

Aboriginal Forest Resources

Resource Type	Common Name	Scientific Name
Medicinal Plants	Devil's Club	<i>Oplopanax horridus</i>
	Oregon Lung Lichen	<i>Lobaria oregana</i>
	Indian Hellebore	<i>Veratrum viride</i>
	Common Juniper	<i>Juniperus communis</i>
	Labrador Tea	<i>Ledum groenlandicum</i>
	Pacific Crab Apple	<i>Malus fusca</i>
Food Plants	Northern Riceroot	<i>Fritillaria camschatcensis</i>
	Stinging Nettle	<i>Urtica dioica</i>
	Cow Parsnip	<i>Heracleum maximum</i>
	Common Juniper	<i>Juniperus communis</i>
	Labrador Tea	<i>Ledum groenlandicum</i>
	Springbank Clover	<i>Trifolium wormskioldii</i>
	Silverweed	<i>Argentina anserina</i>
	Licorice Fern	<i>Polypodium glycyrrhiza</i>
	Spiny Wood Fern	<i>Dryopteris expansa</i>
	Edible Mushrooms	<i>Various</i>
Food Bushes	Highbush-cranberry	<i>Viburnum edule</i>
	Trailing Black Currant	<i>Ribes laxiflorum</i>
	Stink Currant	<i>Ribes bracteosum</i>
	Black Swamp Gooseberry	<i>Ribes lacustre</i>
	Salmonberry	<i>Rubus spectabilis</i>
	Thimbleberry	<i>Rubus parviflorus</i>
	Red Huckleberry	<i>Vaccinium parvifolium</i>
	Red Elderberry	<i>Sambucus racemosa</i>
	Cloudberry	<i>Rubus chamaemorus</i>
	Oval-Leafed Blueberry	<i>Vaccinium ovalifolium</i>
	Saskatoon Berry	<i>Amelanchier alnifolia</i>
Food Trees	Pacific Crab Apple	<i>Malus fusca</i>