

PATIENTS AS PARTNERS INITIATIVE

COLLECTIVE REACH 2024 - 2025



The Patients as Partners Initiative strives to promote person- and family-centred care in B.C. through the work of the following funded partners:

The Centre for Collaboration, Motivation and Innovation (CCMI), Family Caregivers of BC, Pain BC, UBC Intercultural Online Health Network (iCON), The University of Victoria Self-Management BC

Events

479 Events (workshops, webinars, public forums, training and learning sessions)

Individuals reached through events **14,313**



Impact of Events

5,854 Patients/Persons

1,464 Family Caregivers

5,724 Healthcare Providers and Staff

2,015 Volunteers and Other Participants

Programs and Services

15,364 Individuals reached through services

1,112 Health coaching and other training

24%↑ **11,740** Self-management programs and support groups

17%↑ **2,512** Support line users

Online

538,331 Total Interactions

86,323 Newsletter / e-blast recipients

33,511 **9%↑** Social media subscribers & followers

418,497 **19%↑** Web hits

Resources

245,465 Print, online and multimedia resources distributed/accessed



85,522 Patients/Persons **54%↑***



27,873 Caregivers



102,498 Staff & Health Administrators



29,572 Volunteers & others

including one-pagers, toolkits, worksheets, booklets, wellness journals, medical information records, legal resources and more.

124%↑ **566** partnerships with community organizations, health organizations, health centers, and media outlets.

89% of healthcare providers intend to make a change in their practice as a result of their participation

97% of patients/persons and caregivers would recommend the program to others.

* from 2023-2024

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Participant Outcomes

Motivation to change

96% of patient/person respondents intend on making a change as a result of their participation.

Provider satisfaction

100% of healthcare providers were satisfied with what they learned in the program.

Quality of life

88% of patient/person respondents believe their overall quality of life can improve as a result of their participation.

Health-related decisions

92% of caregiver respondents gained information that can help them make good decisions about their family member's health.

Improved health-management

96% of patient/person respondents gained knowledge, skills and/or resources to better manage their own or their family member's health.

Comments from participants and contributors

"Excellent session, I've never felt that understood or heard when discussing my chronic pain before. Truly encouraging and made me feel very hopeful."



Pain BC Participant



Family Caregivers of BC Participant

"The 1:1 Caregiver Coaching program was a game changer for me. The caregiver coach helped me reconnect with my strengths in the sessions that followed. Learning about ambiguous loss has been key to reducing my anxiety. I am so very grateful for this service."

"I am very thankful for the opportunity that we were given through CCMI to access the Brief Action Planning (BAP) and Motivational Interviewing (MI) programs. I had the privilege to work with CCMI in my previous role as the Professional Practical Nursing Consultant with First Nations Health Authority and knew the impact that the BAP self-management program could have on nursing practice. I saw how it supported nurses to provide quality person and a family-centred partnerships with families and clients in both the acute care and community setting."



CCMI Participant



iCON Participant

"I'm new to the BC health locator app, I'll have more information, knowing more about health-related things, and know that I can call 811 24/7, which will help me during emergencies, thanks!"

"I think it's really important for people to be involved in their own health self-care and this program really encourages that. And if you make a real effort to do the things that you're supposed to do, it is amazing how much it helps. And it focuses on like learning things and doing things that are positive to help your health outcome."



SMBC Participant