

FRIENDS For Life

Liaison Manual



*Sponsored by the Ministry of Children and Family Development
In cooperation with School Districts, Independent Schools,
First Nations Schools Association and the Ministry of Education*

TABLE OF CONTENTS

FRIENDS PROGRAM OVERVIEW.....	3
There are three FRIENDS programs available to BC schools:.....	3
FRIENDS CONTACT INFORMATION	4
THE ROLE OF A FRIENDS LIAISON.....	4
TRAINING EVENTS.....	4
<i>Eligibility for Training and Program Delivery.....</i>	<i>4</i>
<i>Coordinating a Training Event</i>	<i>5</i>
<i>Step 1: Requesting a Training Event</i>	<i>5</i>
<i>Step 2: Invitations</i>	<i>5</i>
<i>Step 3: Registration</i>	<i>6</i>
<i>Step 4: Ordering Event Materials.....</i>	<i>6</i>
<i>Step 5: Equipment & Room Set-Up.....</i>	<i>6</i>
<i>Step 6: Event Handouts.....</i>	<i>6</i>
<i>Step 7: Training Day.....</i>	<i>7</i>
<i>Step 8: Post Training To Do's</i>	<i>7</i>
PROGRAM MATERIALS.....	7
<i>Manuals & Workbooks Ordering</i>	<i>7</i>
FRIENDS SUPPLEMENTAL MATERIALS.....	9
RECORD KEEPING.....	9
PARENT EDUCATION	10
APPENDIX I– TRAINING INVITATION TEMPLATE.....	11
(Fun FRIENDS – KINDERGARTEN/GRADE 1).....	11
APPENDIX II– TRAINING INVITATION TEMPLATE.....	12
(CHILD TRAINING – GRADE 4/5).....	12
APPENDIX III – TRAINING INVITATION TEMPLATE	13
(YOUTH TRAINING - GRADE 6 & 7).....	13
APPENDIX IV- FUN FRIENDS VENUE & TRAINING EQUIPMENT	14
Appendix V- CHILD & YOUTH VENUE & TRAINING EQUIPMENT.....	15

FRIENDS PROGRAM OVERVIEW

The FRIENDS program in BC is a Ministry of Children and Family Development (MCFD) funded and provincially coordinated program. FRIENDS' program staff consists of one provincial manager and one provincial program consultant /trainer located in Victoria, BC. The program also has a team of certified trainers who travel throughout BC to deliver FRIENDS 1-day trainings to teachers/educators. MCFD provides the trainings and program materials at no cost to teachers/educators who are committed to delivering FRIENDS in Kindergarten/grade 1 (Fun FRIENDS), grade 4/5 (Child program) and grade 6/ 7 (Youth program) classrooms. **Note: Training is a requirement.**

FRIENDS for Life is an evidence-based, resiliency and anxiety prevention program designed to be delivered weekly to students over a minimum of ten weeks. It is based on a cognitive-behavioural model in which students learn life skills for managing worries, facing fears and coping with difficult situations and transitions they may face during childhood and adolescence.

The FRIENDS program was launched provincially in 2004 as part of the *Child and Youth Mental Health Plan for BC (2003-08)*. It is currently included in the province's ten year plan, *Healthy Minds, Healthy People: A Ten-Year Plan to Address Mental Health and Substance Use in British Columbia (2010-20)* as a universal program promoting resilience, social, emotional and cognitive development in children and families. All school districts have now participated in FRIENDS implementation, as have many independent and First Nations schools across the province. To date, over 6000 BC educators have been trained to deliver FRIENDS.

The original edition of FRIENDS was endorsed by the Ministry of Education as a recommended learning resource and included in its Grade Collection. The newest edition has been endorsed by ERAC (**Educational Resource Acquisition Consortium**). It continues to fit well within the personal and social learning competencies outlined in BC's new Education Plan, and is easy to incorporate into all areas of the curriculum.

For additional background information on FRIENDS, please view the FRIENDS website at www.mcf.gov.bc.ca/mental_health/friends.htm

There are three FRIENDS programs available to BC schools:

Fun FRIENDS Program – K and Gr 1

The Fun FRIENDS program, an early year's version of FRIENDS, was launched in 2011 and is available to Kindergarten and grade 1 students in the BC school system. *Also available in French!

