

# Free nicotine patches, gum and lozenges for B.C. residents of any age who want to quit tobacco

## Nicotine patches, gum and lozenges are fully paid for by BC PharmaCare

- 12-week supply
- Ask a pharmacist to sign you up

## Bupropion (Zyban®) and varenicline prescriptions are also covered

- 12-week supply
- Free under these PharmaCare plans
  - Plan C (Income Assistance)
  - Plan G (Psychiatric Medications)
  - Plan W (First Nations Health Benefits)
  - Plan B (Long-term Care)
- The Fair PharmaCare Plan helps pay for these prescriptions once you reach your deductible for the year. Register at [www.gov.bc.ca/ahdc](http://www.gov.bc.ca/ahdc)
- Talk to a doctor, nurse practitioner, or pharmacist about a prescription

Learn more about how PharmaCare can help you quit tobacco

Visit [www.gov.bc.ca/bcsmokingcessation](http://www.gov.bc.ca/bcsmokingcessation)



Or call us at 1-800-663-7100

37% of people successfully quit smoking with PharmaCare's help

**Get help with quitting**  
Speak to a healthcare professional or visit [www.quitnow.ca](http://www.quitnow.ca)