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# Lifetime Prevention Schedule Practice Guide 2019

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<th>Perinatal Services BC Guidelines &amp; Standards</th>
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<td>Immunize BC Vaccine Schedules – assessed by Communicable Disease Policy Advisory Committee BC Immunization Subcommittee</td>
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## Children and youth preventive services

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<th>Hearing loss screening - newborn, once</th>
<th>PHSA BC Early Hearing Program Guidelines</th>
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<td>Growth monitoring and intervention - children 0-17, routinely offer</td>
<td>WHO growth charts, BMI tool, Shapedown BC, HealthLink BC Eating and Activity Program for kids</td>
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## Behavioural Interventions - Adults

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<th>Breastfeeding promotion - women in the perinatal period, routinely, as applicable</th>
<th>Perinatal Services BC Guidelines</th>
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<td>Tobacco cessation advice &amp; help to quit, 19+, routinely offer</td>
<td>QuitNow BC (BC Lung Association), BC Smoking Cessation Program, HLBC resources and support + also see BCGuidelines.ca: Cardiovascular Disease (CVD) primary prevention</td>
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## Screening for Asymptomatic Disease or Risk Factors - Adults

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<th>Depression screening - women in the perinatal period, routinely as applicable</th>
<th>BC Reproductive Mental Health Program and Perinatal Services BC Best Practice Guideline</th>
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<tr>
<td>HIV screening - adults 18-70, routinely offer, every 5 years</td>
<td>Office of the Provincial Health Officer: HIV Screening Guidelines</td>
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<tr>
<td>Obesity screening &amp; management - adults 19+, routine</td>
<td>BCGuidelines.ca: Overweight and Obese Adults, BMI tool + also see BCGuidelines.ca: CVD primary prevention</td>
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<tr>
<td>Alcohol screening &amp; brief intervention - adults 19+, routine</td>
<td>BCGuidelines.ca: Problem Drinking and HealthLink BC</td>
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<tr>
<td>Cervical cancer screening - women 25-69, every 3 years</td>
<td>BC Cancer Agency Provincial Program Guideline + also see BCGuidelines.ca: Cervical Cancer</td>
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<tr>
<td>Cardiovascular disease - primary prevention (risk assessment, lipid testing &amp; potential discussion of statin and Aspirin use) - men 40+, women 50+, every 1-5 years</td>
<td>BCGuidelines.ca: CVD primary prevention, with lipid profile to determine medium &amp; high risk + Appendix C: Lipid Testing</td>
</tr>
<tr>
<td>Type 2 diabetes mellitus screening - adults 40+, every 3 years</td>
<td>BCGuidelines.ca: Diabetes Care + also see BCGuidelines.ca: CVD primary prevention</td>
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<tr>
<td>Hypertension screening &amp; management - adults 45+, at least every 5 years</td>
<td>BCGuidelines.ca: Hypertension + also see BCGuidelines.ca: CVD primary prevention</td>
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<tr>
<td>Colorectal cancer screening - adults 50-74, every 2 years</td>
<td>BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Colorectal Cancer</td>
</tr>
<tr>
<td>Breast cancer screening - women 50-74, every 2 years (primary care referral in other ages)</td>
<td>BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Breast Cancer</td>
</tr>
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