FRIENDS for Life Child Program – Gr 4/5

The FRIENDS for Life 'child' program was launched universally in BC elementary schools in 2004 and is available to all grade 4 and 5 students in the BC school system. A new edition became available in 2013 and a French version is in progress.

My FRIENDS Youth Program – Gr 6/7

The My FRIENDS ‘youth’ program became available in 2008 and is for grade 6 and 7 students in the BC school system. A new edition became available in 2013 and a French version is in progress.

FRIENDS CONTACT INFORMATION

Address Ministry of Children & Family Development
FRIENDS Program; Child & Youth Mental Health Services Branch
PO Box 9731 Stn. Prov. Gov’t, Victoria B.C., V8W 9S2

Email mcf.cymhfriends@gov.bc.ca

Fax 250-356-0580

Website http://www.mcf.gov.bc.ca/mental_health/friends.htm

THE ROLE OF A FRIENDS LIAISON

There is a FRIENDS Liaison associated with every participating school district and independent school. Liaisons serve as the gatekeeper and main link between the FRIENDS program staff and participating schools. Liaisons assist with hosting training events, placing/collating workbook orders on behalf of participating teachers, championing and promoting the program, and serving as the communication link between FRIENDS and school personnel.

A big THANK YOU to all of our Liaison champions for your time and contribution to the FRIENDS program. You are invaluable!

TRAINING EVENTS

Eligibility for Training and Program Delivery

FRIENDS trainings are targeted to teachers, school counsellors, and other school personnel who are **committed to delivering or co-delivering the program universally to all students** in kindergarten and grade one (Fun FRIENDS), grades 4/5 (Child), and grades 6/7 (Youth) classrooms. Community professionals who work in the schools are also welcome to attend if their role in the school includes delivery or co-delivery of programs in the classroom, with all students.

There are separate trainings for each level of the program (Fun FRIENDS, Child, and Youth). There is no cross training between Fun FRIENDS and the older FRIENDS program levels. However, those trained in Child or Youth may deliver either of those programs.

Coordinating a Training Event

A FRIENDS training event is 6.5 hours in length, including a 1-hour lunch break and 2 nutrition breaks.

The FRIENDS liaison will work closely with FRIENDS program staff regarding the planning, coordinating and scheduling of FRIENDS training events. Liaisons are often in close touch with professional development committees within their independent school or district, and also receive training inquiries from teachers and staff who are interested in getting on board with FRIENDS. Please familiarize yourself with the following steps regarding training event planning and coordination.

Step 1: Requesting a Training Event

If you are interested in hosting a training event within your independent school and/or school district, please contact Kelly Angelius, FRIENDS program manager at 250-387-7056 to discuss your request.

The recommended minimum # of training participants for a training event is 15; the maximum is 35.

**** NOTE:** If you have difficulty reaching the minimum requirement due to the size or remote location of your community or for other reasons, please consult with Kelly further as special accommodations may be arranged.

Upon confirmation of your FRIENDS training, the FRIENDS Program training schedule (located on the FRIENDS website) will be updated to reflect your training. The schedule is regularly updated and located in the “Teacher Training & Resources” section of the FRIENDS website.

Step 2: Invitations

Please invite teachers, school counsellors/school personnel in your district from the target grade(s) according to your training event. We encourage you to also invite a local teacher or school counsellor who has experience delivering FRIENDS in your school/district to share his/her experiences with FRIENDS – feedback confirms that this enhances the training experience for participants.

***IMPORTANT:** Invite teachers from **independent schools** in your district, as well as welcoming neighbouring school districts if your venue size permits. Child and Youth Mental Health (CYMH) clinicians are also welcome to attend school trainings, since they support and promote the universal implementation of FRIENDS in schools. They can be a great resource and their presence provides a networking opportunity for teachers. FRIENDS staff will invite a CYMH clinician from your local area on your behalf - you will be copied on this communication

Ensure that invitations indicate whether food will be provided, or if participants are to bring their own lunch. Food and snacks are at the discretion of the hosting school/district.

Sample Invitation Templates can be viewed in **Appendix I, II, and III** and will be e-mailed to you prior to your event.

Screening of Registrants

As noted previously, participants must be eligible to deliver FRIENDS programs in classrooms at the specified program level. Training materials are available only for those professionals who are responsible for FRIENDS delivery in K/1, grade 4/5, or grade 6/7 classrooms.

