

# Frequently Asked Questions (FAQ)

## SAJE Life-skills, Training and Cultural Connections Funding

### 1. What is Life-skills, Training and Cultural Connections Funding?

The Life-Skills, Training and Cultural Connections (LSTCC) funding is intended to support any young adult enrolled in a legacy Agreement with Young Adults (AYA)<sup>1</sup> program or the newly introduced SAJE Income Support (IS) who is focused on pursuing life-skills, training, or cultural connections goals and/or is attending post-secondary education.

LSTCC funding provides up to \$5,500 in a single year (up to a maximum of \$11,000 during AYA or IS participation, starting at age 19 up until their 27<sup>th</sup> birthday). LSTCC funding can be used for program fees, supplies or other costs associated with the program or activity, as described in the [Life-skills, Training and Cultural Connections Funding Guidelines](#).

### 2. Am I eligible?

You may be eligible for the LSTCC funding to cover program fees, supplies or other costs associated with your skill development and learning goals, if you meet any of the following criteria:

- Have an Unconditional Income Support (UIS) and wish to engage in optional programs or activities to pursue life-skills, training and/or cultural connection goals, for a minimum of 5-hours per week;
  - Have a Conditional Income Support (CIS) and are planning to, or are engaged in:
    - A. life-skills, training or cultural connections programs or activities only, for a minimum of 5-hours per week;
- OR
- B. a post-secondary education program that is not covered by the Provincial Tuition Waiver Program (PTWP) or the Learning for Futures Grant (LFG) for a minimum of 60% of a full-time course load (40% if you have a permanent disability);

OR

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<sup>1</sup> Note: AYA is moving into a legacy phase and no new AYAs will be signed after April 3, 2024. Young adults on existing AYA agreements can continue to access support via an existing AYA until March 31, 2025.



- C. a combination of educational, vocational, apprenticeship training, rehabilitative, life-skills and/or cultural programming, for a total combined minimum of 5-hours per week (A + B above).

If your primary educational, vocational/apprenticeship training is already covered by PTWP/LFG, you can still access LSTCC funding to cover other mental health, rehabilitative, life-skills and/or cultural programming, but you cannot use LSTCC funding to cover the costs of fees or programs already covered by PTWP and LFG.

### 3. What are the life-skills learning domains?

The seven life-skills learning domains are:

- Identity, Belonging, Community & Cultural Connections
- Parenting & Family Life
- Daily Living & Household Supports
- Money Management
- Education, Employment & Training
- Health & Wellness
- Social Skills

View the [LSTCC Funding Guidelines](#) to read the full descriptions for each of the life-skills learning domains.

Youth, young adults, Indigenous partners and community organizations provided suggestions during engagement sessions to expand and improve the life-skills learning domains that help shape your goal development and planning. The seven domains were determined based on these suggestions.

### 4. Can I combine different types of LSTCC activities or programs while on an AYA or Income Support? For example, can I enroll in a life-skills program AND post-secondary or vocational/apprenticeship training program?

Yes, you can talk to your worker about your needs and goals, and pursue a combination of educational, vocational, rehabilitative and/or life-skills, training or cultural connections activities to meet the requirement of 5-hours per week. For example, you could do 3-hours per week of a vocational/apprenticeship training program and 2-hours per week of a yoga program as part of your life-skills goals under the “Health and Wellness” learning domain to meet the AYA or Income Support program requirements.

If you are already in a post-secondary program with a minimum 60% of a full-time course load (40% if you have a permanent disability), then you do not need to complete an additional 5-hours of life-skills to be eligible for the LSTCC Funding. For example, you may already be attending university full-time (over 5-hours per week of coursework), but you also want to learn how to cook healthier meals as part of your life-skills goals under the “Daily Living & Household Supports” learning domain, so you decide to take a cooking class which is only 1-hour per week.

## 5. How can I apply for LSTCC Funding?

Contact a SAJE Guide or MCFD's SAJE Provincial Support Services (SPSS) at [1-866-623-3001](tel:1-866-623-3001) or [MCF.SAJE@gov.bc.ca](mailto:MCF.SAJE@gov.bc.ca) to find out more information about LSTCC funding.

Indigenous Child and Family Service Agencies (ICFSAs) may also have dedicated workers to assist Indigenous youth with planning for their transition to adulthood and accessing the SAJE program. If you are looking for an ICFA please visit [Indigenous Child and Family Service Agencies/Delegated Aboriginal Agencies in BC - Province of British Columbia \(gov.bc.ca\)](#)