaby School District enable youth to receive intensive treatment that takes into consideration all aspects of their lives.

Four specialized programs
Response, Dala, Bifröst, and Crossroads are the four main programs offered to address the needs of youth, ages 12-17, who are living with significant emotional, behavioral or mental health challenges that impact their everyday experiences with family, at school and in the community.

Dala Program
This three-month program provides assessment and intervention for fragile teens with symptoms like depression, anxiety, schizophrenia or other thought disorders. The program has 6 beds.

Crossroads Program
This program serves as a custodial setting for youth found Unfit to Stand Trial or Not Criminally Responsible Due to a Mental Disorder as well as voluntary clients under the Mental Health Act. These youth typically are living with psychiatric and behavioral disorders. The program has 8 beds.
Bifröst Program
This program provides a community-based, intensive intervention for teens and their families to support positive family relationships and mental health. The program is three months in length and serves eight clients and their families in each cohort. It is offered three times per year in the Lower Mainland.

Response Program
The program designs a care plan for the teen, their family and the community team who supports them. The objective of the plan is to build understanding about the teen’s life and offer strategies for solving problems. This 28-day program has eight beds in addition to serving youth in the community.

Connect Attachment Program
In addition to the four programs, the Connect Attachment Program is a 10-week, trauma-informed program designed to support birth, kinship or foster caregivers of youth to create stronger relationships with their pre-teens and teens.

The Connect Attachment program has been offered in more than 40 communities across B.C., including urban, rural and remote regions of the province and delivered in small groups by trained facilitators.

National and international clinical trials show that the Connect Attachment Program reduces caregiver stress and depression, increases parenting confidence and satisfaction, and promotes attachment security with adolescents, as well as promoting improvements to their mental health.

The interventions are evidence-based and trauma-informed.

Complex Care Unit
There is also a specialized six-bed residential, assessment, stabilization and intervention Complex Care Unit under the Ministry of Children and Family Development licensed by Fraser Health at Healing Spirit House.

Tlatsini Indigenous programming
The Tlatsini program offers direct services to the youth admitted to The Maples as well as support to staff to provide culturally safe services to Indigenous and non-Indigenous youth, families, caregivers and communities. Tlatsini is a Tlingit word pronounced “Klitseenee” gifted to The Maples for Indigenous programming and means “The Place We Gather Strength.”

Culturally Safe
All youth who stay on-site are invited to join the weekly group activities. Within the Tlatsini program, there is an Indigenous Cultural Coordinator, an Indigenous Awareness Worker and Knowledge Keeper to work with Indigenous and non-indigenous youth and support them.

Amenities
ha̱y̓xʷat kʷθa šxʷhaliʔ leləm  Healing Spirit House
This new purpose-built facility opened in February 2019 after The Maples relocated from its long-time location in Burnaby at Willingdon. The building is built to Gold LEED standards and incorporates a strong Indigenous feel through art to honour both the history of the lands, the kʷíkʷəƛ̓əm (Kwikwetlem) First Nation, Indigenous youth and as a reminder of the healing nature that connection to cultural heritage and practices can bring.
A West Coast-inspired design transports the outdoors inside through large windows, a two-storey main foyer, nature and outdoor Indigenous-themed murals and lighting. Amenities include: a gym, weight/fitness room, three classrooms, Indigenous cultural programming space, outdoor patios, and individual rooms for the youth who live on-site.

**For more information about the Maples programs:**
Monday to Friday: 8:30 a.m. - 4:30 p.m.

Phone: 604 660-5800  
Web: [https://www2.gov.bc.ca/gov/content?id=6AC262D2A93E4745ADBCA594C5EB45B4E](https://www2.gov.bc.ca/gov/content?id=6AC262D2A93E4745ADBCA594C5EB45B4E)  
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