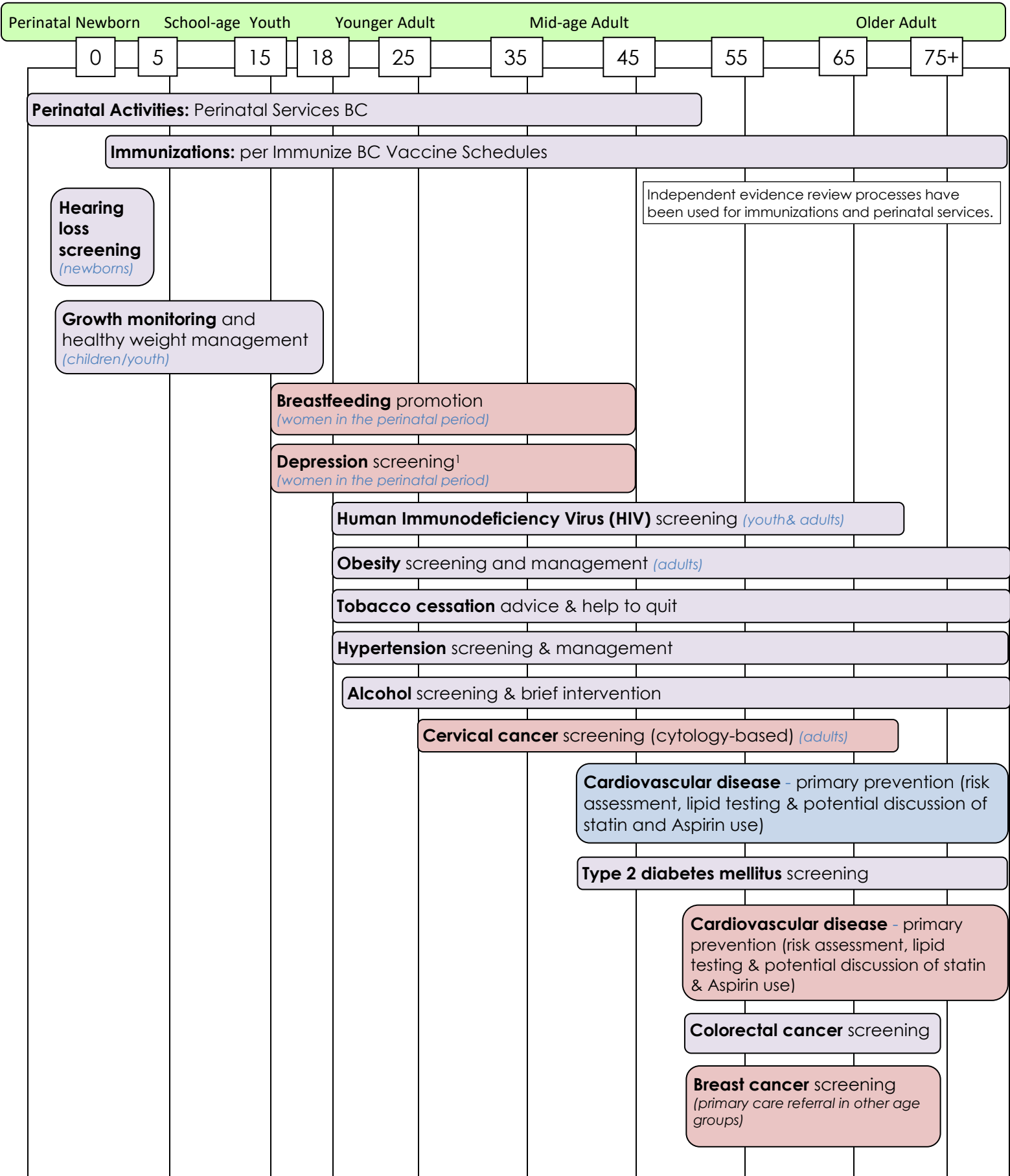


# Lifetime Prevention Schedule Practice Guide 2021



Independent evidence review processes have been used for immunizations and perinatal services.

Female
Male
Both female and male

<sup>1</sup> Please note: This maneuver is for women in the prenatal and postpartum periods. Depression screening for general adult population outside of the perinatal period is not recommended by LPS.

## Lifetime Prevention Schedule Practice Guide 2021

Perinatal Activities, various - see guidelines for intervals	<a href="#">Perinatal Services BC Guidelines &amp; Standards</a>
Immunizations, various - see vaccine schedules for intervals	<a href="#">Immunize BC Vaccine Schedules</a> – assessed by Communicable Disease Policy Advisory Committee BC Immunization Subcommittee
<b>Children and youth preventive services</b>	
Hearing loss screening - newborn, once	PHSA BC <a href="#">Early Hearing Program Guidelines</a>
Growth monitoring and intervention - children 0-17, routinely offer	<a href="#">WHO growth charts</a> , <a href="#">BMI tool</a> , <a href="#">Shapedown BC</a> , <a href="#">HealthLink BC Eating &amp; Activity Program for kids</a> , <a href="#">Generation Health</a>
<b>Behavioural Interventions - Adults</b>	
Breastfeeding promotion - women in the perinatal period, routinely, as applicable	<a href="#">Perinatal Services BC Guidelines</a>
Tobacco cessation advice & help to quit, 19+, routinely offer	<a href="#">QuitNow BC</a> (BC Lung Association), <a href="#">BC Smoking Cessation Program</a> , <a href="#">HLBC resources</a> and support + also see <a href="#">BCGuidelines.ca: Cardiovascular Disease (CVD) primary prevention</a>
<b>Screening for Asymptomatic Disease or Risk Factors - Adults</b>	
Depression screening - women in the perinatal period, routinely as applicable	<a href="#">BC Reproductive Mental Health Program and Perinatal Services BC Best Practice Guideline</a>
HIV screening - adults 18-70, routinely offer, every 5 years	Office of the Provincial Health Officer: <a href="#">HIV Screening Guidelines</a>
Obesity screening & management - adults 19+, routine	<a href="#">BCGuidelines.ca: Overweight and Obese Adults</a> , <a href="#">BMI tool</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>
Alcohol screening & brief intervention - adults 19+, routine	<a href="#">BCGuidelines.ca: Problem Drinking</a> and <a href="#">HealthLink BC</a>
Cervical cancer screening - women 25-69, every 3 years	<a href="#">BC Cancer Agency Provincial Program Guideline</a> + also see <a href="#">BCGuidelines.ca: Cervical Cancer</a>
Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin and Aspirin use) - men 40+, women 50+, every 1-5 years	<a href="#">BCGuidelines.ca: CVD primary prevention</a> , with lipid profile to determine medium & high risk + Appendix C: <a href="#">Lipid Testing</a>
Type 2 diabetes mellitus screening - adults 40+, every 3 years	<a href="#">BCGuidelines.ca: Diabetes Care</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>
Hypertension screening & management - adults 18+, at every appropriate visit	<a href="#">BCGuidelines.ca: Hypertension</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>
Colorectal cancer screening - adults 50-74, every 2 years	<a href="#">BC Cancer Agency Provincial Program Guideline</a> + <a href="#">BCGuidelines.ca: Colorectal Cancer</a>
Breast cancer screening - women 50-74, every 2 years ( <i>primary care referral in other ages</i> )	<a href="#">BC Cancer Agency Provincial Program Guideline</a> + <a href="#">BCGuidelines.ca: Breast Cancer</a>