

NOTICE TO PEOPLE WHO HAVE BEEN OR HAVE LIKELY BEEN EXPOSED TO SARS-CoV-2 (CLASS)

PUBLIC HEALTH ACT, S.B.C. 2008

ORDER OF THE PROVINCIAL HEALTH OFFICER (Pursuant to Sections 27, 28, 29, and 67, *Public Health Act*, S.B.C. 2008)

The *Public Health Act* and Regulations are at: http://www.bclaws.ca/civix/content/complete/statreg/08028/?xsl=/templates/browse.xsl (excerpts enclosed)

TO: EVERY PERSON IN BRITISH COLUMBIA WHO TRAVELLED OUTSIDE CANADA AND RETURNED TO CANADA ON OR AFTER MARCH 12, 2020 OR WHO HAS TRAVELLED OUTSIDE CANADA ON OR SINCE MARCH 12, 2020 AND HAS RETURNED OR WHO HAS TRAVELLED TO CANADA FROM ANOTHER COUNTRY SINCE MARCH 12, 2020

WHEREAS:

- A. There are outbreaks of COVID-19 in many parts of the world and on March 11, 2020 the World Health Organization declared COVID-19 to be a pandemic;
- B. COVID-19 is caused by the infectious agent SARS-CoV-2 and is a reportable communicable disease under the *Public Health Act*, S.B.C. 2008, c28;
- C. A person who travelled outside Canada and returned on or after **March 12**, **2020**, or who has travelled outside Canada on or after **March 12**, **2020** and has returned, is at risk of having been or having likely been infected with SARS-CoV-2;
- D. A person who is infected with SARS-CoV-2 can infect other people with whom the infected person is in contact;
- E. You belong to the class of people who travelled outside Canada and returned on or after March 12, 2020 or who has travelled outside Canada on or since **March12**, **2020** and has returned or who has travelled to Canada from another country, including the United States of America, since March 12, 2020;

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F. Because the risk of COVID-19 outbreaks extends beyond the authority of one or more medical health officers and coordinated action is needed to respond to the risk, it is in the public interest for me to exercise the powers in sections 27, 28 and 29 of the *Public Health Act*;

I have reason to believe, and do believe, that in consequence of your travel outside Canada you are an infected person on the basis that you have been or have likely been exposed to SARS-CoV-2, and that in order to protect the public health it is necessary for me to exercise my authority under sections 27, 28 and 29 of the *Public Health Act* to **ORDER YOU** as follows:

Upon receipt of this Order

1. If you are not a member of the class of people described in Appendix A

- i. You must remain at your home, hotel or a similar place in which you will stay and follow "Information for people who are self-isolating due to contact with a case of COVID-19 or travel"
 - to prevent transmission to others with whom you might have contact.
- ii. You must only leave your home, hotel or a similar place to undertake essential errands, such as obtaining medication or obtaining food if it is not possible for you to make arrangements to have them delivered to you. You may attend critical appointments if they cannot be postponed or cannot be held electronically; however, if you do attend an appointment you must inform any person with whom you are meeting of your status, and you must maintain a distance two metres from anyone with whom you are meeting, unless you are meeting with a health care provider
- iii. If you must leave your home, hotel or a similar place for an essential errand, you must minimize the amount of time you are away from your home, hotel or a similar place and must return immediately after completing the errand.
- iv. If you do leave your home, hotel or a similar place for an essential activity you must carry a mask or tissues. If you develop symptoms of COVID-19 (i.e. fever, sore throat, coughing or sneezing,) while away from your home, hotel or a similar place you must put on the mask or cover your nose and mouth with tissues and return immediately while avoiding contact with other people to the greatest extent possible, and phone 811 for advice.
- v. You must report symptoms and monitor for signs of developing illness, as described at "<u>Information for people who are self-isolating due to contact with a case of COVID-19 or travel</u>".
- vi. You must not otherwise leave your home, hotel or a similar place in which you stay.
- vii. You must submit to such medical tests and provide such specimens as are, from time to time, considered necessary by your attending health professional for the purpose of identifying or controlling the transmission of SARS-CoV-2.

