# Working with a SAJE Navigator

Age 14-19 <sup>1/2</sup>

### Do you want to...

Ministry of Children and Family

- Have conversations about your hopes and dreams?
- Be supported in achieving your goals?
- Feel more prepared for your future?

If you are aged 14 to 19<sup>1/2</sup>, and are in or from care, or in an out-of-care status, a SAJE Navigator can help you.

## Who is a SAJE Navigator?

- Navigators support you and your plans for the future, starting at age 14
- Navigators work with you, your Guardianship Worker, and your team to develop a plan to connect you to community as an adult

### What can a SAJE Navigator do for me?

- Explores your dreams and goals with you
- Helps you create a plan for your future
- Makes sure your voice is heard

- Brings together people that are important to you (family, friends, professionals) to build a team that helps develop a plan together with you
- Provides you with information, guidance and support to:
  - Improve your physical and mental health
  - Access education and seek employment
  - Manage your money
  - Find stable housing
  - Connect with your community and culture
  - and learn life skills

### What's Next?

Contact your Guardianship Worker, email MCF.SAJE@gov.bc.ca, or call 1-866-623-3001 to learn more.



## Working with a SAJE Guide

Age 18<sup>1/2</sup>-25

#### Do you want to...

BRITISH Children and Family

- Have conversations about your hopes and dreams?
- Be supported in achieving your goals?
- Feel more prepared for your future?

If you are aged 18<sup>1/2</sup> to 25, and are from care, or in an out-of-care status, a SAJE Guide can help you.

### Who is a SAJE Guide?

- Your Guide can connect you to supports and services
- Your Guide can assist you in developing the skills you need to reach your goals

### What can a SAJE Guide do for me?

- Guides can help you access SAJE benefits, achieve your plan, and to build the skills you need
- Provides you with information, guidance and support to:
  - Improve your physical and mental health
  - Access education and seek employment
  - Manage your money
  - Find stable housing
  - Connect with your community and culture and learn life skills

### What's Next?

Email MCF.SAJE@gov.bc.ca, or call 1-866-623-3001 to learn more.

