



Stocking Vending Machines with Healthier Prepackaged Food and Beverages

HEALTHIER CHOICES IN VENDING MACHINES IN BC PUBLIC BUILDINGS



The Healthier Choices in Vending Machines in BC Public Buildings Policy (Policy) sets an minimum nutrition standard for prepackaged food and beverages sold in vending machines in B.C. Public Buildings. The Policy's Nutrient Criteria are used to score food and beverages as Sell Most, Sell Sometimes or Do Not Sell items. The Policy requires vending machines to contain:

- » At least 50% Sell Most food and beverage choices;
- » Up to 50% Sell Sometimes food and beverage choices; and
- » No Do Not Sell food or beverage choices.

See the Policy for a full description of the requirements.
<http://www.health.gov.bc.ca/healthyeating/vending.html>

STOCKING YOUR VENDING MACHINES

To stock your vending machines with healthier choices and to score your prepackaged food and beverage products, follow these three steps:

1. INVENTORY YOUR PRODUCTS

Make a list of the prepackaged products currently found in each of the vending machines in your community setting or workplace. Prepackaged food and beverage products found in other settings such as concession stands, stores or food service establishments can also be scored using this Nutrient Criteria.

The Scorecard feature of the Brand Name Food List is a useful tool for inventorying your products and it provides the score for your products. You can also use an audit form such as the Food and Beverage Stock List.
www.bced.gov.bc.ca/health/stocklist_tool.pdf



2. SCORE EACH PRODUCT

There are two ways to score your prepackaged food and beverage products:

- » Use the Brand Name Food List to select pre-scored products for the Sell Most and Sell Sometimes categories. If your product has not yet been scored request a Registered Dietitian to score your product and add it to the list by using the online 'submit an item' feature on the Brand Name Food List website (www.brandnamefoodlist.ca).

Connect with a Registered Dietitian at HealthLink BC by dialing 8-1-1, or sending an email (foodpolicy@gov.bc.ca).

- » Score the product yourself using the Nutrient Criteria. (www.health.gov.bc.ca/healthyeating/vending.html).

3. STRATEGIZE HOW TO IMPROVE YOUR PRODUCT OFFERINGS

If a product scores as Do Not Sell, consider what Sell Sometimes or Sell Most product could be offered in its place. If more than half of your products are Sell Sometimes, consider what Sell Most products could be sold instead. At least 50% of the products at each location need to score as Sell Most. You can explore products on the Brand Name Food List to get an idea of the types of products that are Sell Most.

WHERE CAN I FIND OUT MORE?

For more information on the Policy and supporting resources, please visit:
www.health.gov.bc.ca/healthyeating/vending.html
www.healthlinkbc.ca/foodguidelines

HEALTHLINK BC

Connect with a Registered Dietitian at HealthLink BC by dialing 8-1-1, or sending an email (foodpolicy@gov.bc.ca).

BRAND NAME FOOD LIST

The **Brand Name Food List** is an online tool where prepackaged and franchised food and beverages available in B.C. are scored using the Nutrient Criteria. The products listed are based on user submissions. Anyone can submit products to add to the Brand Name Food List.
www.brandnamefoodlist.ca/default.aspx

FOOD AND BEVERAGE STOCK LIST

Here are examples of vending inventory tools you can adapt for your setting:

Ministry of Education

www.bced.gov.bc.ca/health/stocklist_tool.pdf

Generic template, Ministry RFP vending services, Ministry of Education

<http://healthyschoolsbc.ca/program/403/sample-school-district-vending-machine-services-requestfor-proposal>