2. If you are a member of the class of people described in Appendix A

You must follow the protocol of your employer to prevent the transmission of SARS-CoV-2 infection, that would include but is not limited to:

- i. Self-monitoring daily for signs and symptoms of illness;
- ii. Following infection prevention and control protocols including diligent hand hygiene;
- iii. Reducing close contact with other workers by maintaining a two metre separation, avoiding standard greetings that require physical contact, such as shaking hands, and avoiding shared spaces where possible;
- iv. Avoiding close contact with others when travelling to and from work and between shifts;
- v. Self-isolating at home on days when you are not required at the workplace as described at "<u>Information for people who are self-isolating due to contact with a case of COVID-19 or travel</u>".
- vi. Avoiding any unnecessary visits to public establishments;
- vii. Calling 811 or your health care practitioner if you have come in contact with anyone who has tested positive for COVID-19 and self-isolating if instructed to do so by a health professional.
- viii. If you exhibit symptoms of COVID-19 (e.g., fever, dry cough, etc.), calling 811 or your health practitioner, and self-isolating for 14 days unless instructed otherwise by a health practitioner.
- ix. Submitting to such medical tests and providing such specimens as are, from time to time, considered necessary by your health professional for the purpose of identifying or controlling the transmission of SARS-CoV-2.

This Order does not have an expiration date.

You are required under section 42 of the *Public Health Act* to comply with this Order.

Under section 43 of the British Columbia *Public Health Act*, you may request me to reconsider this Order if you:

1. Have additional relevant information that was not reasonably available to the me when this Order was issued,

- 2. Have a proposal that was not presented to me when this Order was issued but, if implemented, would
 - a. meet the objective of the order, and
 - b. be suitable as the basis of a written agreement under section 38 [may make written agreements]
- 3. Require more time to comply with the order.

Under section 43 (6) an order is not suspended during the period of reconsideration unless the health officer agrees, in writing, to suspend it.

Under section 45 of the British Columbia Public Health Act you may request reassessment of this Order, pursuant to section 4 of the Public Health Inspections and Orders Regulation.

If you fail to comply with this Order, I have the authority to take enforcement action against you under Part 4, Division 6 of the Public Health Act.

You may contact me at:

Dr. Bonnie Henry Provincial Health Officer 4th Floor, 1515 Blanshard Street PO Box 9648 STN PROV GOVT Victoria BC V8W 9P4

Fax: (250) 952-1570

DATED THIS: 17 day of March 2020

SIGNED:

Bonnie Henry MD, MPH, FRCPC Provincial Health Officer

Enclosure: Excerpts of *Public Health Act* and Regulations

Appendix A – Essential Workers

Essential workers are people who provide services that are considered critical to preserving life, health, public safety and basic societal functioning and who have been determined by the leadership of their organization, on an individual basis, to be critical to delivering these essential services according to the following principles:

- Preventing new introductions of SARS-CoV-2, the virus that causes COVID-19, into British Columbia is of paramount importance to limiting the spread of the virus.
- As a baseline, ALL travelers from outside Canada are considered potential carriers of the virus and should self-isolate at home or a similar place in which to stay.
- To preserve essential services, it is key to consider the risk that a returning worker could pose by endangering the health of multiple other essential service workers, which could jeopardize an organization's ability to provide essential services.

