COVID-19
Return-to-Campus Guidelines

September 3, 2021

Guidelines produced by
B.C. Post-Secondary Institutions
with the support of the Ministry of
Advanced Education and Skills Training
The Return-to-Campus Guidelines are updated periodically, as necessary, to align with evolving guidance.

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<tr>
<td></td>
<td>Attachment 3: New Return to Campus Public Health Guidance</td>
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<td>Updates:</td>
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<td></td>
<td>B.C.’s Restart: A Plan to Bring Us Back Together - <a href="#">Updated information on return-to-campus and step 4 alignment</a> and <a href="#">Updated PHO information on implementing health additional measures</a></td>
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<tr>
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<td>Updated PHO proof of vaccination requirements information has been included in the following sections: <a href="#">Moving Forward</a>, <a href="#">Post-Secondary Examples of B.C.’s 4-Step Restart Plan</a>, <a href="#">Campus logistics</a>, <a href="#">Student housing and Dining Facilities</a>, and <a href="#">Related Public Health Guidelines</a></td>
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<td>Updated PHO mask requirements information has been included in the following sections: <a href="#">Post-Secondary Examples of B.C.’s 4-Step Restart Plan</a>, <a href="#">Navigating Life with COVID-19</a>, <a href="#">Core Public Health Measures and Campus Logistics</a>, <a href="#">Post-Secondary Examples of B.C.’s 4-Step Restart Plan</a> and <a href="#">Core Public Health Measures</a></td>
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<td>Updated WorkSafeBC resource information on communicable disease prevention has been included in the following sections: <a href="#">Core Public Health Measures</a> and <a href="#">Transitioning to Communicable Disease Plans</a></td>
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<td>Program Specific Considerations - <a href="#">New PHO vaccination requirement information</a></td>
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The COVID-19 Return-to-Campus Guidelines (“the Guidelines”) provide updated public health guidance to support the full return to in-person education, research and on-campus services for B.C.’s post-secondary institutions. Both public and private post-secondary institutions, post-secondary sector stakeholders and the general public can utilize these Guidelines. The Guidelines were developed by a team of experts from B.C.’s post-secondary sector, the Office of the Provincial Health Officer, regional health authorities and the BC Centre for Disease Control.

B.C.’s Restart: A Plan to Bring Us Back Together

While the Return-to-Campus Guidelines align with B.C’s Restart Plan launched on May 25, 2021 to bring British Columbians back together, the Provincial Health Officer has advised that the full return to in-person learning is not dependent on the province transitioning to Step 4 of the B.C.’s Restart Plan. The four-step plan is designed based on data and guidance from the BC Centre for Disease Control and B.C.’s Provincial Health Officer, Dr. Bonnie Henry. Getting vaccinated is the most important tool supporting the Restart Plan. Institutions seeking to introduce their own proof of vaccination policies are responsible for working with public health and doing their own due diligence. Public Health has advised that while institutions may consider a vaccination policy for employees, they are not supportive of proof of vaccination requirements for students participating in educational activities (e.g., classrooms, labs, field schools, tutorials etc.).

While there are approximate dates identified with each of the four steps in the Restart Plan, progress through the steps will be guided by data in four key areas:

- Declining COVID-19 case counts
- Increasing vaccination rate in people 18+
- Declining COVID-19 hospitalizations, including critical care
- Declining COVID-19 mortality rate

Moving Forward

The goal for the fall is to transition from highly prescriptive COVID-19 specific orders and protocols back to more general institutional policies and guidance on occupational health and safety. This includes continuing to work with First Nations and Indigenous community partners to meet the unique needs of Indigenous learners and communities.

As conditions evolved throughout the summer, most of the more restrictive public health measures affecting our personal and professional lives were relaxed and replaced with more general health-related behaviors for reducing the spread of viruses. This includes the rescinding of the Provincial State of Emergency and most public health orders.

BC remains in Step 3 of the BC Restart Plan as the 2021-22 academic term commences. Provincial restrictions on gatherings and events however, do not apply to educational settings. On campus instruction can resume with classrooms at full capacity with evidence-based or best practice prevention measures in place as recommended in Attachment 3 - Return to Campus Public Health Guidance.

