



# SAJE Benefits and Supports

## Rent Supplement:

- Eligible young adults living in private market rental housing in BC can apply for \$600/month for up to 24 months
- Applications are accepted twice a year, in fall and spring
- More information can be found online now

## SAJE Support Agreement (SSA):

- Provides support for living expenses to young adults who are transitioning to living independently
- Available to eligible young adults between the ages of 19-21, for up to 24 months

## SAJE Housing Agreement (SHA):

- Supports young people to remain in current home
- Available to eligible young adults between ages 19-21, for up to 24 months

## SAJE Income Support:

- Unconditional Income Support (UIS): Eligible young adults aged 19-20 can receive up to \$1,250 monthly income support to help cover living expenses
- Conditional Income Support (CIS): Between a young adult's 20th and 27th birthday, income support of up to \$1,250 per month is available to young adults participating in an eligible education, training, rehabilitation and/or life-skills program

Eligibility for supports and benefits vary. To learn more about SAJE and your eligibility, reach out to your MCFD worker or Indigenous Child and Family Service Agency. You can also email [MCF.SAJE@gov.bc.ca](mailto:MCF.SAJE@gov.bc.ca) or call 1-866-623-3001.



## **Mental Health & Counselling Benefit:**

Young adults can receive up to \$1,500 per year in coverage for mental health and counselling-related supports such as:

- Psychologists
- Clinical Counsellors
- Traditional Healing Practices
- Elders
- Sweat Lodges
- Art Therapy
- Music Therapy

## **Life-skills, Training, and Cultural Connections:**

Young adults can receive funding (\$11,000 lifetime with \$5,500 max per year) to support your:

- Identity, Belonging, Community & Cultural Connections
- Parenting & Family Life
- Daily Living & Household Supports
- Money Management
- Education, Employment, & Training
- Health & Wellness
- Social Skills

Young adults on an eligible SAJE agreement have access to extended benefits such as:

### **Dental Coverage:**

- \$1,000 of coverage per year

### **Optical Benefits:**

- Eye exams and eyewear up to \$600 every 2 years

## **Pre-19 Planning:**

- SAJE Navigators support you and your plans for the future, starting at age 14
- Navigators work with you, your Guardianship Worker, and your team to develop a plan to connect you to community as an adult

## **Post-19 Planning:**

- A SAJE Guide can connect you to supports and services starting at age 18<sup>1/2</sup>
- Your Guide can assist you in developing the skills you need to reach your goals