

avail

Member Handbook



WHO ARE WE?

Avail lets you access world-class support resources including articles, videos, care professionals, and courses. With Avail, you can better understand the root causes of why you feel how you do, and get actionable tools to help you feel better.

HOW DO WE HELP YOU?

AgSafe BC has taken the lead in advancing the health of a modern workforce. Avail provides you with quick and straightforward check-ups to create a complete picture of your health. Avail's Telehealth network provides exclusive access to the practitioners.



GETTING STARTED

We are often too busy to reflect on our day, analyze the results and research solutions to help ourselves. Avail is here to help you make the time to help yourself.

1

Accept Email Invitation OR sign up on avail.app

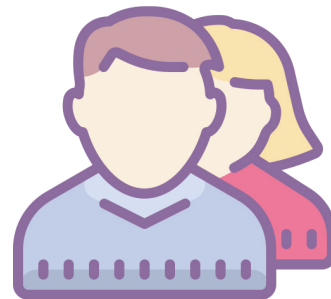
You will receive an invitation email from Avail to join AgSafe BC



2

Join AgSafe BC's Group

Joining the group unlocks the resources available only to the AgSafe BC network



3

Check-Up

Get your health score in less than two minutes. Avail helps monitor changes over time and provides you with feedback.



4

Return Weekly & Explore Care

Avail helps to guide you to the right resources when you're feeling a certain way.

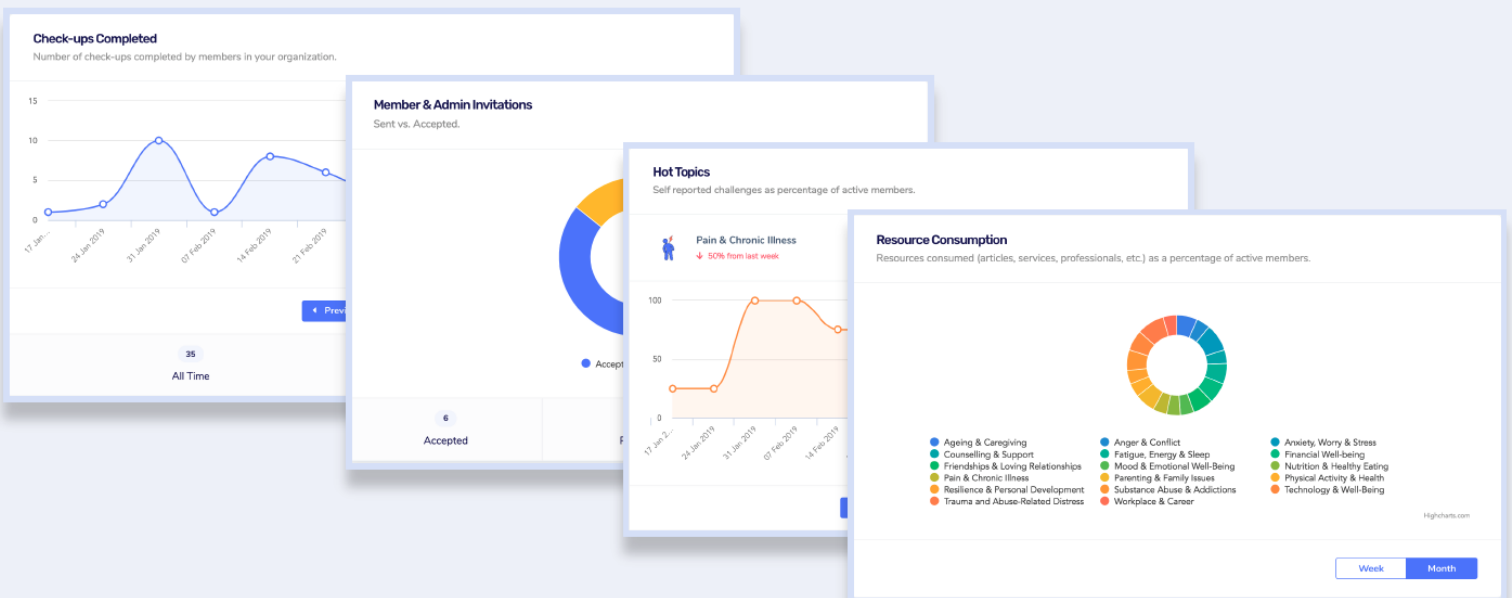


DATA PRIVACY

Avail is committed to the privacy and security of all of our users. Neither your employer nor our staff can identify any users data by name.

