

CYMH Intake Clinic Contact Information

Throughout the COVID-19 pandemic, MCFD is committed to providing services to you wherever possible. We can meet you virtually, or by phone so that we can all follow the Provincial Health Officer's direction to ensure physical distancing. Please call the nearest MCFD office to receive information about the services available to you and your family.							
Region	SDA	Walk-In Clinic Name	Clinic Address	Clinic City	Clinic Postal Code	Clinic Hours	Phone Number
1 - Interior	SDA 11 - Kootenays	CYMH Castlegar	124-845 Columbia Avenue	Castlegar	V1N 1H3	Wednesday 9:00 a.m. – 11:00 a.m.	250-365-4470
1 - Interior	SDA 11 - Kootenays	CYMH Cranbrook	UNIT 201 -- 1212 2nd St N	Cranbrook	V1C 4T6	Monday, Tuesday, Wednesday 9:30 a.m. – 12:00 p.m.	250-426-1514
1 - Interior	SDA 11 - Kootenays	CYMH Creston	224 10th Ave N	Creston	V0B 1G0	Tuesday 9:00am - 11:00am	250-428-3229
1 - Interior	SDA 11 - Kootenays	CYMH Fernie	341 2nd Ave	Fernie	V0B 1M0	Wednesday 1:00 p.m. – 4:00 p.m.	250-423-5311
1 - Interior	SDA 11 - Kootenays	CYMH Golden	1104 9th St S	Golden	V0A 1H0	Tuesday 9:30 a.m. – 12:00 p.m.	250-344-7773
1 - Interior	SDA 11 - Kootenays	CYMH Grand Forks	486B 72nd Avenue	Grand Forks	V0H 1H0	Thursday 9:00 a.m. – 11:00 a.m.	250-442-4378
1 - Interior	SDA 11 - Kootenays	CYMH Invermere	625 4 St Invermere	Invermere	V0A 1K0	Wednesday 9:30 a.m. – 12:00 p.m.	250-342-4367
1 - Interior	SDA 11 - Kootenays	CYMH Nakusp (Service BC office)	204 6th Ave NW	Nakusp	V0G 1R0	First and Third Tuesday 1:00 p.m. – 3:30 p.m.	250-265-4865
1 - Interior	SDA 11 - Kootenays	CYMH Nelson	566 Stanley Street	Nelson	V1L 1N2	Wednesday 9:00 a.m. – 11:00 a.m.	250-354-6480
1 - Interior	SDA 11 - Kootenays	CYMH Trail	278 -1051 Farwell Street	Trail	V1R 4S9	Thursday 1:00 p.m. – 3:00 p.m.	250-364-0540
1 - Interior	SDA 12 - Okanagan	CYMH Kelowna	1340 Ellis Street	Kelowna	V1Y 9N1	Tuesday, Thursday 9:00 a.m. – 11 a.m.	778-699-2272
1 - Interior	SDA 12 - Okanagan	CYMH Penticton	3rd Floor - 740 Carmi Avenue	Penticton	V2A 8P9	Tuesday, Thursday 1:00 p.m. – 3:30 p.m. Wednesday 9:00 a.m. - 11:00a.m. Clients living in the following communities (Cawston, Hedley, Keremeos, O'lalla, Oliver, Osoyoos and Princeton) are welcome to contact our office at 250-487-4422 to book and over the phone intake or they may attend our intake clinic.	250-487-4422
1 - Interior	SDA 12 - Okanagan	CYMH Vernon	3007-35th Avenue	Vernon	V1T 2S9	Tuesday, Thursday 9:00 a.m. – 11:00 a.m., 1:00 p.m. – 3:30 p.m.	250-549-5404
1 - Interior	SDA 12 - Okanagan	CYMH West Kelowna	15-2484 Main Street	West Kelowna	V4T 2G2	Tuesday, 1:00 p.m. – 3:00 p.m.	250-707-2732
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH 100 Mile House	UNIT 4 -- 170 Cedar Ave	100 Mile House	V0K 2E0	Thursday 9:30 a.m. – 11:30 a.m., 1:30 p.m. – 3:30p.m.	250-395-5633
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Ashcroft	611 Railway Avenue	Ashcroft	V0K1A0	Wednesday 10:00 a.m. - 12:00 p.m.	250-453-2109
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	Desserts Sands Community School	435 Ranch Road	Ashcroft	V0K 1A0	Thursday 10:00 a.m. - 12:00 p.m.	250-453-2109
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	Ridge Community Centre - Barriere Manicipality distrct	4811 Barriere Town Road	Barriere	V0E 1E0	Thursday 9:30 a.m. – 11:30 p.m.	250-674-6810
