



SAJE

Strengthening Abilities and Journeys of Empowerment

Program supports available to youth from care transitioning into adulthood

Pre- and Post-19 Planning

SAJE Navigators: Support youth, from age 14, and provide guidance for adulthood planning.

SAJE Guides: Begin supporting young adults shortly before they turn 19, and are the main connection point for accessing SAJE supports and agreements.

Income Supports

Unconditional Income Support (UIS): Eligible young adults (aged 19–20) can receive up to \$1,250 monthly income support to help cover living expenses.

Conditional Income Support (CIS): Young adults (aged 20–27*) participating in an eligible education, training, rehabilitation, and/or life-skills program can receive up to \$1,250 of monthly income support.

*Until your 27th birthday

Housing

SAJE Housing Agreement (SHA): Helps youth stay in their current homes. *Available to eligible young adults (aged 19–21) for up to 24 months.*

SAJE Support Agreement (SSA): Supports living expenses for young adults transitioning to independent living. *Available to eligible young adults (aged 19–21) for up to 24 months.*

Rent Supplement: \$600/month (for up to 24 months) eligible to young adults (aged 19–27*) living in private market rental housing in B.C. *Applications are accepted twice per year.*

*Until your 27th birthday

Health and Wellness

Young adults on an eligible SAJE agreement have access to the following health and wellness benefits:

Dental: \$1,000 of coverage per year

Optical: \$600 of coverage every two years, including eye exams

Mental Health and Counselling: \$1,500 of coverage per year, for mental health related supports

Connect with SAJE

Contact your MCFD worker or Indigenous Child and Family Service Agency OR contact SAJE Provincial Support Services directly:

Phone: 1-866-623-3001

Email: MCF.SAJE@gov.bc.ca

Life-Skills Funding

Young adults on an eligible SAJE agreement who are pursuing life skills-related goals can apply for:

Life-Skills, Training and Cultural Connections Funding (LSTCC): Covers a yearly maximum of \$5,500 (with an overall maximum of \$11,000).



Ministry of Children and Family Development



Learn more at gov.bc.ca/SAJE