The transition period between July 1, 2021 (Step 3) and September 7, 2021 is an important time for post-secondary institutions as they ramp up operations and welcome back to campus faculty, staff and students. In alignment with public health guidance, post-secondary institutions can begin easing restrictions in workspaces and common areas, including the need for barriers or occupancy limits, during this transition period in order to be ready for the return to campus.

The following graphic has been adapted to illustrate the progression over time to less prescriptive COVID-19 measures during the lead up and return to full campus activities.
**Post-Secondary Examples of B.C.’s 4-Step Restart Plan**

*NOTE:* The table below provides post-secondary return to campus examples for the implementation of B.C.’s Restart Plan. The list is not exhaustive and provides examples only. The period between July 1 (Step 3) and September 7 is a transition period during which PSIs should begin easing COVID-19 restrictions in workspaces and common areas, based on up to date public health guidance.

<table>
<thead>
<tr>
<th>Step</th>
<th>1 MAY 25</th>
<th>2 JUNE 15 (earliest date)</th>
<th>3 JULY 1 (earliest date) Transition Period</th>
<th>4 SEPT 7 (earliest date)</th>
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| **Guidance** | • Masks mandatory indoors  
• Physical distancing  
• If sick, stay home & get tested  
• Daily health check  
• Enhanced cleaning  
• COVID-specific Safety Plans | • Masks mandatory indoors  
• Physical distancing  
• If sick, stay home & get tested  
• Daily health check  
• Enhanced cleaning  
• COVID-specific Safety Plans | • Masks indoor public spaces  
• Careful social contact  
• If sick, stay home & get tested  
• Daily health check  
• Enhanced cleaning  
• New communicable disease plans | • Masks indoor public spaces  
• If sick, stay home & get tested  
• Daily health check  
• Modified seasonal cleaning  
• Communicable disease plans  
• Proof of vaccination for specific activities |
| **Educational Delivery** | • Primarily virtual  
• Gradual increase face-to-face on-campus  
• Building/room occupancy limits apply | • Primarily virtual  
• Continued increase face-to-face on-campus  
• Increasing building/room occupancy limits | • Continued increase face-to-face on-campus  
• Gradual reduction of COVID-specific restrictions | • Primarily on-campus w/ student learning accommodations and support  
• Maximum capacity for buildings/rooms |
| **Offices / Workplaces** | • Primarily remote, limited return to campus  
• Building/room occupancy limits apply | • Primarily remote, increased return to campus  
• Increasing building/room occupancy limits | • Increased return to campus  
• Gradual reduction of COVID-specific restrictions  
• New communicable disease plans | • Fully re-opened offices and workspaces w/ staff accommodations and support  
• Communicable disease plans |
| **Common Spaces** | • Sector-specific restrictions remain in effect  
• Crowding discouraged w/ controls | • Sector-specific restrictions lessened  
• Crowding discouraged but w/ lessened controls | • Gradual elimination of COVID-specific restrictions  
• Reduced crowd management measures  
• New communicable disease plans | • All spaces fully reopened  
• Communicable disease plans |
| **Work / Organized Gatherings** | • Primarily virtual  
• Indoor: 10 or less  
• Outdoor: 50 or less  
• Building/room occupancy limits apply | • Primarily virtual  
• Indoor (seated) and Outdoor: 50 or less  
• Sector consultation begin for large gatherings  
• Increasing building/room occupancy limits | • Increased indoor and outdoor gatherings capacity, with safety plans  
• Gradual reduction of COVID-specific restrictions | • Full capacity allowed w/ increased or hybrid virtual options to continue (expected)  
• Proof of vaccination for specific activities |
| **Social / Personal Gatherings** | • Indoor: 5 or less  
• Outdoor: 10 or less  
• Work with faith-leaders to bring back in-person worship services | • Maximum 50 outdoor (e.g., sports spectators) | • Return to usual on indoor and outdoor personal gathering | • Normal social contact  
• No indoor/outdoor spectator limits |
| **Student Activities** | • Small gatherings with friends  
• Indoor: 5 or less  
• Outdoor: 10 or less  
• Organized student group meetings  
• Indoor: 10 or less | • Student group/club meetings, with safety plan  
• Indoor: 50 or less  
• Outdoor club/team sports (soccer, softball, volleyball, etc.) | • Yoga/dance/rehearsals etc., with safety plans  
• Increased indoor capacity  
• Increased spectator and events/orientations  
• Bars/nightclubs with small group | • Normal social contact  
• Sports events/concerts  
• Pubs/bars and nightclubs  
• Student group activities  
• Events and parties  
• Proof of vaccination for specific activities |