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Clearwater	660 Park Drive	Clearwater	V0E 1N1	Tuesday 9:30 a.m. – 11:30 a.m.	250-674-6810
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	David Stoddard School	1203 Cariboo Ave	Clinton	V0K 1K0	call 250-453-2109 to make an appointment	250-453-2109

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1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Kamloops - North Shore	201-905 Southill Street	Kamloops	V2B 7Z9	Tuesday, Thursdays 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:30 p.m.	250-554-5800
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Kamloops	210 1165 Battle Street	Kamloops	V2C 2N4	Tuesday, Thursday - 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:30 p.m.	250-371-3648
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Lillooet	514 Main Street	Lillooet	V0K 1V0	Call 250-256-2710 to schedule intake	250-256-2710
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	St. Bartholomew's Health Centre	531 Main Street	Lytton	V6A 2V1	Monday 9:00 a.m. – 12:00 p.m.	250-256-2710
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Merritt	2180 Coutlee Avenue	Merritt	V1K 1B8	Call 250-378-1476 to schedule and intake	250-378-1476
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Revelstoke	210 Garden Avenue	Revelstoke	V0E 2S0	Call 250-837-7612 to schedule an intake	250-837-7612
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Salmon Arm	550 Lakeshore Drive NE	Salmon Arm	V1E 4S4	Tuesday 1:00 p.m. – 3:30 p.m.; Wednesday 9:00 a.m. – 11:30 a.m.	250-832-1719
1 - Interior	SDA 13 - Thompson Cariboo Shuswap	CYMH Williams Lake	280 MacKenzie Ave N	Williams Lake	V2G 1N6	Thursday 9:00 a.m. – 11:00 a.m., 1:00 p.m. – 3:30 p.m.	250-398-4220
2 - Fraser	SDA 21 - East Fraser	CYMH Abbotsford	2828 Cruickshank Street	Abbotsford	V2T 5M4	Tuesday 9:00 a.m. – 3:00 p.m. Mornings are recommended as there is more capacity. If it is a mental health crisis, please call the START program (1-844-START-11) to avoid a trip to the hospital.	604-870-5880
2 - Fraser	SDA 21 - East Fraser	Fraser Valley Child Development Centre	102-32885 Ventura Avenue	Abbotsford	V2S 6J3	For children under age 6 call to make an appointment for a mental health intake: 604-852-2686	604-852-2686
2 - Fraser	SDA 21 - East Fraser	CYMH Agassiz - Harrison	7278 Pioneer Avenue	Agassiz	V0M 1A0	Thursday 2:30 p.m. – 4:30 p.m.	604-796-1044
2 - Fraser	SDA 21 - East Fraser	Chilliwack Neighbourhood Learning Centre	46361 Yale Road	Chilliwack	V2P 2P8	Wednesday 9:00 a.m. – 12:00p.m., 1:00p.m. - 4:00 p.m.	604-702-2311
2 - Fraser	SDA 21 - East Fraser	CYMH Hope	833 3rd Avenue	Hope	V0X 1L0	Wednesday 2:00 p.m. – 4:00 p.m.	604-869-4900
2 - Fraser	SDA 21 - East Fraser	CYMH Mission	201-7364 Horne Street	Mission	V2V 3Y7	Tuesday 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:00 p.m.	604-820-4300
2 - Fraser	SDA 22 - North Fraser	CYMH Burnaby (Brentwood)	102-4430 Halifax Street	Burnaby	V5C 5R4	Tuesday 9:30 a.m. – 3:30 p.m.	778-572-2370
2 - Fraser	SDA 22 - North Fraser	CYMH Burnaby (Metrotown)	201-7645 Kingsway	Burnaby	V3N 3C7	Wednesday 9:30 a.m. – 3:30 p.m.; Thursday 12:00 p.m. - 6:00 p.m.	604-660-9544
