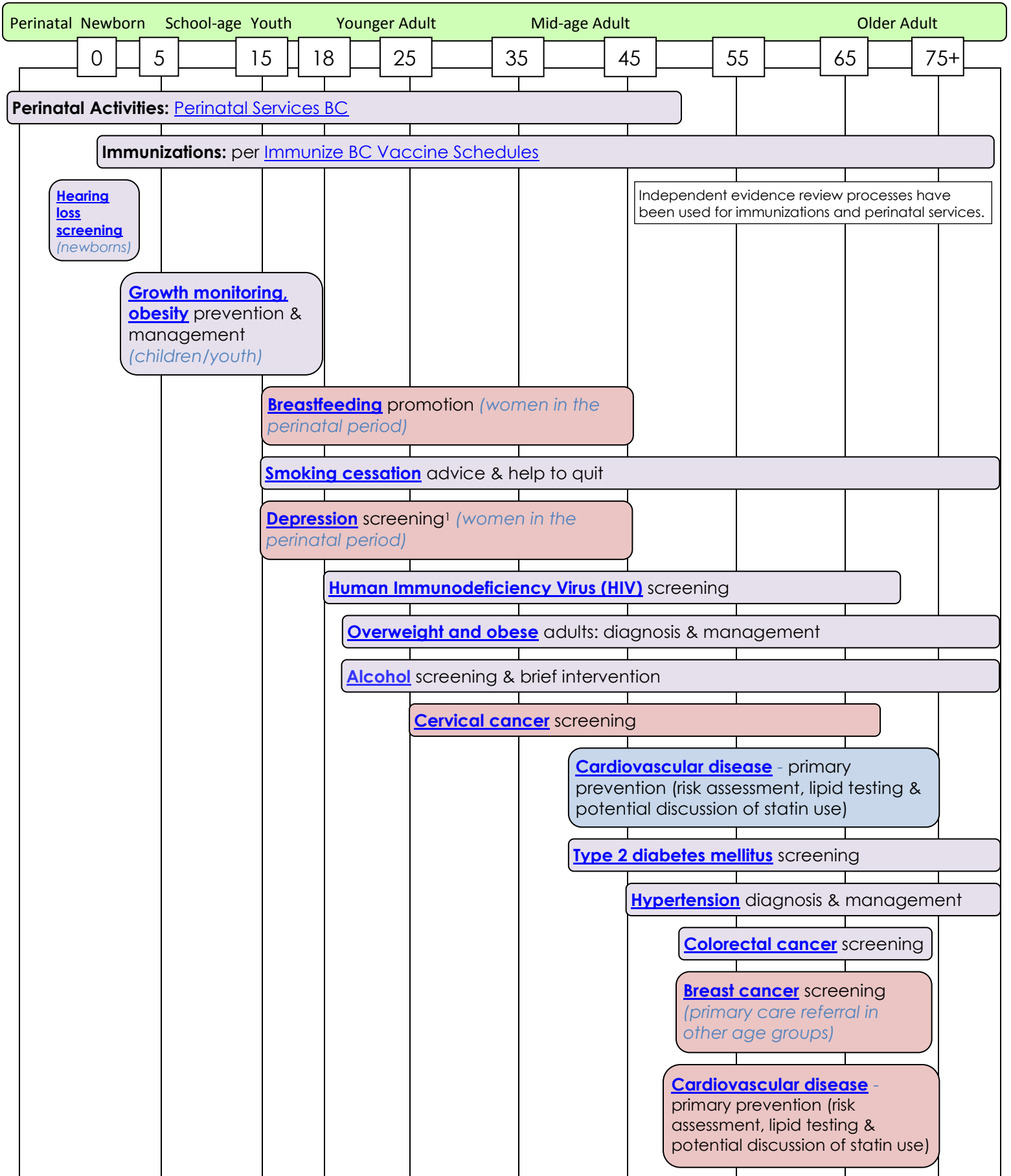


# Lifetime Prevention Schedule Practice Guide 2018



Independent evidence review processes have been used for immunizations and perinatal services.

Female
Male
Both female and male

<sup>1</sup> Depression screening for non-pregnant adults; did not meet LPS criteria for general population. Without signs & symptoms of depression, harms outweighed benefits.

## Lifetime Prevention Schedule Practice Guide 2018

Perinatal Activities, various - see guidelines for intervals	<a href="#">Perinatal Services BC Guidelines &amp; Standards</a>
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Immunizations, various - see vaccine schedules for intervals	<a href="#">Immunize BC Vaccine Schedules</a> – assessed by Communicable Disease Policy Advisory Committee BC Immunization Subcommittee
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### Children and youth preventive services

Hearing loss screening - newborn, once	PHSA BC Early Hearing Program <a href="#">Guidelines</a>
Growth monitoring, obesity prevention & management - child/youth 2+, routinely offer	<a href="#">WHO growth charts</a> , <a href="#">BMI tool</a> , <a href="#">Shapedown BC</a> , <a href="#">HealthLinkBC Eating &amp; Activity Program for Kids</a>

### Behavioural Interventions - Adults

Breastfeeding promotion - women in the perinatal period, routinely as applicable	Perinatal Services BC <a href="#">Guideline</a>
Smoking cessation advice & help to quit, routine	<a href="#">QuitNow BC Referral Program</a> , <a href="#">BC Smoking Cessation Program</a> , <a href="#">Brief Action Planning</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>

### Screening for Asymptomatic Disease or Risk Factors - Adults

Depression screening - women in the perinatal period, routinely as applicable	BC Reproductive Mental Health Program and Perinatal Services BC <a href="#">Best Practice Guideline</a>
HIV screening - adults 18-70, routinely offer, every 5 years	Office of the Provincial Health Officer HIV Testing <a href="#">Guidelines</a>
Overweight and obese adults: diagnosis & management - adults 19+, routine	<a href="#">BCGuidelines.ca: Overweight and Obese</a> , <a href="#">BMI tool</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>
Alcohol screening & brief intervention - adults 19+, routine	<a href="#">BCGuidelines.ca: Problem Drinking</a> and <a href="#">HealthLinkBC</a>
Cervical cancer screening - women 25-69, every 3 years	BC Cancer Agency Provincial Program <a href="#">Guideline</a> + also see <a href="#">BCGuidelines.ca: Cervical Cancer</a>
Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin use) - men 40+, women 50+, every 1-5 years	<a href="#">BCGuidelines.ca: CVD primary prevention</a> , with lipid profile to determine medium & high risk + Appendix C: <a href="#">Lipid Testing</a>
Type 2 diabetes mellitus screening - adults 40+, every 3 years	<a href="#">BCGuidelines.ca: Diabetes Care</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>
Hypertension diagnosis & management - adults 45+, every 5 years	<a href="#">BCGuidelines.ca: Hypertension</a> + also see <a href="#">BCGuidelines.ca: CVD primary prevention</a>
Colorectal cancer screening - adults 50-74, every 2 years	BC Cancer Agency Provincial Program <a href="#">Guideline</a> + <a href="#">BCGuidelines.ca: Colorectal Cancer</a>
Breast cancer screening - women 50-74, every 2 years (primary care referral in other ages)	BC Cancer Agency Provincial Program <a href="#">Guideline</a> + <a href="#">BCGuidelines.ca: Breast Cancer</a>