You should not use cannabis if you are pregnant or breastfeeding. It poses a risk to the fetus or newborn child. Heavy cannabis use has been linked to lower birth weight.
DON'T DRIVE HIGH

Cannabis can impair your judgement, affect your ability to react and increase your chances of being in a crash. If you choose to use, don't drive.
TALK TO YOUR KIDS ABOUT CANNABIS

Start the conversation early and give information before your child needs to ask.
Mixing alcohol and cannabis can increase impairment and risk of injury. Be cautious about using the two substances at the same time.