2 - Fraser	SDA 22 - North Fraser	CYMH Ridge Meadows	22323-119 Avenue	Maple Ridge	V2X 2Z2	Thursday 9:00 a.m. – 4:00 p.m.	604-466-7300
2 - Fraser	SDA 22 - North Fraser	CYMH New Westminster	201-1065 Columbia Street	New Westminister	V3M 6H7	Tuesday 12:00 p.m. – 4:00 p.m.	604-660-9495
2 - Fraser	SDA 22 - North Fraser	CYMH Tri-Cities	300-3003 St. Johns Street	Port Moody	V3H 2C4	Tuesday, Thursday 9:00 a.m. – 3:30 p.m.	236-468-2373
2 - Fraser	SDA 23 - South Fraser	CYMH Delta-North	200-11861 88th Avenue	Delta	V4C 3C6	Tuesday 9:00 a.m. – 11:30 a.m.	604-501-3237

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2 - Fraser	SDA 23 - South Fraser	CYMH Delta-South (Ladner)	220-5000 Bridge Street	Delta	V4K 2K4	Thursday 9:00 a.m. – 11:30 a.m.	604-940-7900
2 - Fraser	SDA 23 - South Fraser	CYMH Langley	120-20434 64th Avenue	Langley	V2Y 1N4	Wednesday 8:30 a.m. – 3:30 p.m.	604-514-2711
2 - Fraser	SDA 23 - South Fraser	CYMH Surrey Cloverdale	15405 88th Avenue	Surrey	V3S 2S8	Wednesday 9:00 a.m. – 3:30 p.m.	604-951-5701
2 - Fraser	SDA 23 - South Fraser	CYMH Surrey Guildford	8-15355 102A Avenue	Surrey	V3R 7K1	Wednesday 9:00 a.m. – 3:30 p.m.	604-586-2685
2 - Fraser	SDA 23 - South Fraser	CYMH Surrey North	201-13680-105A Avenue	Surrey	V3T 2B3	Wednesday 9:00 a.m. – 3:30 p.m.	604-951-5960
2 - Fraser	SDA 23 - South Fraser	CYMH Surrey Newton	200-13630 72nd Avenue	Surrey	V3W 2P3	Wednesday 9:00 a.m. – 3:30 p.m.	604-501-3122
2 - Fraser	SDA 23 - South Fraser	CYMH White Rock-South Surrey	15455 Vine Avenue	White Rock	V4B 2T3	Tuesday 9:00 a.m. – 5:00 p.m.	604-542-3900
3 - Vancouver Coastal	SDA 24 - Vancouver/Richmond	CYMH Richmond	200-6100 Bowling Green Road	Richmond	V6X 1A1	Intake day: Thursday 9:30 a.m. – 3:30 p.m., closed 12:00 p.m. – 1:00 p.m.	604-207-2511
3 - Vancouver Coastal	SDA 24 - Vancouver/Richmond	CYMH Vancouver	101-1128 Hornby Street	Vancouver	V6G 2L8	Intake day: Thursday - Hours: 9:00 a.m. – 4:00 p.m.	604-331-8908
3 - Vancouver Coastal	SDA 24 - Vancouver/Richmond	Pacific Spirit	2110 W 43rd Avenue 3rd Floor	Vancouver	V6M 2E1	Tuesday 1:00 - 6:00 & Thursdays 9:00 - 4:00	604-267-3970
3 - Vancouver Coastal	SDA 24 - Vancouver/Richmond	Raven Song	2450 Ontario Street	Vancouver	V5T 4T7	Intake day: Friday - Hours: 9:00 a.m. – 4:00 p.m.	604-872-8441
3 - Vancouver Coastal	SDA 24 - Vancouver/Richmond	Sunrise	355-2750 Hastings Street East	Vancouver	V5K 1Z9	Monday 9:00 a.m. - 4:00 p.m. and Wednesday 12:00 - 6:00 p.m.	604-675-3896
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH Bella Coola	636 Cliff Street	Bella Coola	V0T 1C0	Thursday 1:00 p.m. – 3:30 p.m.	250-799-5395
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH Gibsons	206-938 Gibsons Way	Gibsons	V0N 1V7	Tuesday 1:30 p.m. – 4:30 p.m.	604-886-5525
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	Gibsons Mobile Clinic	206-938 Gibsons Way	Gibsons	V0N 1V7	Call the Gibsons office at 604-886-5525 to schedule an appointment	604-886-5525
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH North Shore	301-224 West Esplanade	North Vancouver	V7M 1A4	Tuesday 9:00 a.m. – 3:30 p.m.; Wednesday 9:00 a.m. - 3:30 p.m. Closed for lunch each day.	604-904-4300
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH Pemberton	205-1366 Aster Street	Pemberton	V0N2L0	Wednesday 1:00 p.m. – 3:00 p.m.; Thursday 9:00 a.m. – 11:00 a.m.	604-894-2091
