

**Indigenous Forest Resources**

<b>Resource Type</b>	<b>Common Name</b>	<b>Scientific Name</b>
Medicinal Plants	Devil's Club	<i>Oplopanax horridus</i>
	Oregon Lung Lichen	<i>Lobaria oregana</i>
	Indian Hellebore	<i>Veratrum viride</i>
	Common Juniper	<i>Juniperus communis</i>
	Labrador Tea	<i>Ledum groenlandicum</i>
	Pacific Crab Apple	<i>Malus fusca</i>
Food Plants	Northern Riceroot	<i>Fritillaria camschatcensis</i>
	Stinging Nettle	<i>Urtica dioica</i>
	Cow Parsnip	<i>Heracleum maximum</i>
	Common Juniper	<i>Juniperus communis</i>
	Labrador Tea	<i>Ledum groenlandicum</i>
	Springbank Clover	<i>Trifolium wormskioldii</i>
	Silverweed	<i>Argentina anserina</i>
	Licorice Fern	<i>Polypodium glycyrrhiza</i>
	Spiny Wood Fern	<i>Dryopteris expansa</i>
	Edible Mushrooms	<i>Various</i>
	Food Bushes	Highbush-cranberry
Trailing Black Currant		<i>Ribes laxiflorum</i>
Stink Currant		<i>Ribes bracteosum</i>
Black Swamp Gooseberry		<i>Ribes lacustre</i>
Salmonberry		<i>Rubus spectabilis</i>
Thimbleberry		<i>Rubus parviflorus</i>
Red Huckleberry		<i>Vaccinium parvifolium</i>
Red Elderberry		<i>Sambucus racemosa</i>
Cloudberry		<i>Rubus chamaemorus</i>
Oval-Leafed Blueberry		<i>Vaccinium ovalifolium</i>
Saskatoon Berry		<i>Amelanchier alnifolia</i>
Food Trees	Pacific Crab Apple	<i>Malus fusca</i>