Leadership of organizations providing essential service should require their workers to follow the required 14-day self-isolation protocol after returning to Canada. Leadership should establish thresholds beyond which the delivery of essential services becomes impossible and should only relieve a worker from the requirement to self-isolate if this threshold has been reached. The decision to relieve a worker must be based on an overall risk assessment which takes into consideration:

- o Where the person travelled, recognizing that many countries in the world are experiencing significant community transmission of the virus
- O Duration and type of activity while away (family visit rather than attending an event involving a large gathering of people)
- O Whether the worker or any member of the worker's household is displaying symptoms of illness. If a worker or any member of the worker's household is displaying symptoms of illness, the worker or member of the household must be assessed by a health professional, and infection with SARS-CoV-2 ruled out before the worker may be considered for return to work.
- o The work environment of the individual e.g. whether they work independently, outside or in a group setting, and the risk of the worker transmitting infection to co-workers

Leadership of organizations providing essential services must establish protocols to:

- prevent the risk of transmission of infection to co-workers by a worker with a history of travel outside Canada
- provide for a rapid response if a worker develops symptoms of illness while at work, and
- maintain high levels of workplace and worker hygiene.

Essential Workers must follow those protocols.

ENCLOSURE

Excerpts of the PUBLIC HEALTH ACT and Public Health Inspections and Orders Regulation

Public Health Act [SBC 2008] c. 28

Definitions

1 In this Act:

"exposed" means to have been

- (a) in contact with, or near, a person or thing that is or may be infected with an infectious agent or contaminated with a hazardous agent, or
- (b) in an environment contaminated with an infectious agent or a hazardous agent,

"infected person" or "infected thing" means a person who, or thing that,

- (a) is or is likely infected with, or has been or has likely been exposed to, a prescribed infectious agent, or
- (b) is or is likely contaminated with, or has been or has likely been exposed to, a prescribed hazardous agent

When orders respecting infectious agents and hazardous agents may be made

- 27 (1) A medical health officer may issue an order under this Division only if the medical health officer reasonably believes that
 - (a) a person
 - (i) is an infected person, or
 - (ii) has custody or control of an infected person or an infected thing, and
 - (b) the order is necessary to protect public health.
- (2) An order may be issued based on clinical findings or a person's or thing's circumstances or medical history, even if the person or thing has been examined and the examination did not reveal the presence of an infectious agent or a hazardous agent.
- (3) For greater certainty, this section applies even if the person subject to the order is complying with all terms and conditions of a licence, a permit, an approval or another authorization issued under this or any other enactment.

General powers respecting infectious agents and hazardous agents

- **28** (1) If the circumstances described in section 27 [when orders respecting infectious agents and hazardous agents may be made] apply, a medical health officer may order a person to do anything that the medical health officer reasonably believes is necessary for either or both of the following purposes:
 - (a) to determine whether an infectious agent or a hazardous agent exists, or likely exists;
 - (b) to prevent the transmission of an infectious agent or a hazardous agent.
- (2) A medical health officer may, in respect of an infected thing,
 - (a) make any order, with any necessary modifications, that can be made under this Division as if the infected thing were an infected person, and
 - (b) direct the order to any person having custody or control of the infected thing.

Specific powers respecting infectious agents and hazardous agents

- **29** (1) An order may be made under this section only
 - (a) if the circumstances described in section 27 [when orders respecting infectious agents and hazardous agents may be made] apply, and
 - (b) for the purposes set out in section 28 (1) [general powers respecting infectious agents and hazardous agents].
- (2) Without limiting section 28, a medical health officer may order a person to do one or more of the following:
 - (a) remain in a specified place, or not enter a place;
 - (b) avoid physical contact with, or being near, a person or thing;
 - (c) be under the supervision or care of a specified person;
 - (d) provide to the medical health officer or a specified person information, records, samples or other matters relevant to the person's possible infection with an infectious agent or contamination with a hazardous agent, including information respecting persons who may have been exposed to an infectious agent or a hazardous agent by the person;
 - (e) be examined by a specified person, including
 - (i) going to a specified facility for examination, and
 - (ii) being examined before a particular date or according to a schedule;
 - (f) submit to diagnostic examination, including going to a specified facility or providing the results to a specified person;
 - (g) take preventive measures, including
 - (i) going to a specified facility for preventive measures,
 - (ii) complying with preventive measures set out in the order, specified by a medical practitioner or nurse practitioner, or both, and

- (iii) beginning preventive measures before a particular date, and continuing until a particular date or event;
- (h) provide evidence of complying with the order, including
 - (i) getting a certificate of compliance from a medical practitioner, nurse practitioner or specified person, and
 - (ii) providing to a medical health officer any relevant record;
- (i) take a prescribed action.

