

DCV Online Newsletter

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ISSUE 5

Wade Baker Meets The Royals

Wade Stephen Baker was born in Vancouver, BC in 1956. His Kwakiutl native name is Mintle-e-da-us, which means place of plenty. His mother is high ranking nobility of the Kingcome Inlet people, Kwakiutl Nation. His late father, who descended from Chief Capilano, was Coast Salish, Squamish Nation. Wade lives with his wife and daughter in North Vancouver.

Wade is a self taught artist who was inspired as a child by watching his master carver relatives. His understanding of the deep spiritual meaning in traditional ceremonies comes from attending numerous potlatches held in longhouses along the coast. Wade's complex and detailed artistry appeals to both traditional and modern collectors.

He was honoured to meet Prince Charles and Duchess Camilla on their recent visit.



Prince Charles and Duchess Camilla meet Wade Baker as they tour the 2010 Olympic Village Site on November 7, 2009 in Vancouver, BC.

The DCV carries a few pieces of Wade Baker's work. They are handmade crystal suncatchers with a bevelled outside rim that catches the light and makes an elegant addition to any window. Each suncatcher comes attractively boxed, surrounded in royal blue velvet.

Choose from a dragonfly, whale or hummingbird design at \$15.95 each.



#9999840662, \$15.95

Who Is Ralph The Puggle?

Many of you have seen Ralph in previous newsletter issues. He joined us last June because Darryl Lynn, our Supply Chain Manager, quit smoking. Darryl needed an incentive and promised to get a dog when he had stopped smoking for six months.

When Darryl left on vacation, the DCV staff went to town on his office and turned it in to a puppy nursery, ready for the

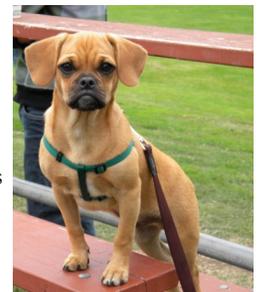
new arrival. Two co-workers took Darryl to meet Ralph and they have been inseparable ever since.

Ralph comes to work every day and is active on many committees. His primary responsibilities have been on the welcoming and entertainment committee. Each morning he welcomes staff to work, does tricks, and offers encouragement by giving high fives (we're not kidding).

He was integral in starting the Health and Fitness committee, encouraging staff to go out for walks with him at breaks. His presence has also been a great stress reliever. Our office is somewhat tidier than before. If anyone has left gym clothes or a toothbrush in a bag under their desk Ralph will root them out (it must be the beagle in him).

He did try to institute nap time but so far no one has joined in.

The nap committee is the one thing Ralph must carry on himself as bringing joy to the DCV/AIR Team is tiring work.



Ralph cheering Team DCV at a fundraiser baseball tournament.

Olympics Countdown: 17 Days!

The 2010 Winter Olympic Games is our chance to present our beautiful province and country to the world. Visit the [Show Your Spirit 2010 Online Store](#) and get your official Olympic gear and practical memorabilia.



Olympic pins are of great value and make excellent gifts for family, friends and visitors. Wear them proudly on your jacket, sweater or bag.



Q: How does the DCV determine which products to carry?

A: There are actually several ways the DCV determines which new products to carry:

- 1) New products become available from current manufacturers. They let us know about them and we test them out.
- 2) Product suggestions from customers, which we then research.
- 3) Items we run across ourselves at trade shows and via our own research.

To decide which ones to carry, our “New Product Team” considers many factors including:

- 1) Is it of broad interest to our customer base?
- 2) Do we have similar items and if so, why is this different? Cheaper? Greener? More ergonomic? Better quality? Made locally?
- 3) Can we procure it and sell it at a better price than our customers can get it elsewhere? Hence are we adding value?
- 4) Do we like it? (Our team is quite diverse and gives a good cross section of opinion.)

Six more days left to submit a question about the DCV's products or services. You may win an Olympic umbrella!



Breakfast In Bed

Make breakfast in bed for your sweetie this Valentine's Day. The *Fabulous Fairholme: Breakfast and Brunches* cookbook helps to re-create the magic of Fairholme Manor Inn's specialties.

Sylvia Main was born and raised in Vienna and opened the award-winning Fairholme Manor Inn in Victoria's Rockland area with her husband in 1999. Below is the Inn's much-requested recipe for granola.

Pick up this book and surprise your friends and family with many unique and impressive brunches. If you are hoping for some breakfast in bed yourself, then give this book to your significant other and maybe they will get the hint! The recipes are decadent, yet simple and straightforward. Other tantalizing meal ideas include Baked Raspberry French Toast, Lemon Ricotta Pancakes, Breakfast Cheese Soufflé, and Sweet Mascarpone and Strawberry Lemon Turnover.

