



March 13, 2020

Dear Caregiver:

The Ministry of Children and Family Development is proactively responding to COVID-19, ensuring caregivers, youth, service providers, partners and our staff have the information they need.

Dr. Bonnie Henry, Provincial Health Officer, is providing daily updates on the COVID-19 virus and its impact in British Columbia. This letter is to provide specific information for you in your role as a caregiver.

Public health information is being updated regularly. Please find the latest information here:

- [BC Center for Disease Control](#)
- [Health Link Web site](#)
- [Health Canada Information](#)
- [Ministry of Children and Family Development Web site](#)

In line with the recent request from Dr. Henry, I encourage you to take preventative measures.

You can stay healthy and prevent the spread of infections by:

- washing your hands often with soap and water for at least 20 seconds;
- avoiding touching your eyes, nose or mouth with unwashed hands;
- avoiding close contact with people who are sick;
- coughing or sneezing into your sleeve and not your hands;
- staying home if you are sick to avoid spreading illness to others.

Should you suspect that you or any person in your home is ill as a result of COVID-19, please contact your health care provider or call 811.

It is important to ensure that you have care plans in place in the event you or your care team becomes ill because of COVID-19.

Over the coming week, the ministry will continue to provide updates and directions on the [ministry Web site](#). If you are unable to access any of the websites provided, please talk with your Resource Social Worker.

Sincerely,

Teresa Dobmeier  
Assistant Deputy Minister  
Service Delivery Division

Cory Heavener  
Assistant Deputy Minister and  
Provincial Director of Child Welfare