Duty to comply with orders

- **42** (1) A person named or described in an order made under this Part must comply with the order.
- (2) Subsection (1) applies regardless of whether the person leaves the geographic area for which the health officer who made the order is designated.

Reconsideration of orders

- **43** (1) A person affected by an order, or the variance of an order, may request the health officer who issued the order or made the variance to reconsider the order or variance if the person
 - (a) has additional relevant information that was not reasonably available to the health officer when the order was issued or varied,
 - (b) has a proposal that was not presented to the health officer when the order was issued or varied but, if implemented, would
 - (i) meet the objective of the order, and
 - (ii) be suitable as the basis of a written agreement under section 38 [may make written agreements], or
 - (c) requires more time to comply with the order.
- (2) A request for reconsideration must be made in the form required by the health officer.
- (3) After considering a request for reconsideration, a health officer may do one or more of the following:
 - (a) reject the request on the basis that the information submitted in support of the request
 - (i) is not relevant, or
 - (ii) was reasonably available at the time the order was issued;
 - (b) delay the date the order is to take effect or suspend the order, if satisfied that doing so would not be detrimental to public health;
 - (c) confirm, rescind or vary the order.
- (4) A health officer must provide written reasons for a decision to reject the request under subsection (3) (a) or to confirm or vary the order under subsection (3) (c).

- (5) Following a decision made under subsection (3) (a) or (c), no further request for reconsideration may be made.
- (6) An order is not suspended during the period of reconsideration unless the health officer agrees, in writing, to suspend it.
- (7) For the purposes of this section,
 - (a) if an order is made that affects a class of persons, a request for reconsideration may be made by one person on behalf of the class, and
 - (b) if multiple orders are made that affect a class of persons, or address related matters or issues, a health officer may reconsider the orders separately or together.
- (8) If a health officer is unable or unavailable to reconsider an order he or she made, a similarly designated health officer may act under this section in respect of the order as if the similarly designated health officer were reconsidering an order that he or she made.

Mandatory reassessment of orders

- **45** (1) Subject to the regulations, a person affected by an order may request the health officer who issued the order to re-assess the circumstances relevant to the order to determine whether the order should be terminated or varied.
- (2) On receiving a request under subsection (1), the health officer must re-assess the order in accordance with the regulations.
- (3) If, following a reassessment, a health officer reasonably believes that the order is, or conditions within the order are, no longer necessary to protect public health, the health officer must immediately terminate the order, or vary or remove the conditions, as applicable.

Public Health Act - Public Health Inspections and Orders Regulation

Reassessment of orders

- **4** (1) A person may request reassessment of an order under section 45 of the Act only if the person is affected by an order made under section 29 (2) (a) [to remain in a place or not enter a place] or (g) [to take preventive measures] of the Act.
- (2) The request must be made in writing to the medical health officer who issued the order, stating the reasons why the order should be reassessed.
- (3) Within 72 hours of receiving a request for reassessment, a medical health officer must consider whether the order is, or conditions within the order are, no longer necessary to protect public health.
- (4) On reassessment, a medical health officer must take into account any comments made
 (a) by a person specified in the order under section 29 (2) (c) to (f) of the Act, and

- (b) respecting the clinical condition of the person affected by the order, by a health care professional having the supervision or care of that person.
- (5) A second request for reassessment may be made in accordance with subsection (2) not earlier than 7 days following the first request.
- (6) A third or subsequent request for reassessment may be made in accordance with subsection
- (2) not earlier than 14 days following the previous request.

PHO - CLASS Order (travellers) (COVID-19) 2020.03.17