The DCV also has some useful edible items to make a great breakfast. Try the **Seachange Crab Pate** in an omelette. Or add the **SeaChange Smoked Salmon** to eggs Benedict. Both these egg dishes can be further complemented with a combination of spinach, bacon, avocado, tomato, asiago cheese or brie cheese.

A simple way to spruce up your morning toast is to try our offering of Artisan Edible jellies. Once you have the **Wild Mirabelle Plum Jelly** or **Champagne Rose Petal Jelly** on freshly toasted brioche or scones, you won't be going back to your regular store brand. And the **Summer Berry Confiture** is excellent swirled on top of hot oatmeal or in a crêpe.

When you do serve your Valentine breakfast in bed, don't forget the mimosas (1 part champagne with 1 part orange juice)!



#9999840170, \$10.50

Fairholme Granola Recipe

Ingredients:

- * 3 cups large rolled oats
- * 1 cup wheat bran
- * 1/2 cup wheat germ
- * 1/2 cup oat bran
- * 1 cup coconut
- * 1/2 teaspoon salt
- * 1/2 cup sesame seeds
- * 1/2 cup pumpkin seeds
- * 1/2 cup sunflower seeds
- * 1 cup sliced almonds
- * 2 tablespoons cinnamon
- * 1/2 cup sunflower oil
- * 1/4 cup water
- * 1 cup maple syrup
- * 2 teaspoons pure vanilla
- * 1 cup dried cranberries

Preparation:

Preheat oven to 250 °F and line two large baking sheets with parchment paper. In a large bowl, combine the first 11 ingredients and mix well. In a separate bowl, combine oil, water, maple syrup and vanilla. Add to the dry ingredients and mix thoroughly. Divide the granola between the two baking sheets and pack down over the entire sheet. Bake for about 1 1/2 hours, stirring every 15 minutes. The granola should be golden brown and crunchy when done. Allow it to cool and then add the dried fruit. Store in an airtight container.

For a delicious vanilla berry parfait, layer the Fairholme Granola with a rich vanilla yogurt and fresh berries (or other seasonal fruit) into individual serving glasses.



#9999840179, \$25.95

Workplace Cheer

It has been a challenging year for businesses and especially for many government offices. Share with us how your office has risen to the challenge of making your workplace a great and fun place to work. At the DCV, having Ralph around has been a great stress reliever and hopefully is for you too when you try to find him hidden in each newsletter.

For Your Valentine

Spend \$25 or more at a Valentine's Day trade show and receive a free porcelain keepsake box! See page 6 of this newsletter for trade show dates and locations.



Green Your Life

Use discarded ash from your fireplace or woodstove to melt ice on pathways and drives. Ash is a natural gritting agent that can be used on icy surfaces to prevent any tumbles.

Many air fresheners contain chemicals. Consider bringing fragrance into your home with natural cooking scents such as mulled apple juice, baking bread or even brewed coffee.

Big Heart Award

Hats off to BC Mail Plus for organizing donations for Haiti. They are collecting clothes and housewares and asked the DCV to be a part of their thoughtful endeavour.

Heart Month

February is Heart Month - Celebrate Heart month by visiting the [Heart and Stroke Foundation of BC](#) web page. It is incredibly informative and has great articles on Eating Well, Getting Active, Weighing In, Living Smoke Free, Shaking the Salt Habit, Reducing Stress and has some great healthy recipes.

Family Literacy Day

Family Literacy Day takes place every year on January 27. ABC CANADA Literacy Foundation and Honda Canada created the day in 1999 to encourage families to read and learn together. Thousands of Canadians take part in Family Literacy Day events and activities at schools, libraries and literacy organizations.

Literacy is more than books. There are many ways to strengthen your literacy skills - all it takes is practicing for 15 minutes every day. Reading, writing, playing a game, following a recipe or even singing a song all help prepare children for challenges ahead and sharpen skills for adults. Reading to your child for 20 minutes a day adds up to more than 1,450 hours of learning by the end of grade 6.



Green Your Office

Plants are more than just décor in the office- they also absorb harmful pollutants and chemicals. Buy yourself a plant at lunch today as a gift for your lungs.



New Products



Frog Box

Made of recycled glass with a design of a frog by Keith Tait. The Frog is associated with good luck and spiritual cleansing. Made in Canada.

#9999840685, \$39.95



ActNowBC Reflective Wristband

Neon yellow reflective band with a Velcro clasp that can also be worn on bags or bikes. The B.C. and ActNow BC logos are proudly screened on.

#9999841811, \$2.25



Eraser With Sleeve

White latex-free and PVC-free eraser is designed not to leave smudges or residue.

#7510161016, \$1.75



Wall Clock

Wall clock with a high impact black rim, large numbers for easy reading, and precise quartz movement.

#6135300528, \$25.75



Frog Trivet

Made of recycled glass, this trivet is heat resistant to 340° F. The back has protective felt dots and a drilled hole for hanging. Made in Canada.