*Transition Period*
Sector-Specific Guidance for Post-secondary Institutions

Protecting the health and well-being of students, faculty, staff and campus visitors remains the top priority, while being mindful of the importance of adaptability as conditions change. Post-secondary institutions have already demonstrated remarkable resilience and adaptability by quickly shifting to remote and hybrid learning in order to remain open and available for learners. While there are many lessons learned from this experience that can enhance opportunities for flexible teaching and learning moving forward, the focus of the Return-to-Campus Guidelines is on public health guidance for the fall.

Post-secondary institutions received sector-specific direction on March 8, 2021 from B.C.'s Provincial Health Officer, advising institutions to begin planning for a full return to on-campus teaching, learning and research in September 2021 (see Attachment 1). Dr. Henry stressed the importance of getting back on campus for everyone's mental health and well-being. Additional guidance to help institutions prepare for a fall return to campus was provided in the COVID-19 Return-to-Campus Primer released on April 30, 2021. Following the release of the Primer, Dr. Henry participated in two town halls with post-secondary administrators and labour organizations, and student leaders to discuss the preliminary public health guidance for September 2021. The public health guidance for B.C.'s post-secondary institutions is consistent with the guidance provided for all British Columbians in the Restart Plan.

While elimination of the COVID-19 virus will not occur in the near future, we can take measures now to adapt to living with COVID-19 as we do with other manageable seasonal ailments such as influenza. Immunization, infection prevention, and exposure control measures are the tools we have to make everyone less vulnerable to getting COVID-19 or experiencing serious outcomes.

Based on guidance from the Provincial Health Officer and experience to date within B.C., environments such as post-secondary educational settings are low-risk sites for COVID-19 transmission.

Preventing the spread of COVID-19 relies on everyone doing their part, including:

- immunization,
- daily self-administered health checks,
- staying home when sick,
- wearing masks when advised by public health, and
- practicing hand hygiene.

Strong public health management of cases, clusters and outbreaks also has an important role to play.

Authorized vaccines have proven to be highly effective at reducing serious outcomes from the COVID-19 virus. As immunization programs roll out across B.C., their positive effects are already evident at the population level, reducing transmission in communities, decreasing serious outcomes of COVID-19, and thereby even protecting unvaccinated individuals.

While no single layer of protection against COVID-19 is perfect, when multiple layers of protection are combined, the risk of transmission is significantly reduced. Due to the demonstrated effect of B.C.'s immunization program, the layering of core public health measures, and the tailoring of prevention and control measures, physical distancing including the use of protective barriers, partitions, and directional signage will not be required in most settings, especially in educational environments such as post-secondary classrooms and instructional settings.
Core Public Health Measures
Core measures that are expected to remain in place in September 2021, until otherwise determined by the Provincial Health Officer, include:

- Completing a daily self-administered health check and not attending campus when ill (NOTE: It is a personal responsibility for everyone accessing a post-secondary campus to complete a daily health self-assessment);
- Following handwashing and hygiene protocols;
- Transitioning COVID-19 specific safety plans into communicable disease plans inclusive of strategies to prevent the spread of COVID-19. WorkSafeBC guidance is available;
- Following regular pre-COVID cleaning protocols in all indoor settings and on high touch surfaces; and,
- Adhere to the Provincial Health Officer requirements regarding the use of non-medical masks. Where masks are not required by the PHO, wearing them is a personal choice.

Working with Local Medical Health Officers
Institutions should continue to work with their local B.C. medical health officer to develop effective infection prevention and exposure control measures, as well as COVID-19 case management and response processes.

Medical health officers in B.C. are responsible for monitoring and assessing the health status of the community, including making recommendations for strategies to address health issues and implementing immediate actions when necessary to protect the health of the public.