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH Powell River	6944 Alberni Street	Powell River	V8A 2C1	Tuesday 9:00 a.m. – 4:00 p.m.	604-485-0603
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH Sechelt	5498 Wharf Road	Sechelt	V0N 3A0	Tuesday 9:00 a.m. – 12:00 p.m.	604-740-8900
3 - Vancouver Coastal	SDA 25 - Coast/North Shore	CYMH Squamish	1100 Hunter Place	Squamish	V8B 0B1	Tuesday 9:00 a.m. – 11:30 a.m.; Wednesday 1:00 p.m. – 3:30 p.m.	604-892-1400

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3 - Vancouver Coastal	SDA 25 - Coast/North Shore	Whistler Medical Clinic	2nd Floor 4380 Lorimer Road	Whistler	V0N 1B4	Thursdays from 3:30 p.m. – 5:00 p.m.	604-894-2091
4 - Vancouver Island	SDA 31 - South Vancouver Island	CYMH Duncan	Suite B 161 4th Street	Duncan	V9L 5J8	Tuesday 9:00 a.m. – 12:00 a.m., 1:00 p.m. – 4:00 p.m.	250-715-2725
4 - Vancouver Island	SDA 31 - South Vancouver Island	Sooke Child and Family Centre	6672 Wadams Way	Sooke	V9Z 0H3	Thursday 9:00 a.m. – 11:00 a.m.	250-642-7748
4 - Vancouver Island	SDA 31 - South Vancouver Island	CYMH Indigenous South Vancouver Island	2nd floor -1195 Esquimalt Road	Victoria	V9A 3N6	Monday to Friday, 9:00 a.m. – 12:00 p.m., 1:00p.m. – 4:00 p.m.	250-952-4073
4 - Vancouver Island	SDA 31 - South Vancouver Island	Great Victoria Indigenous Mobile Clinic (on Reserve)	100-1195 Esquimalt Road	Victoria	V9A3N6	Call 250-952-4073 to access the mobile clinic.	250-952-4073
4 - Vancouver Island	SDA 31 - South Vancouver Island	CYMH Saanich	201-4478 West Saanich Road	Victoria	V8W 9S3	Tuesday 9:00 a.m. – 12:00 p.m.; Thursday 12:00 p.m. – 3:00 p.m.	250-952-5073
4 - Vancouver Island	SDA 31 - South Vancouver Island	CYMH Victoria	302-2955 Jutland Road	Victoria	V8W 9S3	Tuesday 9:00 a.m. – 12:00 noon; Thursday 12:00 p.m. – 3:00 p.m.	250-356-1123
4 - Vancouver Island	SDA 31 - South Vancouver Island	CYMH West Shore	2nd floor - 345 Wale Road	Victoria	V9B 6X2	Tuesday 9:00 a.m. – 12:00 p.m., Thursday 12:00 p.m. – 3:00 p.m.	250-391-2223
4 - Vancouver Island	SDA 32 - North Vancouver Island	CYMH Campbell River	215-1180 Ironwood Street	Campbell River	V9W 5P7	Wednesday 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:30 p.m.	250-830-6500
4 - Vancouver Island	SDA 32 - North Vancouver Island	CYMH Courtenay	2455 Mansfield Drive	Courtenay	V9N 2M2	Wednesday 9:00 a.m. – 12:00 p.m.	250-334-5820
4 - Vancouver Island	SDA 32 - North Vancouver Island	CYMH Nanaimo	301-190 Wallace Street	Nanaimo	V9R 5B1	Wednesday, Thursday 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:00 p.m.	250-741-5701
4 - Vancouver Island	SDA 32 - North Vancouver Island	Parksville Family Place	494 Bay Ave	Parksville	V8T 5H2	Tuesday 9:00 a.m. – 3:30 p.m.	250-954-4737
4 - Vancouver Island	SDA 32 - North Vancouver Island	CYMH Port Alberni	4088-8th Avenue	Port Alberni	V9Y 4S4	Wednesday 9:00 am – 11:00 a.m. & 1:00 p.m. – 3:30 p.m. Closed during the lunch hour.	250-720-2650
4 - Vancouver Island	SDA 32 - North Vancouver Island	CYMH Port Hardy	8755 Gray Street	Port Hardy	V0N 2P0	Call 250-949-8011 to schedule an intake	250-949-8011
5 - North	SDA 41 - Northwest	CYMH Dease Lake	Highway 37 N	Dease Lake	V0C 1L0	Call 250-771-3444 to schedule an intake	250-771-3444
