

BC PharmaCare

Minor Ailments and Contraception Service (MACS)

B.C. pharmacists can assess and prescribe for minor ailments and contraception. This service is free to every B.C. resident with a Personal Health Number. Your Personal Health Number can be found on your driver's licence, BC Services Card or CareCard.

Book an appointment online at www.gov.bc.ca/seeapharmacist

Ailments

A pharmacist can assess you and prescribe or recommend treatments for these conditions:

- acne (mild)
- allergies and hay fever
- canker sores
- cold sores
- dermatitis
- fungal infection of skin or nail
- headache
- heartburn (GERD)
- hemorrhoids
- hives or itching skin
- impetigo
- indigestion
- menstrual pain
- nicotine dependence
- oral thrush
- pink eye
- pinworms and threadworms
- shingles
- strains and sprains (musculoskeletal)
- urinary tract infection (uncomplicated)
- vaginal yeast infection

Contraception

Pharmacists can prescribe and provide many types of contraceptives. While the pharmacist can provide IUDs and implants, you will need to arrange a visit with a doctor or clinic for insertion. Many types of contraceptives are free in B.C. Visit www.gov.bc.ca/contraceptives to learn more.

How it works

1. Check your symptoms at www.gov.bc.ca/seeapharmacist
2. If your symptoms match one of the minor ailments, or if you want to discuss contraception, book an appointment. You can also visit a pharmacy without an appointment, but you may have to wait.
3. At the pharmacy, the pharmacist will assess your symptoms or contraception needs with you. They will explain the best options for your care. This could include a prescription, over-the-counter medication, self-care advice, or advice to visit another health care professional for further assessment.

For more information

Call us Monday to Friday 8 am to 4:30 pm. Translators are available.

- 1-833-882-0022
- Telephone for the Deaf: Dial 711

Book an appointment

Review your symptoms and book an appointment at www.gov.bc.ca/seeapharmacist