Public Health Management of COVID-19
Case and contact management were central to COVID-19 control in the absence of a vaccine. However, the public health approach to COVID-19 is evolving. While it is possible that COVID-19 contact tracing and notification protocols may still be required as part of the transition back to a more normal life, local medical health officers will guide public health approaches to COVID-19 as the population becomes immunized. See Attachment 2 for current information on COVID-19 contact tracing and notification protocols.
Safety is Everyone’s Responsibility

We can all contribute personally and professionally by getting vaccinated (as we are able), following campus safety plans, performing our daily health check, staying home when sick, wearing masks as required, following handwashing and hygiene etiquette, and following public health guidance both on and off campus.

It is up to each one of us to do our part, but it is our collective efforts that will make the difference. This is the time to be kind, to be calm, and to be safe.

General Campus Planning

In addition to a comprehensive immunization program, a number of core public health measures and tailored infection prevention and control measures are expected to continue to support the safe resumption of on-campus activities. The measures outlined below are guided by evidence and the expert advice of public health professionals.

Campus Logistics

Daily self-administered health checks will be a personal responsibility. Students, faculty, staff and campus visitors are not required to confirm that they have completed the health self-assessment prior to accessing campus. Individuals experiencing symptoms should stay home, consult the B.C. COVID-19 self-assessment tool to determine if COVID-19 testing is needed, and contact 811 or their healthcare provider for medical advice as necessary.

Institutions should continue to follow the advice of the Provincial Health Officer to ensure the campus community is aware of current mask requirements and have a plan for communicating changes in recommendations.

By order of the Provincial Health Officer, proof of vaccination will be required to access certain events, services and businesses on campus such as gyms, indoor ticketed concerts, and student housing.

WorkSafeBC continues to advise that building ventilation systems, in good operating condition, do not contribute to the spread of COVID-19. Institutions should ensure that building ventilation (HVAC) systems are operating and maintained in accordance with WorkSafeBC requirements and relevant ASHRAE standards for indoor air quality.

Institutions will not be required to manage the flow of pedestrian traffic within buildings or confined areas, or post occupancy limits for spaces such as elevators or washrooms.

Cleaning and Hygiene

Hand hygiene should be actively promoted. Hand sanitization stations are recommended for placement at regular intervals throughout common spaces and at the entrances/exits to all public spaces.

Educational and public spaces should be cleaned routinely. Increased disinfection and cleaning protocols for high touch areas such as door handles and elevator buttons are not required since surface transmission of COVID-19 is not a significant risk. Cleaning between classes is not required.

1 ASHRAE – the American Society of Heating, Refrigerating and Air-Conditioning Engineers
Transitioning to Communicable Disease Plans

A COVID-19 Safety Plan will no longer be a requirement for September 2021. Instead, institutions will be required to transition COVID-19 specific safety plans into communicable disease plans to reduce the risk of all respiratory illnesses, including COVID-19.

Communicable disease plans should reference the core public health measures noted earlier including staying home when sick, hand hygiene, as well as any additional health and safety protocols prescribed by local and provincial medical health professionals.

WorkSafeBC and public health experts have developed a guide to assist employers in developing their communicable disease plans.

Student Housing and Dining Facilities

By Order of the Provincial Health Officer, all students, staff and faculty will need to provide proof of vaccination, via the BC Vaccine Card, to access certain discretionary non-essential activities, events and businesses on post-secondary campuses – as outlined in the PHO order.

Cafeterias providing on-campus food services are exempt from the proof of vaccination requirements.

In addition, proof of vaccination will be required as a condition of living in post-secondary on-campus housing.

Students living in on-campus student housing are required to be partially vaccinated by September 7, 2021 to align with the start of the fall academic term.

NOTE: The PHO’s proof of vaccination order is in development. The Return-to-Campus guidelines will be updated once available.

On-campus student housing providers can plan for full or close-to-full occupancy for the fall. Institutions are strongly encouraged to hold back 1-2% of total student housing beds for the isolation or quarantine of students in the event of infection.

It is anticipated that dining facilities for student housing and cafeterias serving students, faculty and staff at educational institutions will continue to be exempt from any provincial closures for restaurants and bars. On-campus cafeterias, restaurants and pubs should follow the provincial requirements for food and liquor serving premises.

Faculty and Staff Considerations

Some faculty and staff will feel anxious or hesitant about a return to campus. Employees should be clearly informed of new or updated workplace safety procedures, and how they are designed to protect faculty and staff from COVID-19 before returning to the workplace.