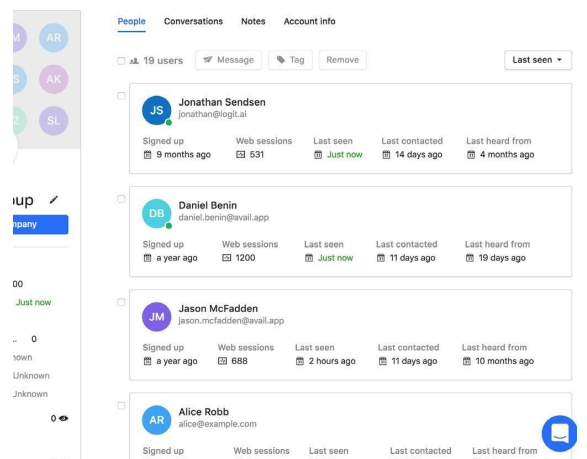
WHAT DOES AgSafe BC SEE?

AgSafe BC will not have access to any of your private health data. They can simply see a history of your group's average Avail Score and average group insights. This information is used to help create better resources for the organization.



WHAT CAN AVAIL SEE?

For support purposes, Avail uses an encrypted number sequence so that you are unidentifiable. You are only identified by name to see which organization you are with.

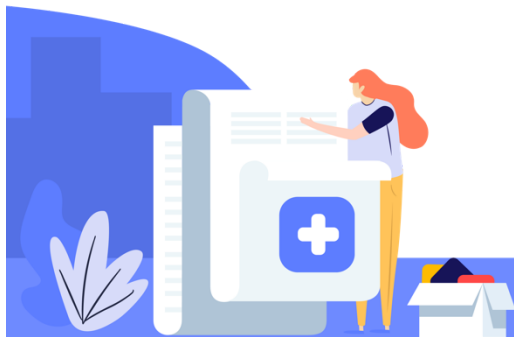


WHAT ARE THE BENEFITS?

Reflecting daily has been proven to improve emotional intelligence and increase resilience. Monitor how your well-being changes over time and take control of your health!

Weekly Check-Ups

You will receive a reminder to check up at a day and time of your choosing. Choose a day/time where you usually have a moment to yourself.



Well-being Library

Access to over 1000+ articles and videos, written by a team of clinical psychologists, sports therapists, dietitians, and more.

Access to Online & In-Person Appointments

Schedule appointments from 100's of practioners that are generally covered by your benefit plan. Simply search for Social Work, Massage Therapy, Psychotherapy, Nutrition, Physiotherapy, and more.



How is this related to my EFAP?

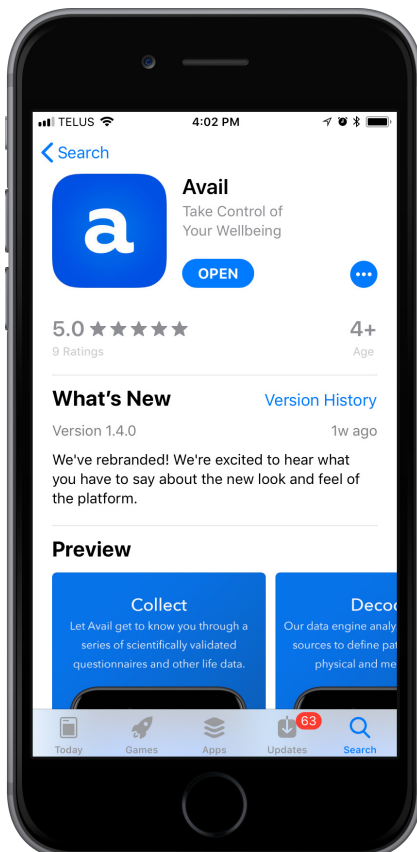
Think of Avail as the starting point of your health journey. It is a simple way to keep track of your health and guide you to the right resources at the right time. Completing the assessments will help you understand which resources you may need to access. *Most Avail practitioners are partly covered by your extended health benefits plan whereas there may not be any out of pocket fees with other programs.

SUPPORT

If you have questions, comments, or feedback at any time please email support@avail.app or use the app to instantly chat with one of our friendly staff.

DOWNLOAD NOW

iOS



Android

