

Resource of Indigenous Cookbooks

The below list of cookbooks was provided to Feed BC by Chef Andrew George and was initially compiled for the Nicola Valley of Institute and Technology library. The cookbooks are either Indigenous cookbooks or cookbooks that contain Indigenous recipes.

<i>Name of Cookbook</i>	<i>Author(s)</i>
Traditional Heiltsuk Food	BC Ministry of Education
The 100-Mile Diet	Alisa Smith & J.B. Mackinnon
The Sioux Chef's Indigenous Kitchen	Sean Sherman & Beth Dooley
Spirit Of the Harvest	Beverly Cox & Martin Jacobs
Native American Cooking	Lois E. Frank
Enduring Harvests	E. Barrie Kavasch
The Art of American Indian Cooking	Yeffe Kimball
Cooking With Spirit	Darcy Williamson & Lisa Railsback
Feeding The People, Feeding the Spirit	Elise Krohn & Valerie Segrest
Recovering Our Ancestors' Gardens	Devon A. Mihesuah
A Taste of Heritage	Alma Hogan Snell
A Feast for All Seasons	Andrew George
Modern Native Feasts	Andrew George
Feast!	Andrew George
A Tahltan Cookbook	Louise S Framst
A Taste of The Valley	Jeff Bloom
Where People Feast	Dolly Watts
Cooking With the Wolfman	David Wolfman
The Salmon Cookbook	Jerry Dennon
Alice Hunter's North Country Cookbook	Alice Hunter
The Sacred Cookbook	Nick Polizzi