All faculty and staff should follow institutional health and safety prevention measures which continue to be guided by public health.

Institutions are strongly encouraged to administer formal requests for accommodation, including medical accommodation, based on the individual circumstances and in accordance with collective agreements, legal obligations and established accommodation review timelines.

Faculty and staff are eligible to take up to three (3) hours without loss of pay to be vaccinated against COVID-19. Amendments to the Employment Standards Act provide this support for both doses of the vaccine.

Faculty and staff absences may be higher than during pre-pandemic periods due to seasonal respiratory illnesses (flu-like symptoms), ongoing self-assessment and self-isolation requirements. While community transmission is expected to be very low, employees may need to take time off or work from home if diagnosed with COVID-19, or advised to self-isolate or quarantine as part of the contact tracing process. Workers may be eligible for up to 3 days of paid leave under the Employment Standards Act if they need to stay home because of COVID-19. The BC Employment Standards Act paid COVID-19 leave program is in place until December 31, 2021.
International Students

The Canadian border is open to international students; however, some federal travel restrictions may remain in place in the fall. It is anticipated that students entering Canada to study will continue to be permitted entry if they are attending an institution that is on the federal list of approved Designated Learning Institutions managed by Immigration, Refugees and Citizenship Canada. These students will be required to continue following federal requirements in place at the time of entry into Canada.

Related Public Health Guidelines

For guidelines that relate to other aspects of campus operations beyond the delivery of post-secondary education and training, the post-secondary sector will continue to rely on public health guidelines developed and updated for other sectors (e.g., competitive sports, use of athletic and recreational facilities, public transit, travel, retail services, etc.).

Institutions should continue to work with their local medical health officers for campus-specific questions, local / regional public health guidance, and COVID-19 case and contact management.

COVID-19 vaccines are available at no charge to everyone ages 12+ living, working or studying in B.C. during the pandemic. You do not need a Personal Health Number (PHN), B.C. Services card, or to be enrolled in B.C.’s Medical Services Plan to get the vaccine. However, all students are encouraged to obtain a PHN in order to use the provincial on-line vaccination booking system. Students can call 1-833-838-2323 to obtain a PHN number and register to book into a local ImmunizeBC vaccination clinic.

All students are eligible to receive the vaccine, including international students and their families. The COVID-19 vaccine will not be mandatory. However, ImmunizeBC highly recommends getting the vaccine.

Rapid point-of-care screening for COVID-19 is being used by B.C. Health Authorities for COVID-19 testing in settings with increased risk of transmission and/or outbreaks. Point-of-care testing for COVID-19 is available to post-secondary institutions that meet the indications outlined in B.C.’s Rapid Point of Care Testing Strategy. Institutions interested in rapid COVID-19 point-of-care tests can contact their local medical health officer and email RapidPOCTeam@phsa.ca for an intake assessment.
Indigenous Students (First Nations, Métis and Inuit)

Engaging with First Nations and Indigenous Communities

Indigenous people have been disproportionately impacted by the COVID-19 pandemic and may face elevated health risks linked to social determinants (e.g., income, culture, access to health services, etc.). As such, they may maintain increased safety measures, and experience heightened anxiety related to COVID-19.

- Indigenous students may be experiencing increased racism related to the pandemic, including regarding the prioritization of Indigenous people for vaccination. Institutions should continue to work with students, faculty and staff to create culturally safe and inclusive campus communities free of racism.

- Institutions should continue to work collaboratively with local First Nations and Indigenous community partners to ensure that the health and safety of Indigenous learners and communities are taken into account.

First Nations Students Living on Reserve

- While much of the province will be significantly easing restrictions, due to the disproportionate impact of the pandemic on Indigenous people, First Nations may be maintaining increased safety measures, including states of emergency that keep communities closed. First Nations have the authority to make these decisions. This means that some students may not be able to attend in-person classes.

- In the spirit of Reconciliation and consistent with the Declaration on the Rights of Indigenous Peoples Act, institutions should work with local First Nations and any students that are impacted by the closure of their communities to ensure access to academic programming and services.

