

Working with a SAJE Guide

Age
18^{1/2}-25

Do you want to...

- Have conversations about your hopes and dreams?
- Be supported in achieving your goals?
- Feel more prepared for your future?

If you are aged 18^{1/2} to 25, and are from care, or in an out-of-care status, a SAJE Guide can help you.

A SAJE Guide can:

- Connect you to supports and services
- Assist you in developing the skills you need to reach your goals

What can a SAJE Guide do for me?

- Guides can help you access SAJE supports and benefits, achieve your goals, and build on skills
- Provide you with information, guidance and support to:
 - Improve your physical and mental health
 - Access education and seek employment
 - Manage your money
 - Find stable housing
 - Connect you with your community and culture and learn life-skills

Eligibility for supports and benefits vary. To learn more about SAJE and your eligibility, reach out to your MCFD worker or Indigenous Child and Family Service Agency. You can also email MCF.SAJE@gov.bc.ca or call 1-866-623-3001.



gov.bc.ca/SAJE



Working with a SAJE Navigator

Age
14-19^{1/2}

Do you want to...

- Have conversations about your hopes and dreams?
- Be supported in achieving your goals?
- Feel more prepared for your future?

If you are aged 14 to 19^{1/2}, and are in or from care, or in an out-of-care status, a SAJE Navigator can help you.

A SAJE Navigator can:

- Support you and your plans for the future, starting at age 14
- Work with you, your Guardianship worker, and your team to develop a plan to connect you to your community as an adult

What can a SAJE Navigator do for me?

- Explore your dreams and goals with you
- Help you create a plan for your future
- Make sure your voice is heard
- Bring together people who are important to you (family, friends, professionals) to support you in developing your plan
- Provide you with information, guidance and support to:
 - Improve your physical and mental health
 - Access education and seek employment
 - Manage your money
 - Find stable housing
 - Connect with your community and culture, and learn life-skills

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