

HOW TO ADMINISTER OSELTAMIVIR (TAMIFLU®) CAPSULES TO CHILDREN¹

A) If the Child Can Swallow Capsules

- Give the capsule to child with water or milk to swallow.

B) If the Child Cannot Swallow Capsules

a) Pharmacist can make an oral suspension from the 75mg capsule

- See BCCDC Instruction Sheet “Extemporaneous Recipe for Oseltamivir (Tamiflu®) Suspension”

b) Home Preparation by Parents² (per dose)

- When Oseltamivir (Tamiflu®) oral suspension is not available, and if directed by your doctor or pharmacist, you may mix the contents of Oseltamivir (Tamiflu®) capsules with sweetened liquids to prepare an oral suspension for children, immediately before dosing.
 - (1) Holding one capsule over a small bowl, carefully pull the capsule open and pour the complete contents of the capsule into the bowl.
 - (2) Add a small amount of a sweetened liquid such as chocolate syrup (regular or sugar-free) that the child will consume completely.
 - (3) Stir the mixture and give the entire dose to the child.
 - (4) Rinse the bowl with a bit of sweetened liquid and administer the rinse to the child.

¹ Tamiflu is indicated in children aged one year of age and older.

² Adapted from Tamiflu® Product Monograph, Hoffmann-La Roche, December 2008