

BC Smoking Cessation Program

I want to quit, but don't know what to do...



Speak to a health care professional or visit www.quitnow.ca.

I want to find out more about the Smoking Cessation Program...



Visit www.gov.bc.ca/bcsmokingcessation.

I want nicotine patches, gum, lozenges or a nicotine inhaler...



Visit your local pharmacy. You do not need a prescription.

I want to use prescription drugs to help me quit smoking...



When you next see your physician on another matter, ask about your options.

I want to learn more about PharmaCare or register for the Fair PharmaCare Plan



Visit www.gov.bc.ca/pharmacare or call Health Insurance BC: From the Lower Mainland, 604-683-7151. From elsewhere in B.C., toll-free 1-800-663-7100.

Your options under the program

Product	Coverage	What PharmaCare Pays
Prescription drugs — bupropion (Zyban®) or varenicline (Champix®)	A single continuous course of treatment lasting up to 12 weeks (84 days) in a row once every calendar year.	Depending on the rules of your PharmaCare plan, PharmaCare may pay all, part, or none of the cost.
Nicorette® gum — <i>Cinnamon, Extreme Chill Menthol, Fresh Fruit, Fresh Mint, Ice Mint</i>	Up to 9 boxes of 105 pieces of gum over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost
Nicoderm® patch	Up to 12 boxes of 7 patches over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost
Nicorette® lozenges	Up to 9 bottles of 88 lozenges over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost
Nicorette® inhaler	Up to 12 boxes of 42 cartridges over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost