

Frequently Asked Questions (FAQ)

SAJE Medical Benefits

1. What Medical Benefits are available under SAJE?

The following benefits may be available to you if you are participating in the SAJE program:

- **Dental:** \$1,000 per calendar year.
- **Optical:** \$600 every two years, including coverage of exams, glasses and contact lenses.
- **Mental Health and Counselling Benefit:** \$1,500 per calendar year to use towards mental health and counselling services. Click [here](#) for more details about the types of services you can access.
- **Medical Services Plan (MSP), which includes coverage for:**
 - Medically required services provided by a physician, or a specialist (such as a surgeon, anesthetist, psychiatrist or ophthalmologist when referred by a physician);
 - Emergency ambulance transportation by BC Ambulance Service;
 - Maternity care;
 - Diagnostic services, including x-rays and laboratory services, provided at approved diagnostic facilities when ordered by a registered physician, podiatrist, dental surgeon or oral surgeon;
 - Dental and oral surgery, when medically required to be performed in hospital; and
 - Therapies, up to 10 visits per year for any physiotherapy, chiropractic, naturopathy, massage and non-surgical podiatry services (MSP contributes \$23 for each visit. Any additional amount for therapies may be charged if the practitioner's fee is higher than the amount they get from MSP).
 - MSP does not provide coverage for services not deemed medically required, or services of counsellors or psychologists. Instead, coverage for counsellors or psychologists is provided through the SAJE Mental Health and Counselling Benefit.
- **PharmaCare Plan C:** 100% coverage of eligible prescription costs, including the dispensing fee. Under this plan, benefits are obtained by providing your personal health number or Care Card to the pharmacist. For prescriptions not regularly covered by PharmaCare, the physician may request special authority directly from PharmaCare for an exception.

2. Am I Eligible?

If you meet the following eligibility criteria, you will be able to access SAJE Medical Benefits:

- **Age:** 19-26 (up to 27th birthday)
- **Agreement type:** must be on the Unconditional Income Support, Conditional Income Support, SAJE Housing Agreement, or SAJE Support Agreement.

3. How do I get SAJE Medical Benefits?

Contact a SAJE Guide or MCFD's SAJE Provincial Support Services (SPSS) at [1-866-623-3001](tel:1-866-623-3001) or MCF.SAJE@gov.bc.ca to find out more information about these benefits.

Indigenous Child and Family Service Agencies (ICFSAs) may also have dedicated workers to assist Indigenous youth with planning for their transition to adulthood and accessing the SAJE program. If you are looking for an ICFSA please visit [Indigenous Child and Family Service Agencies/Delegated Aboriginal Agencies in BC - Province of British Columbia \(gov.bc.ca\)](https://www2.gov.bc.ca/gov/content/child/youth/indigenous/indigenous-child-and-family-service-agencies-delegated-aboriginal-agencies-in-bc-province-of-british-columbia)

4. How are dental and optical benefits paid for?

Pacific Blue Cross is the benefits provider. They can be billed directly for dental and optical costs. Please check with your SAJE Guide, MCFD worker, ICFSA worker or SAJE Provincial Support Services at [1-866-623-3001](tel:1-866-623-3001) or MCF.SAJE@gov.bc.ca to find out more about direct billing.

5. Can I combine SAJE Medical Benefits with other medical benefits I receive?

Yes – if you are enrolled in benefits through a spousal plan or an employer, then these medical benefits can be combined with SAJE Medical Benefits.

No – if you are in receipt of Income Assistance through the Ministry of Social Development and Poverty Reduction (Income Assistance, Persons with Persistent Multiple Barriers, or Persons with Disabilities) and receiving medical/dental, those benefits are not combinable with SAJE medical/dental. However, you are still able to access the SAJE Mental Health and Counselling Benefit.