#9999840687, \$22.95



Owl Totem

Made of crushed marble, this totem pole is carved in the traditional style. The Owl symbolizes wisdom, and other elements include Bear, Raven and Man. Made in Canada.

#9999840683, \$32.95



Pop'n Pop Correction Tape

The stylish and compact body makes correcting a pleasure. The lids are available in a variety of vibrant colours and the underside of the body is transparent. Refillable.

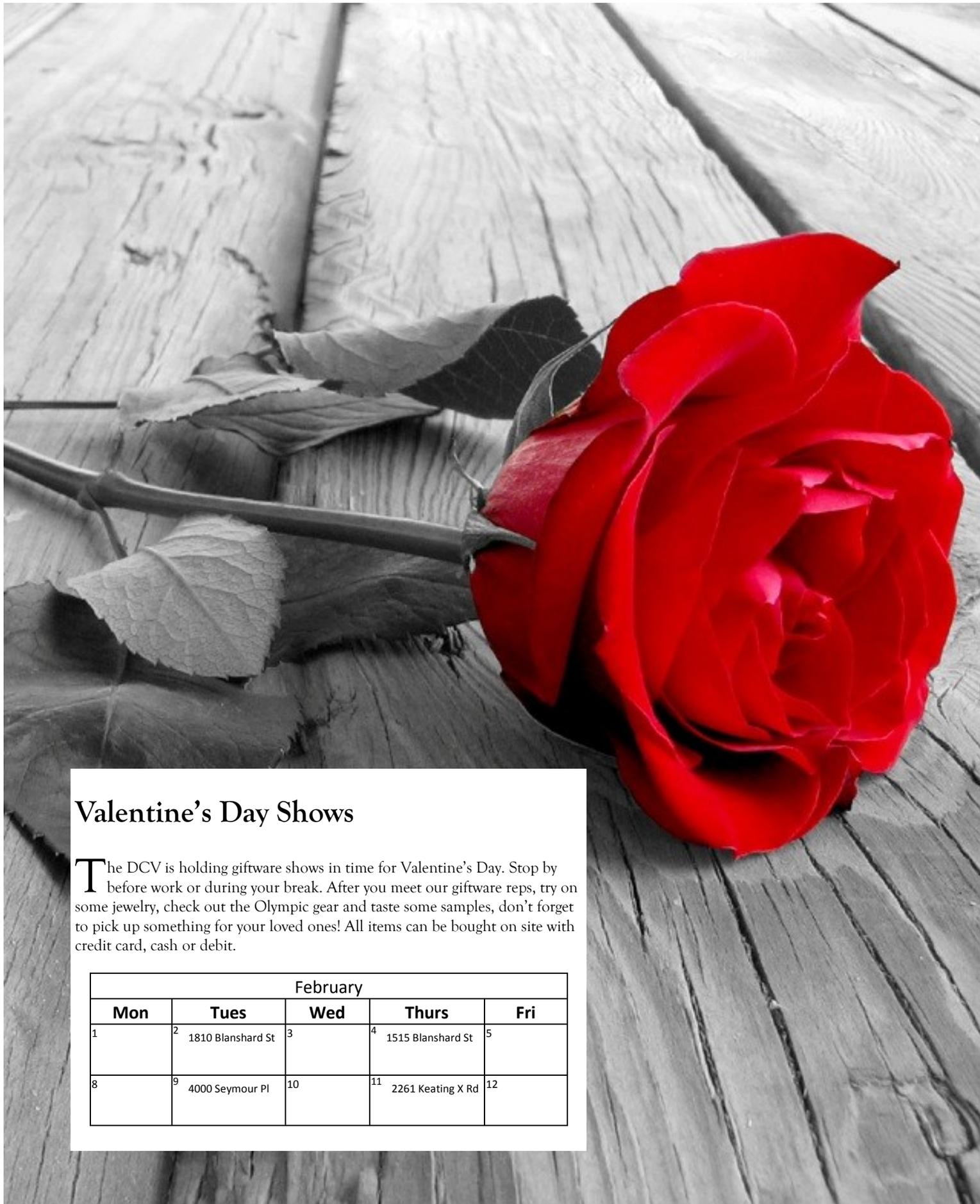
#7510124010, \$2.60



Frog Wine Coaster

Made of recycled glass, this piece features a frog motif carved on the rim. This versatile plate can be used as a pillar candle holder or decorative plate. Made in Canada.

#9999840686, \$18.95



Valentine's Day Shows

The DCV is holding giftware shows in time for Valentine's Day. Stop by before work or during your break. After you meet our giftware reps, try on some jewelry, check out the Olympic gear and taste some samples, don't forget to pick up something for your loved ones! All items can be bought on site with credit card, cash or debit.

February				
Mon	Tues	Wed	Thurs	Fri
1	2 1810 Blanshard St	3	4 1515 Blanshard St	5
8	9 4000 Seymour Pl	10	11 2261 Keating X Rd	12