

PROBLEM	SELF CARE PROBLEMS AND PHYSICAL CARE NEEDS	KNOWN WAYS OF MANAGING
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PROBLEM	PSYCHIATRIC BEHAVIOUR PROBLEMS	KNOWN WAYS OF MANAGING
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PROBLEM	ANTI-SOCIAL BEHAVIOUR	KNOWN WAYS OF MANAGING
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PROBLEM	INTERPERSONAL PROBLEMS	KNOWN WAYS OF MANAGING
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SPECIAL NEEDS

ASSESSMENT DATE	YYYY	MM	DD
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CLIENT FAMILY NAME

CLIENT NUMBER

PROBLEM REFERENCE LIST

DIRECTIONS:

The Problem Reference List is intended to assist in completion of the related sections on page 4. The list will help to identify *problem areas*, which should then be noted, indicating their degree and duration and suggested ways of managing the behaviour or problem.

Review the problem list in each section and indicate on the referral form the relevant problem(s) and pertinent information. Add any problems which are not identified - these lists are intended as guides and should not restrict information.

1. SELF CARE PROBLEMS AND PHYSICAL NEEDS

- Inadequate care of self
- Ambulation
- Bathing
- Dressing
- Grooming/hygiene
- Eating (independent, must be fed, resists)
- Vision
- Hearing
- Dentures
- Bowel control
- Bladder control
- Colostomy care
- Sleep pattern, insomnia, excessive sleep
- Diet (obesity, medication complications, diabetic)
- Allergies (inhalant, food, drug, skin)
- Epilepsy
- Cardiac condition
- Other skin problems
- Parkinson's
- Medication non-compliance
- Other physical signs of symptoms
- OBS
- Speech problems
- Tremor
- Difficulty in breathing
 - excessive breathing
 - hyperventilation
- Exhaustion, fatigue
- Headaches
- Drug reactions, side effects
- Digestive system dysfunction
- Constipation
- Diarrhea
- Respiratory problem
- Circulatory problem
 - hypotension
 - hypertension
- undiagnosed pain, dizziness
- Diabetes
- Eczema
- Tardive Dyskinsea
- Medication monitoring

2. PSYCHIATRIC PROBLEM/BEHAVIOUR PROBLEMS

- Hallucinations
- Delusions
- Suspiciousness
- Withdrawal
- Religious preoccupation
- Depression
- Hypochondriacal
- Grandiosity
- Hyper/Manic
- Impaired comprehension
- Impulsiveness
- Impaired memory
- Impaired orientation
- Unmotivated, apathetic
- Other psychiatric problems
- Mutism, total absence of speech
- Retardation of speech
- Excessive speech
- Pressured speech
- Hypermobility, agitation, restlessness or overactivity
- Pacing
- Hypomotility
- Psychomotor retardation
- Inappropriate movements (posturing grimacing, tics, waxy flexibility)
- Alcohol abuse
- Substance abuse
- Flattened affect
- Dramatic/histrionic, excessive affect
- Liability of affect, mood swings
- Overcontrol of emotion
- Rage, intense or excessive anger
- Anxiety, panic
- Excessive guilt
- Excessive elation/euphoria
- Incongruous smiling/laughing
- Excessive fear, phobia
- Denial of illness or life problems
- Fails to follow prescribed treatment plan
- Elopes or threatens to elope
- Evasive in discussing problems
- Seeks hospital admission when not required
- Resists appropriate discharge
- Exaggerates illness to maintain/gain patient role
- Distress related to being a patient

3. ANTISOCIAL BEHAVIOUR

I: ANTISOCIAL SEXUAL BEHAVIOUR

- Open masturbation
- Self exposure
- Sexually aggressive
- Sexually vulnerable
- Criminal or negatively sanctioned activities
- Other legal problems

IV: DESTRUCTIVE BEHAVIOUR

- Rips or soils clothes
- Destroys own/others property
- Fire setting - accidental or deliberate
- Careless smoking
- Other

II: AGGRESSIVE BEHAVIOUR

- Physically assaultive (hurts others physically)
- Uses threatening gesture and/or language
- Other aggressive behaviour

V: SELF ABUSE BEHAVIOUR

- Alcohol abuse
- Overeating (excluding Bulimia)
- Other problem eating behaviour (Bulimia, ritual eating, food fad, bizarre diets, hoarding food, etc.)

III: EXHIBITS TEMPER

- Yells and screams
- Throws objects
- Damages property
- Temper tantrums
- Other
- Drug abuse
- Refusing food
- Suicide ideation
- Suicide attempt
- Self mutilation (other than alcohol/drug/suicide)

4. INTERPERSONAL PROBLEMS

- Disrespect for other's property (borrowing and not returning)
- Teases others
- Bossy and domineering
- Stealing
- Uses profane or hostile language
- Defiant, rebellious or negative
- Passive/aggressive (passive/resistive with hostile intentions)
- Indecisiveness
- Extreme dependence (or clinging)
- Manipulates others (both staff and peers)
- Hoards (assess the hazards associated with materials hoarded)
- Interruptive behaviour
- Annoying/inappropriate or offensive habits or manners
- Socially isolative
- Sexual promiscuity, inappropriate sexual behaviour
- Lacks family contacts/loss of family contacts
- Lonely (lacks feelings of closeness to one or more significant others)
- Lacks friends/separation from friends
- Other loss or separation (specify)

5. SPECIAL NEEDS BEHAVIOUR

- Liaison with outside agencies (above and beyond normal requirements)
- Elopement risk
- Volatility of illness
- Control of financial affairs (Public Trustee, etc.)
- Difficulties with families
- Unusual/special needs which require special arrangements with operator, e.g. child care or special transportation for medical treatment outside of local area