

SAJE Benefits and Supports



Rent Supplements:

- Eligible young adults living in private market rental housing in BC can apply for \$600/month for up to 24 months
- Applications are accepted twice a year, in Fall and Spring
- More information can be found online now at [SAJE Housing Supports](#)

Temporary Support Agreement ("TSA"):

- Supports young adults to transition to independent living with living expenses
- Available to eligible young adults between 19-21, for up to 24 months
- Eligible young adults must not be in an Agreement with a Young Adult (AYA)

Temporary Housing Agreement ("THA"):

- Youth living with someone other than their parents (foster caregiver, contracted agency or out-of-care provider) are supported to remain in their home
- Available to eligible young adults between ages 19-21, for up to 24 months

Agreements with Young Adults ("AYA"):

- Now available for up to 84 months between ages 19-27
- Money to cover living expenses while you go to school, do job training, attend rehabilitation, mental health, or life skills programs
- Will soon get a new name - stay tuned!

Please note that not everyone is eligible for all programs and benefits. To learn about your eligibility, please talk with your Guardianship Worker, or email MCF.SAJE@gov.bc.ca, or call 1-866-623-3001 to learn more.



Mental Health Counselling:

Up to \$1,500 per year

Examples:

- Psychologist
- Clinical Counsellor
- Traditional Healing Practices
- Elders
- Sweat Lodges
- Art Therapy
- Music Therapy



Life-skills, Training, and Cultural Connections:

\$11,000 lifetime maximum, up to \$5,500 per year

- Identity, Belonging, Community & Cultural Connections
- Parenting & Family Life
- Daily Living & Household Supports
- Money Management
- Education, Employment, & Training
- Health & Wellness
- Social Skills

Dental coverage:

- Increased to \$1000/year

Optical benefits:

- Expanded to include eye exams and eyewear up to \$600 every 2 years

Pre-19 Planning:

- Navigators support you and your plans for the future, starting at age 14
- Navigators work with you, your Guardianship Worker, and your team to develop a plan to connect you to community as an adult

Post-19 Planning:

- Your Guide can connect you to supports and services starting age 18^{1/2}
- Your Guide can assist you in developing the skills you need to reach your goals