Step 3: Registration

Registration Deadline

The registration deadline date for the training event needs to be **2 weeks prior** to the date of the training; unless an alternative date has been approved by FRIENDS program staff. This is to ensure that the minimum training requirement # has been reached, which assists us in our scheduling of FRIENDS trainers. It also provides enough time to process and deliver materials in time for the event. Please ensure that your training invitations and communications reflect this date as FRIENDS Program staff will be contacting you for your final registration numbers 2 weeks before your event.

Step 4: Ordering Event Materials

MCFD provides the FRIENDS manuals and workbooks for training events. Each training participant receives one Leader's Manual and one sample student workbook.

Once you have emailed FRIENDS staff with your final registration numbers, your event materials (workbooks, manuals, and supplementary materials such as posters and CDs) will be shipped to the address you provide. Kindly ensure that you have provided an accurate number of registered participants, your full mailing address and phone number.

Please confirm receipt of all event materials with FRIENDS program staff. If you have not received your materials 2 days in advance of the event, please notify FRIENDS program staff immediately.

Step 5: Equipment & Room Set-Up

Please see **Appendix IV** (Fun FRIENDS program) and **V** (child and youth programs) for details about the required equipment and room set-up for training events. Upon confirmation of your training event, it is important that you confirm with FRIENDS staff that you can accommodate the list of required equipment and venue room set-up that is essential for the training.

Step 6: Event Handouts

You will be sent a detailed email from FRIENDS program staff prior to your event. It will include the following: confirmation of the training date and venue, the final registration deadline date, key reminders, sign-in form and training event handouts.

Handouts

Please photocopy the training handout (Fun FRIENDS, Child, or Youth) – one per participant. Important Note: An evaluation form and consent form are included on the last two pages of the training handout. Participants are asked to complete these at the end of the training. The FRIENDS trainer will collect the evaluation and consent forms at the end of the training event and mail them to the FRIENDS program.

Sign-In

Photocopy the FRIENDS sign-in sheet for participants to fill out upon their arrival. The FRIENDS trainer will collect the sign-in sheet at the end of the event, so please make a copy for your records prior to the trainer's departure. Information provided on the sign in sheet will be used to record participant eligibility for FRIENDS student workbooks, so **it is imperative that all sections are COMPLETE AND LEGIBLE.**

Step 7: Training Day

On the morning of the event, please greet your trainer (or delegate a representative) and assist with any set-up needs (i.e. hooking up the AV equipment, orienting to the venue space, etc.). Please touch base with your trainer throughout the day to see if there are any additional needs (photocopying, tech help, etc.) that may arise.

Liaisons are welcome to attend ...

As the primary contact for FRIENDS in your district/independent school, it is most appreciated if you could attend a full FRIENDS training at least once, so you are familiar with the program layout and content.

Food/Snacks

The lunch and nutrition breaks are the responsibility of the hosting school/district and, if provided, are organized by the FRIENDS liaison.

Step 8: Post Training To Do's

We welcome your feedback. Please email or phone FRIENDS staff with your comments and experience regarding the event.

Reminder: Newly trained teachers may wish to begin FRIENDS delivery soon after the training, so please ensure that those teachers in your school/district know how to contact you to place their student workbook orders. (See workbook ordering section below for more details.)

PROGRAM MATERIALS

Manuals & Workbooks Ordering

Eligibility

Teachers/educators who have completed the one-day FRIENDS Certification Training are eligible to order FRIENDS materials at **no cost** for use with their students in the classroom.

FRIENDS student workbooks are only provided to those school personnel who:

- 1) *Have attended the 1-day FRIENDS training*
- 2) *Will be delivering the program to Kindergarten and grade 1 (Fun FRIENDS), grade 4 and 5 students (child) or grade 6 and 7 (youth) universally in a classroom. (Our program scope is a universal delivery of FRIENDS to all students in the classroom versus a targeted group of students)*

Important Note:

The Fun FRIENDS program has a family guide workbook for parents. Please ensure that Fun FRIENDS teachers have reviewed the ordering options (provided to them in their Fun FRIENDS training handout) prior to placing a Fun FRIENDS order with you.

Placing a Workbook Order

Liaisons collect teachers' workbook requests and submit the orders using the *FRIENDS Workbook Order Form*. The form is emailed or faxed to the FRIENDS program (email is preferred). **We do not accept workbook orders directly from teachers/schools.** We ask that liaisons keep a record of their trained teachers/educators so they can ensure that the required training has been completed prior to processing orders. For accuracy, we will forward a master list to you for comparison twice each year. In order to reduce multiple shipping costs and processing time, please combine orders as best as possible.

