BRITISH COLUMBIA | Ministry of Health

doctors of bc

Chronic Obstructive Pulmonary Disease Patient Care Flow Sheet

This flow sheet is based on the guideline:
Chronic Obstructive Pulmonary Disease (COPD): Diagnosis and Management in Primary Care, available at www.BCGuidelines.ca

NAME OF PATIENT	BIRTHDATE	DATE OF DIAGNOSIS

SPIROMETRY

DATE	PATIENT'S FEV_1 AS A PERCENT OF THEIR PREDICTED VALUE	FEV_1/FVC RATIO

☐ Confirmation of a post-bronchodilator FEV_1/FVC ratio of < 0.7 for a COPD diagnosis

COPD CLASSIFICATION

By spirometry: ◯ Mild ◯ Moderate ◯ Severe ◯ Very severe

CARE OBJECTIVES

HEIGHT (in/cm)	WEIGHT (lbs/kg)	BMI

◯ Smoker ◯ Never smoked ◯ Ex-smoker - Quit date:

VACCINATIONS	DATE(S) / INFORMATION
☐ Annual Flu	
☐ Pneumococcal	
☐ Covid 19	
☐ Other	

PATIENT GOALS:

COMORBIDITIES

- ☐ Cardiovascular disease
- ☐ Musculoskeletal conditions
- ☐ Metabolic syndrome
- ☐ Osteoporosis
- ☐ Anxiety
- ☐ Depression
- ☐ Lung cancer
- ☐ Peripheral vascular disease
- ☐ Sleep apnea
- ☐ Frailty
- ☐ Other:

PATIENT SELF MANAGEMENT

EDUCATION:

- ☐ Discuss triggers and risk of exacerbations
- ☐ Develop flare-up action plan
- ☐ Refer to HLBC resource
- ☐ Discuss advance care planning

SMOKING CESSATION:

- ☐ Give Quit Now # 1 877 455-2233
- ☐ Refer to smoking cessation program

SET HEALTH BEHAVIOUR GOALS:

- ☐ Encourage physical activity
- ☐ Discuss meal planning and nutrition

ASSESSMENT

DATE (YYYY/MM/DD)									
REVIEW OF MEDICATIONS AND SIDE EFFECTS	☐	☐	☐	☐	☐	☐	☐	☐	☐
DISCUSS AND EVALUATE INHALER USE	☐	☐	☐	☐	☐	☐	☐	☐	☐
STEP 1: SABA OR SAMA THERAPY (FOR SYMPTOM RELIEF)	☐	☐	☐	☐	☐	☐	☐	☐	☐
STEP 2: ADDITIONAL LAMA OR LABA THERAPY (FOR SYMPTOM RELIEF & PREVENT EXACERBATIONS)	☐	☐	☐	☐	☐	☐	☐	☐	☐
STEP 3: TRIPLE THERAPY (ADDITION OF ICS) (TO PREVENT EXACERBATIONS)	☐	☐	☐	☐	☐	☐	☐	☐	☐
SEVERE COPD: SUPPLEMENTAL OXYGEN	☐	☐	☐	☐	☐	☐	☐	☐	☐

DATE OF LAST EXACERBATION (YYYY/MM/DD)									
REVIEW FLARE-UP ACTION PLAN	☐	☐	☐	☐	☐	☐	☐	☐	☐
SHORT ACTING BRONCHODILATOR (FOR INITIAL TREATMENT OF ACUTE EXACERBATIONS)	☐	☐	☐	☐	☐	☐	☐	☐	☐
ORAL CORTICOSTEROIDS (E.G. PREDNISONE) (FOR MOST MODERATE TO SEVERE COPD PATIENTS)	☐	☐	☐	☐	☐	☐	☐	☐	☐
ANTIBIOTIC TREATMENT (FOR PATIENTS PRESENTING WITH SYMPTOMS AND RISK FACTORS FOR BACTERIAL INFECTION)	☐	☐	☐	☐	☐	☐	☐	☐	☐

REVIEW LIFESTYLE MANAGEMENT GOALS	☐	☐	☐	☐	☐	☐	☐	☐	☐
SMOKING CESSATION	☐	☐	☐	☐	☐	☐	☐	☐	☐
PRESCRIBE PHYSICAL ACTIVITY	☐	☐	☐	☐	☐	☐	☐	☐	☐
DIETARY GUIDANCE	☐	☐	☐	☐	☐	☐	☐	☐	☐
OTHER:	☐	☐	☐	☐	☐	☐	☐	☐	☐

REFERRAL TO PULMONARY REHAB	☐	☐	☐	☐	☐	☐	☐	☐	☐
REFERRAL TO SPECIALIST	☐	☐	☐	☐	☐	☐	☐	☐	☐

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