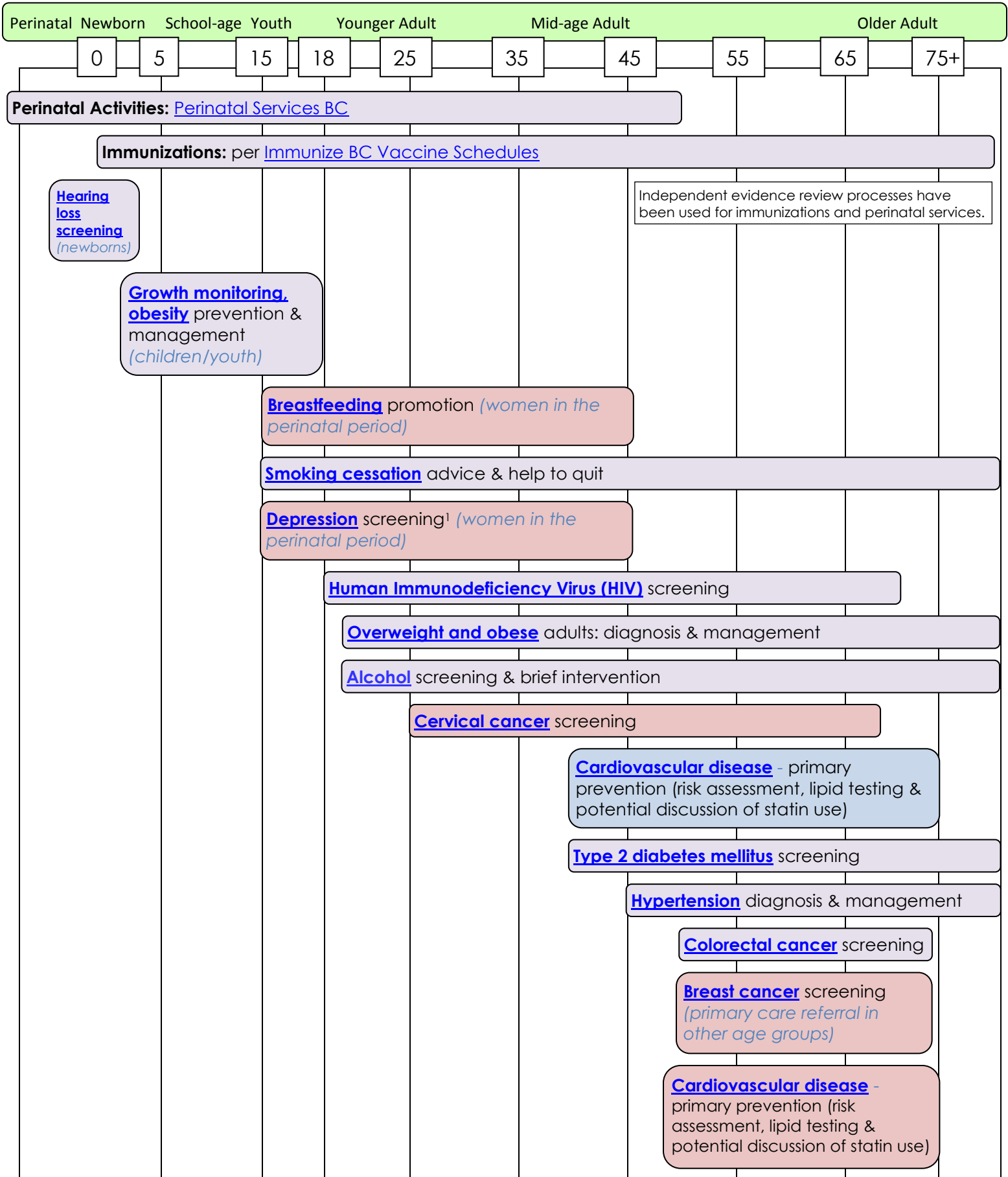


Lifetime Prevention Schedule Practice Guide 2017



Independent evidence review processes have been used for immunizations and perinatal services.

Hearing loss screening (newborns)

Growth monitoring, obesity prevention & management (children/youth)

Breastfeeding promotion (women in the perinatal period)

Smoking cessation advice & help to quit

Depression screening¹ (women in the perinatal period)

Human Immunodeficiency Virus (HIV) screening

Overweight and obese adults: diagnosis & management

Alcohol screening & brief intervention

Cervical cancer screening

Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin use)

Type 2 diabetes mellitus screening

Hypertension diagnosis & management

Colorectal cancer screening

Breast cancer screening (primary care referral in other age groups)

Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin use)

Female

Male

Both female and male

¹ Depression screening for non-pregnant adults; did not meet LPS criteria for general population. Without signs & symptoms of depression, harms outweighed benefits.

Lifetime Prevention Schedule Practice Guide 2017

Perinatal Activities, various - see guidelines for intervals	Perinatal Services BC Guidelines & Standards
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Immunizations, various - see vaccine schedules for intervals	Immunize BC Vaccine Schedules – assessed by Communicable Disease Policy Advisory Committee BC Immunization Subcommittee
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Children and youth preventive services

Hearing loss screening - newborn, once	PHSA BC Early Hearing Program Guidelines
Growth monitoring, obesity prevention & management - child/youth 2+, routinely offer	WHO growth charts , BMI tool , Shapedown , MEND , HealthLinkBC

Behavioural Interventions - Adults

Breastfeeding promotion - women in the perinatal period, routinely as applicable	Perinatal Services BC Guideline
Smoking cessation advice & help to quit, routine	QuitNow BC Referral Program , BC Smoking Cessation Program , Brief Action Planning + also see BCGuidelines.ca: CVD primary prevention

Screening for Asymptomatic Disease or Risk Factors - Adults

Depression screening - women in the perinatal period, routinely as applicable	BC Reproductive Mental Health Program and Perinatal Services BC Best Practice Guideline
HIV screening - adults 18-70, routinely offer, every 5 years	Office of the Provincial Health Officer HIV Testing Guidelines
Overweight and obese adults: diagnosis & management - adults 19+, routine	BCGuidelines.ca: Overweight and Obese , BMI tool + also see BCGuidelines.ca: CVD primary prevention
Alcohol screening & brief intervention - adults 19+, routine	BCGuidelines.ca: Problem Drinking and HealthLinkBC
Cervical cancer screening - women 25-69, every 3 years	BC Cancer Agency Provincial Program Guideline + also see BCGuidelines.ca: Cervical Cancer
Cardiovascular disease - primary prevention (risk assessment, lipid testing & potential discussion of statin use) - men 40+, women 50+, every 1-5 years	BCGuidelines.ca: CVD primary prevention , with lipid profile to determine medium & high risk + Appendix C: Lipid Testing
Type 2 diabetes mellitus screening - adults 40+, every 3 years	BCGuidelines.ca: Diabetes Care + also see BCGuidelines.ca: CVD primary prevention
Hypertension diagnosis & management - adults 45+, every 5 years	BCGuidelines.ca: Hypertension + also see BCGuidelines.ca: CVD primary prevention
Colorectal cancer screening - adults 50-74, every 2 years	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Colorectal Cancer
Breast cancer screening - women 50-74, every 2 years (primary care referral in other ages)	BC Cancer Agency Provincial Program Guideline + BCGuidelines.ca: Breast Cancer