Please ensure the FRIENDS workbook order form includes *all pertinent details*, outlined below.

- **Name, email, address, and phone number**
- **Each individual teacher's name, email, school, and district**
- **The number of workbooks requested per teacher according to class size**

Please ensure the proper workbook order form is used (i.e. Fun FRIENDS, Child, Youth, and French). Liaisons are sent updated forms each September.

In summary, the workbook order form serves as a record for tracking, recording, auditing purposes, and cross-referencing for supplementary materials, thus we ask that you always check that you are using the correct form for the program level. (Fun FRIENDS, Child, Youth, and French) when placing orders. Thank you for your diligence and careful attention to detail.

Workbook Order Confirmation

You will receive a confirmation email from FRIENDS staff within 48 hours confirming receipt of your workbook order. If you faxed a workbook order and did not receive a confirmation email, please email the FRIENDS program directly to ensure receipt. Upon receiving your workbook order, FRIENDS staff will then submit your order to the provincial storage/distribution warehouse in Victoria, B.C.

Shipment of Materials

Workbook orders are processed by FRIENDS program staff, shipped out from the provincial warehouse and sent directly to the FRIENDS liaison for distribution. Due to the large scale provincial implementation of FRIENDS and shipping costs, orders from school districts are not shipped directly to individual schools. If you do not receive your materials within 10 days, *after carefully checking your environment*, please email the FRIENDS program to inquire. Please do not contact the warehouse directly regarding orders; if you do, you will be re-directed back to the FRIENDS program.

Promotion/Communications

Feedback has confirmed that teachers trained in previous years prefer to begin program delivery early in the school year, so thanks for sending out a communication to your trained teachers/schools early on in the school year to remind them of your role with FRIENDS and the workbook ordering process.

As the key promoter/champion of FRIENDS in your district or Independent school, you may receive inquiries about FRIENDS from parents or others who are interested in learning more about the program or how they can get involved. Please direct them to our websites for access to downloadable handouts and information about the FRIENDS program at: www.mcf.gov.bc.ca/mental_health/friends.htm or www.friendsparentprogram.com. The information on these websites can also be used for meetings, advertising, or to enhance your communication with FRIENDS participants. We will be happy to assist you should you require help organizing a special meeting, announcement or newsletter.

FRIENDS SUPPLEMENTAL MATERIALS

Fun FRIENDS Teacher Supplementary CD – Fun FRIENDS Program

Participants at Fun FRIENDS training events are provided with their own personal copy of the Fun FRIENDS Supplementary Resource CD, which includes helpful information for Fun FRIENDS program implementation. You will receive a shipment prior to your event according to your final registration numbers.

Posters - FUN FRIENDS, Child, and Youth

FRIENDS posters provide excellent visual reminders of the skills taught during the program, and can be posted throughout schools and/or classrooms. Fun FRIENDS posters are included in the Fun FRIENDS Leader's guide and Child and Youth posters are provided separately to participants at their training session. You will receive a shipment of those posters prior to your event. Bulk orders of all posters are available upon request.

Magnets – FUN FRIENDS or Child/Youth

FRIENDS skills are also referenced on our colourful magnets, which can be used anywhere as a quick reference guide. Magnets are distributed to participants at training sessions.

RECORD KEEPING

Please keep a record of teachers and educators from your school/district that have been trained so you can cross-reference for eligibility of FRIENDS program materials. In order to ensure accurate record keeping, FRIENDS program staff will send you a master list of trained educators at the beginning and end of each school year. Keep a copy of all workbook orders so that you have a reflection of uptake in your school and/or district as well. A master copy of the supplementary materials and any other FRIENDS resources should be maintained in your FRIENDS file. If your role changes and you need to transfer your responsibility to a new liaison, please pass along all program information, including this liaison manual. Thanks very much!

PARENT EDUCATION

There is a parent component included in the FRIENDS program. The FRIENDS Leaders' Manual includes handouts and information for teachers who may wish to offer a FRIENDS information session for parents to learn more about the program.

