



Assisted Living Services

What are assisted living services?

Assisted living services are the support and assistance services provided to residents. These services may be provided directly by the operator and their staff, or by an agency the operator contracts with.

The *Community Care and Assisted Living Act* defines the six assisted living services as:

1. Support with activities of daily living, including eating, moving about, dressing and grooming, bathing and other forms of personal hygiene;
2. Assistance with managing or administering medication;
3. Therapeutic diet support;
4. Safekeeping of money and other personal property;
5. Behaviour management, or
6. Psychosocial (or programming) supports.



How many assisted living services can be provided?

There is no limit on the number of assisted living services an operator can provide. An operator of an assisted living residence must provide at least one assisted living service to residents to be registered.

The operator chooses how many assisted living services to provide to residents and must register this information with the Assisted Living Registry. When residents receive more services, this can help prevent premature moves to long term care.

Sections 61-72 of the **Assisted Living Regulation** describe an operator's responsibilities in providing assisted living services to residents.

What are the criteria for admission to assisted living?

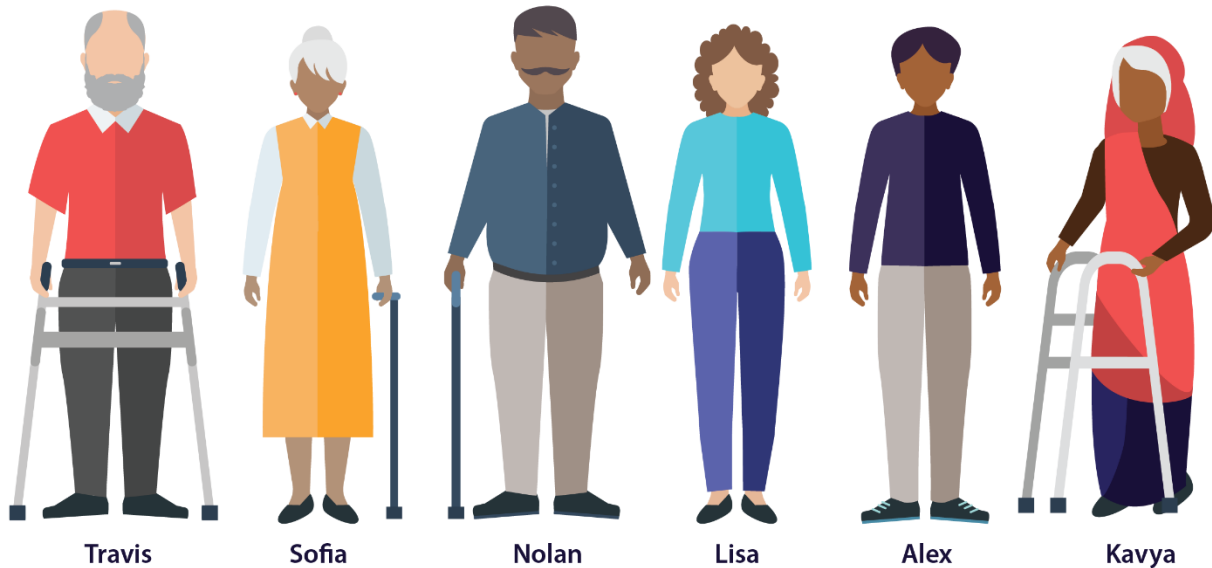
A resident:

- Can live in the residence safely, given their needs and capabilities;
- Is able to make decisions on their own, or lives with a spouse who can do so on their behalf;
- Is able to take steps to protect themselves or follow directions in an emergency;
- Does not have behaviours that put the health and safety of others at risk;
- Does not require unscheduled professional health services on a regular basis; and
- Does not need 24-hour professional supervision and care in a protective, supportive environment for people who have complex care needs (i.e., does not require licensed care).

How can services vary from resident to resident?

An operator determines which assisted living services they offer. Each resident then receives services according to their needs and preferences, as identified in their personal service plan.

For example,



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| Travis needs assistance with activities of daily living | Sofia needs assistance with activities of daily living, a behaviour plan and short-term assistance with administering her medication | Nolan needs assistance with activities of daily living, his medication and needs a therapeutic diet | Lisa needs assistance with activities of daily living and therapeutic diet support | Alex needs assistance with activities of daily living and with medication | Kavya needs assistance with activities of daily living and some money and personal property kept safely |
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Can an operator refuse to admit someone who needs an assisted living service that the residence does not offer?

Yes, the operator chooses how many assisted living services they will provide. If a person who needs more services applies to be admitted to that residence, the operator may refuse to admit them.