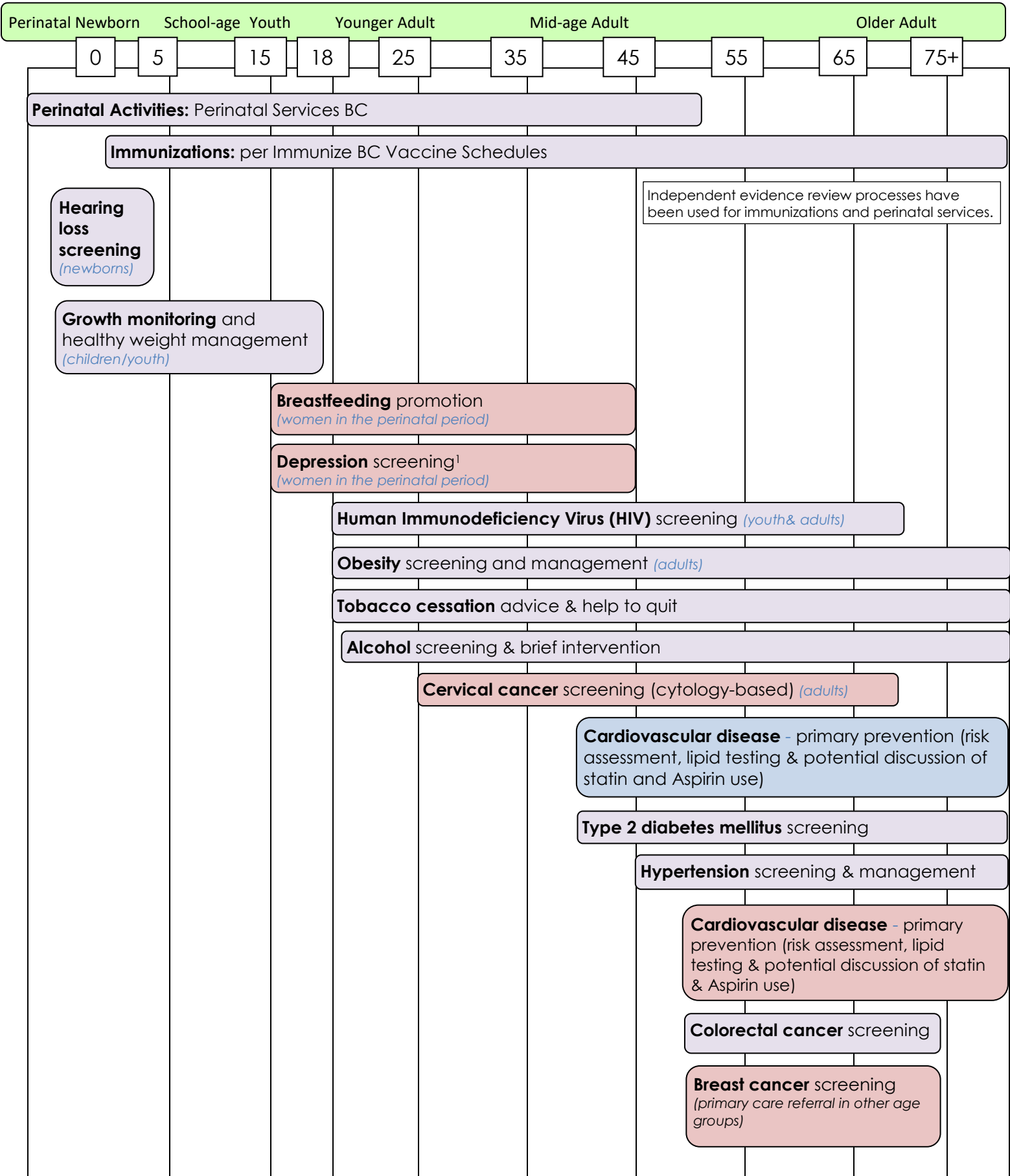


Lifetime Prevention Schedule Practice Guide 2019



Independent evidence review processes have been used for immunizations and perinatal services.

Female Male Both female and male ¹ Please note: This maneuver is for women in the prenatal and postpartum periods. Depression screening for general adult population outside of the perinatal period is not recommended by LPS.

Lifetime Prevention Schedule Practice Guide 2019

Perinatal Activities, various - see guidelines for intervals	Perinatal Services BC Guidelines & Standards
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Immunizations, various - see vaccine schedules for intervals	Immunize BC Vaccine Schedules – assessed by <i>Communicable Disease Policy Advisory Committee BC Immunization Subcommittee</i>
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Children and youth preventive services

Hearing loss screening - newborn, once	PHSA BC Early Hearing Program Guidelines
Growth monitoring and intervention - children 0-17, routinely offer	WHO growth charts, BMI tool, Shapedown BC, HealthLink BC Eating and Activity Program for kids

Behavioural Interventions - Adults

Breastfeeding promotion - women in the perinatal period, routinely, as applicable	Perinatal Services BC Guidelines
Tobacco cessation advice & help to quit, 19+, routinely offer	QuitNow BC (BC Lung Association), BC Smoking Cessation Program, HLBC resources and support + also see BCGuidelines.ca: Cardiovascular Disease (CVD) primary prevention

Screening for Asymptomatic Disease or Risk Factors - Adults

Depression screening - women in the perinatal period, routinely as applicable	BC Reproductive Mental Health Program and Perinatal Services BC Best Practice Guideline
HIV screening - adults 18-70, routinely offer, every 5 years	Office of the Provincial Health Officer: HIV Screening Guidelines
Obesity screening & management - adults 19+, routine	BCGuidelines.ca: Overweight and Obese Adults, BMI tool + also see BCGuidelines.ca: CVD primary prevention
Alcohol screening & brief intervention - adults 19+, routine	BCGuidelines.ca: Problem Drinking and HealthLink BC
Cervical cancer screening - women 25-69, every 3 years	BC Cancer Agency Provincial Program Guideline + also see BCGuidelines.ca: Cervical Cancer
Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin and Aspirin use) - men 40+, women 50+, every 1-5 years	BCGuidelines.ca: CVD primary prevention, with lipid profile to determine medium & high risk + Appendix C: Lipid Testing
Type 2 diabetes mellitus screening - adults 40+, every 3 years	BCGuidelines.ca: Diabetes Care + also see BCGuidelines.ca: CVD primary prevention
Hypertension screening & management - adults 45+, at least every 5 years	BCGuidelines.ca: Hypertension + also see BCGuidelines.ca: CVD primary prevention
Colorectal cancer screening - adults 50-74, every 2 years	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Colorectal Cancer
Breast cancer screening - women 50-74, every 2 years (<i>primary care referral in other ages</i>)	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Breast Cancer