Since 2005, MCFD has contracted with the F.O.R.C.E. Society for Kids Mental Health (F.O.R.C.E.) to lead and coordinate FRIENDS parent education. In an effort to broaden our reach to parents throughout the province, we recently partnered with them to enhance our online parent program. We encourage you to refer parents, caregivers, and educators to the new website where the educational resources in the FUN FRIENDS or Child/Youth sections provide information about childhood anxiety, how FRIENDS is taught in the classroom, and how to reinforce FRIENDS skills at home. The user friendly website strives to provide parents with tools to support their child's learning and increase overall well-being. More information can be found on the BC FRIENDS Parent website at: www.friendsparentprogram.com.

FRIENDS district and school liaisons play a significant role in the success of FRIENDS in BC schools and we very much value your contribution and commitment to the FRIENDS program.

Your assistance is most appreciated!

Thank you!

APPENDIX I- TRAINING INVITATION TEMPLATE

(Fun FRIENDS – KINDERGARTEN/GRADE 1)

FRIENDS is an evidence based anxiety reduction and resiliency building program that helps children manage stress and worries.



One Day Training

Fun FRIENDS is an 'early years' Version of the FRIENDS program for K-1.

Who Should Attend?
 Kindergarten and grade 1 teachers, school counsellors, and other K and grade 1 school personnel who will directly implement the program with K and grade 1 students in a classroom. The required 1 day training provides teachers with:

- an overview of anxiety
- an introduction to the FUN FRIENDS skills and concepts taught in the classroom
- a step by step Leader's Manual
- a sample parent guide/workbook and other supplementary material
- eligibility to deliver FRIENDS and order additional program materials

Twelve weekly FUN FRIENDS lessons address:

☺ faCing fears ☺ trying new things ☺ relaxation ☺ kindness ☺ problem solVing ☺ making friends

☺ reCognizing positive thoughts

Date/Time: _____ **Location:** _____

Lunch Details: _____

Registration contact: _____

Email: _____ **Phone:** _____

Registration Deadline: _____

This training is hosted by School District # _____ and sponsored by the Ministry of Children and Family Development in co-operation with School Districts and Independent Schools

For more information about the BC FRIENDS Program, please email MCF.CYMHFRIENDS@gov.bc.ca or visit:

www.mcf.gov.bc.ca/mental_health/friends.htm



APPENDIX II- TRAINING INVITATION TEMPLATE (CHILD TRAINING - GRADE 4/5)

FRIENDS is an evidence based anxiety reduction and resiliency building program that helps children manage stress and worries.



One Day Training

FRIENDS for Life is designed for students in grades 4 and 5

Who Should Attend?

Grade 4 and 5 teachers, school counsellors, and other school personnel who will directly implement the program with grade 4 and 5 students in a classroom. The required 1 day training provides teachers with:

- an overview of anxiety
- an introduction to the FRIENDS skills and concepts taught in the classroom
- a step by step Leader's Manual
- a sample student workbook
- eligibility to deliver FRIENDS and order additional student workbooks

Ten weekly FRIENDS for Life lessons address:

☉ empathy ☉ attention training ☉ relaxation ☉ goal setting ☉ problem solving

☉ being a good friend ☉ recognizing positive thoughts

Date/Time: _____ **Location:** _____

Lunch Details: _____

Registration contact: _____

Email: _____ **Phone:** _____

Registration Deadline: _____

This training is hosted by School District # _____ and sponsored by the Ministry of Children and Family Development in co-operation with School Districts and Independent Schools

For more information about the BC FRIENDS Program, please email MCF.CYMHFRIENDS@gov.bc.ca or visit:

www.mcf.gov.bc.ca/mental_health/friends.htm



APPENDIX III – TRAINING INVITATION TEMPLATE (YOUTH TRAINING - GRADE 6 & 7)

FRIENDS is an evidence based anxiety reduction and resiliency building program that helps children manage stress and worries.



One Day Training

My FRIENDS Youth is designed for students in grades 6 and 7

Who Should Attend?

