

Appendix F: Surgical Masks

Putting On/Taking off a Surgical Mask

*Always wash your hands prior to putting on a surgical mask and after removing it.

Kimberly-Clark Worldwide Inc. (2005)
www.kchealthcare.com/docs/Donning_SS_final.pdf

The worry-free solution...



...for proper instructions,
proper fit.

Surgical Mask Donning and Removal

Surgical Mask Donning Instructions

- **Open The Mask**
Pull at the top and bottom to open the pleats or chamber.
- **Pre-Bend The Nosepiece**
- **Place The Mask On Your Face**
Place the mask on your face making sure to cover your nose.
- **Tie At The Head Crown**
Bring both top ties to the crown of your head and secure with a bow.
- **Tie At Nape Of Neck**
Tie bottom ties securely in a bow at the nape of your neck.
- **Contour The Nosepiece**
Once the mask is tied, press the malleable nose piece until a secure fit and good seal are achieved. This will reduce blow-by at the top of the mask.
- **Perform Security Check**
A properly tied mask can be tested by checking the security of the ties and the nosepiece, and checking for blow-by.

Blow-by = the amount of air that escapes from the top, bottom, or sides of the mask due to improper fit on the face. Blow-by is reduced when the mask is donned properly.

Surgical Mask Removal

- **Remove the mask by handling only the ties.**
- **Untie the bottom, then the top tie.**
- **Remove the mask from your face.**
- **Properly dispose of the mask by touching only the ties.**