5 - North	SDA 41 - Northwest	CYMH Hazelton	2210 Hwy 62	Gitanmaax	V0J 1Y0	Call 250-842-7624 to schedule an intake	250-842-7624
5 - North	SDA 41 - Northwest	Houston Health Center	3202 W 14th St	Houston	V0J 1Z0	Thursday 12:30p.m. - 3:30p.m.	250-847-7727
5 - North	SDA 41 - Northwest	CYMH Kitimat	795 South Lahakas Boulevard	Kitimat	V8C 1G2	Thursday 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:00 p.m.	250-632-7256
5 - North	SDA 41 - Northwest	CYMH Masset	1666 Orr St	Masset	V0T 1M0	Call MCFD office in Queen Charlotte Village at (250) 559-4403. Their fax is (250) 559-8690	250-559-4403
5 - North	SDA 41 - Northwest	CYMH Prince Rupert	580-309 2nd Avenue	Prince Rupert	V8J 3T1	Tuesday 1:00 p.m. – 3:00 p.m.; Thursday 9:00 a.m. – 11:00 a.m.	250-624-7594

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Region	SDA	Walk-In Clinic Name	Clinic Address	Clinic City	Clinic Postal Code	Clinic Hours	Phone Number
5 - North	SDA 41 - Northwest	CYMH Queen Charlotte	214 Oceanview Dr	Queen Charlotte City	V0T 1S0	Call MCFD office in Queen Charlotte Village at (250) 559-4403. Serving Queen Charlotte, Skidegate, Sandspit and Port Clements.	250-559-4403
5 - North	SDA 41 - Northwest	CYMH Smithers	2nd Floor 3793 Alfred Avenue	Smithers	V0J 2N0	Wednesday, 9:00 a.m. – 3:00 p.m. (closed for lunch from 12–1)	250-847-7727
5 - North	SDA 41 - Northwest	Smithers and Hazelton Mobile Clinic	2nd Floor 3793 Alfred Avenue	Smithers		Call 250-842-7624 to access the mobile clinic.	250-842-7624
5 - North	SDA 41 - Northwest	CYMH Terrace	400-4545 Lazelle Avenue	Terrace	V8G 4E1	Tuesday 9:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:00 p.m.; Wednesday 1:00 p.m. – 3:00 p.m.	250-615-4860
5 - North	SDA 42 - North Central	Robson Family Support Services	942 3rd Avenue	McBride	V0J 2E0	Call 250-569-2266 to schedule intake on Monday, Tuesday or Wednesday	250-569-2266
5 - North	SDA 42 - North Central	Prince George Intersect Youth and Family Services	1294 3rd Avenue	Prince George	V2L 3E7	Tuesday - Thursday - 9:00a.m. - 3:00 p.m.	250-562-6639
5 - North	SDA 42 - North Central	CYMH Quesnel	163 Kinchant Street	Quesnel	V2J 2R1	Tuesday, Thursday 8:30 a.m. – 3:30p.m.; closed from 12 p.m. - 1:00 p.m.	250-992-4267
5 - North	SDA 42 - North Central	Robson Valley Community Services	99 Gorse Street	Valemount	V0E 2Z0	Call 250-566-9107 to schedule an intake	250-566-9107
5 - North	SDA 43 - Northeast	CYMH South Peace (Chetwynd)	4744 52 Street	Chetwynd	V0C 1J0	Call 250-784-2427 to schedule an intake	250-788-2298
5 - North	SDA 43 - Northeast	CYMH South Peace (Dawson Creek)	205-1508 102nd Avenue	Dawson Creek	V1G 2E2	Tuesday 10:00 a.m. – 12:00 p.m., 1:00 p.m. – 3:00 p.m.	250-784-2342
5 - North	SDA 43 - Northeast	CYMH Fort Nelson	5020 Airport Drive	Fort Nelson	V0C 1R0	Tuesday 9:00 a.m. – 11:00 a.m.	250-774-5585
5 - North	SDA 43 - Northeast	CYMH Fort St. John	200-9900 100th Avenue	Fort St. John		Wednesday 9:00 a.m. – 11:00 a.m. and 1:00 p.m. – 3:00 p.m.	250-263-0121
5 - North	SDA 43 - Northeast	Tumbler Ridge High School	180 Southgate Street	Tumbler Ridge	V0C 2W0	Call 250-784-2342 to schedule intake. Clients living in Tumbler Ridge are welcome to contact our office to book an intake appointment or they may attend our intake clinic in Dawson Creek if they prefer.	250-784-2342