Grade 6 and 7 teachers, school counsellors, and other school personnel who will directly implement the program with grade 6 and 7 students in a classroom. The required 1 day training provides teachers with:

- an overview of anxiety
- an introduction to the FRIENDS skills and concepts taught in the classroom
- a step by step Leader's Manual
- a sample student workbook
- eligibility to deliver FRIENDS and order additional student workbooks

Ten weekly My FRIENDS Youth lessons address:

☺ empathy ☺ attention training ☺ relaxation ☺ goal setting ☺ problem solving ☺ giving back

☺ recognizing positive thoughts ☺ identifying bullying behaviours

Date/Time: _____ **Location:** _____

Lunch Details: _____

Registration contact: _____

Email: _____ **Phone:** _____

Registration Deadline: _____

This training is hosted by School District # _____ and sponsored by the Ministry of Children and Family Development in co-operation with School Districts and Independent Schools

For more information about the BC FRIENDS Program, please email MCF.CYMHFRIENDS@gov.bc.ca or visit:

www.mcf.gov.bc.ca/mental_health/friends.htm



APPENDIX IV- FUN FRIENDS VENUE & TRAINING EQUIPMENT



EQUIPMENT AND VENUE CHECKLIST

SCHOOL DISTRICT RESPONSIBILITIES

Fun FRIENDS is a full day workshop that includes a power point presentation and video clips. Thank you for ensuring that the equipment is in working order prior to the event, and for having someone available to assist with any technical difficulties that may arise during the training event, particularly during the morning set-up. If you have any questions about equipment or venue, please email mcf.cymhfriends@gov.bc.ca

Number Of Participants:

- Confirm number of participants with FRIENDS manager by deadline date (minimum 15, maximum 35)
- Provide full shipping details (name, address, phone #) for the shipping of event materials

Training Equipment:

- In-focus projector (to run Power Point pres. IBM platform)
- IBM compatible laptop with CD capability
- External speakers compatible with laptop
- Technical support to set up equipment
- Projector screen
- Extension cord
- Internet access (if possible)

Venue:

Kindly arrange, organize, and have the venue ready for the trainer and participants. There are a variety of exercises that involve participants breaking off into small groups to work on tasks. Thank you for selecting a room that supports this style of training.

- Room booked
- Seating & tables arranged for small groups (4-6)
- Flip chart & markers
- Name tags/labels
- Sign in sheet (provided to you via email by FRIENDS staff)
- Handouts photocopied (provided to you via email by FRIENDS staff)
- Coffee/Tea/Snacks (optional, but recommended)
- Lunch arrangements (optional)

MCFD FRIENDS Responsibilities

- o FRIENDS Trainer & Training Curriculum
- o FRIENDS Leader's Manuals/ Student Workbooks
- o FRIENDS Supplementary Materials (Posters, CD's, etc.)

BC FRIENDS Program
MCF.CYMHFRIENDS@gov.bc.ca

*Sponsored by the Ministry of Children and Family Development in cooperation
with School Districts and Independent Schools*

Appendix V- CHILD & YOUTH VENUE & TRAINING EQUIPMENT



CHILD & YOUTH EQUIPMENT & VENUE CHECKLIST



SCHOOL DISTRICT RESPONSIBILITIES

FRIENDS is a full day workshop that involves a power point presentation and video clips. Thank you for ensuring that the equipment is in working order prior to the event, and for having someone available to assist with any technical difficulties that may arise during the training event, particularly during the morning set-up. If you have any questions about equipment or venue, please email mcf.cymhfriends@gov.bc.ca

Number Of Participants

- Confirm number of participants with FRIENDS manager by deadline date (minimum 15, maximum 35)
- Provide full shipping details (name, address, phone #) for the shipping of event materials

Training Equipment:

- In-focus projector (to run Power Point presentation, IBM platform)
- IBM compatible laptop with CD capability
- Internet access
- External speakers compatible with the laptop
- Technical support to set up equipment
- Projector screen
- Extension cord

Venue:

Kindly arrange, organize and have the venue ready for the trainer and participants. There are a variety of exercises that involve participants breaking off into small groups to work on tasks. Thank you for selecting a room that supports this style of training.

- Room booked
- Seating & tables arranged for small groups (4-6)
- Flip chart & markers
- Name tags/labels
- Sign in sheet (provided to you via email by FRIENDS staff)
- Handouts photocopied (provided to you via email by FRIENDS staff)
- Coffee/Tea/Snacks (optional but recommended)
- Lunch arrangements (optional)

MCFD FRIENDS RESPONSIBILITIES

- o FRIENDS Trainer & Training Curriculum
- o FRIENDS Leader's Manuals/ Student Workbooks
- o FRIENDS Supplementary Materials (Posters, etc.)

BC FRIENDS Program
MCF.CYMHFRIENDS@gov.bc.ca

*Sponsored by the Ministry of Children and Family Development in cooperation
with School Districts and Independent Schools*