

BC Smoking Cessation Program

<i>I want to quit, but don't know what to do</i>	➔	Speak to a healthcare professional or visit www.quitnow.ca .
<i>I want to find out more about the Smoking Cessation Program</i>	➔	Visit www.gov.bc.ca/bcsmokingcessation .
<i>I want nicotine patches, gum or lozenges</i>	➔	Visit your local pharmacy. You do not need a prescription.
<i>I want to use prescription drugs to help me quit smoking</i>	➔	When you next see your doctor about another matter, ask about your options.
<i>I want to learn more about PharmaCare</i>	➔	Visit www.gov.bc.ca/pharmacare or call Health Insurance BC: From the Lower Mainland, 604 683-7151. From the rest of B.C., toll-free 1 800 663-7100.
<i>I want to register for the Fair PharmaCare Plan</i>	➔	Visit www.gov.bc.ca/fairpharmacareregistration to register if you are interested in prescription smoking cessation treatment.

Your options under the program

Product	Coverage	What PharmaCare Pays
Prescription drugs— bupropion (Zyban®) or varenicline generics (Champix® brand is a partial benefit only)	A single continuous course of treatment lasting up to 12 weeks (84 days) in a row once every calendar year.	Depending on the rules of your PharmaCare plan, PharmaCare may pay all, part, or none of the cost.
Nicorette® gum— <i>Ultra Fresh Mint only</i>	Up to 9 boxes of 105 pieces of gum over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost
Nicoderm® patch	Up to 12 boxes of 7 patches over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost
Nicorette® lozenges <i>Mint only</i>	Up to 10 bottles of 80 lozenges over the course of 12 weeks (84 days) in a row, once every calendar year (28 days' supply per fill).	Entire cost