Community-based Programs

- Many institutions partner with other organizations to deliver post-secondary programs in community settings, including Indigenous communities and institutes. Institutions are encouraged to work with community-based partners to:
  - Jointly develop plans for safely resuming or continuing program delivery.
  - Determine whether additional supports are required for learners who face barriers to remote learning, such as lack of technology or online literacy.

- Institutions, faculty and staff should work with Indigenous community partners to understand and respect the health and safety precautions of the community.

Indigenous Gathering Places

- Indigenous Gathering Places provide important supports for Indigenous students. Institutions should work with local First Nations, Indigenous community partners, and Indigenous students to develop plans to safely operate Gathering Places and provide cultural supports for Indigenous students.

- Given that Indigenous communities may be taking increased precautions, including the closure of some First Nations, involvement of communities and elders may be impacted. Institutions should work with Indigenous partners and elders to develop plans for services and activities to be carried out safely, such as using technology.

- Institutions may also consider consulting the First Nations Health Authority for the latest guidance on providing services and supports for Indigenous people.
Educational Activities

Experience over the last year has shown that educational activities supporting teaching, learning, research, and student development are low-risk sites for COVID-19 transmission including activities in classrooms, lecture theatres, libraries, studios, workshops, labs, field schools, practicums, research settings, etc.

Educational activities associated with orientation events are encouraged, but they might look different for September 2021 based on public health advice in the fall on gatherings. Non-educational or social activities throughout the year should be planned according to the prevailing Provincial Health Officer guidance.

Classroom Logistics

The Provincial Health Officer has indicated that there are no limits on the number of participants for in-class educational activities. Fall classes can be scheduled without physical distancing requirements (e.g. a classroom with 30 seats can be scheduled with 30 students; a lecture theatre with 150 seats can be scheduled with 150 students).

Adhere to the Provincial Health Officer requirements regarding the use of non-medical masks. Where masks are not required by the PHO, wearing them is a personal choice.

Student Supports / Accommodation

Institutions are strongly encouraged to follow established accommodation or academic concession mechanisms to ensure that students who cannot physically be on campus (e.g., they are ill, adhering to quarantine rules, self-isolating, attending a vaccine appointment, etc.) are not disadvantaged in their educational pursuits.

Institutions are strongly encouraged to ensure that students with disabilities are supported and can continue their educational pursuits with appropriate academic accommodation.

Institutions are encouraged to work collaboratively with student societies, clubs and governments to positively reinforce COVID-safe behaviours both on and off campus.

Mental Health Supports

Students, faculty and staff may be anxious or experiencing increased stress about returning to campus. Mental health supports will be critical for everyone’s health and wellbeing as part of the return to in-person activities on campus. Communication plans should be in place to raise awareness of these supports including:

- **Here2Talk**, a free and confidential 24/7 mental-health counselling and referral service, and the new **Capacity to Connect program** which provides faculty and staff at post-secondary institutions with easy access to the tools and skills they need to provide intervention and help for students who are struggling with their mental health and wellness.

- **KUU-US crisis response service**, a culturally-aware crisis support is available 24/7 to Indigenous people in B.C.

- Faculty and staff can access counselling and wellness services through employee and family assistance programs.

- **Virtual mental health programs and services** are offered through the Province to support mental health and wellness.

Campus resources may include spirituality and wellness centres including:

- Counselling departments with trained counsellors who are available to students for career, educational, personal and crisis counselling.

- Wellness centres offering one-to-one health and wellness planning.

- Multifaith centres, chaplaincy and/or on-campus pastoral care providing one-on-one pastoral/spiritual counselling, and communal gatherings to support health and well-being.
Program-Specific Considerations

- Students and instructors will be expected to follow guidelines for specific settings where work integrated learning placements occur, including clinical, teaching, internships, co-op placements, and other community engaged work placements. Institutions should be knowledgeable of program-specific COVID-19 guidance and ensure that student and instructor risk is minimized in these placements.
- Vaccines are required for students whose programs include a work experience component at a long term care or assisted living facility.
- Institutions, students, faculty and staff should adhere to the federal government’s Travel Advice and Advisories when considering studying or working abroad.

On-Campus Health Services / Working with Local Public Health

- Institutions can play a key role by liaising with local public health officials to ensure students, including out-of-province students as well as international students and their families, have the most current information about the availability of vaccines.
- Institutions should work with their local medical health officer within their Regional Health Authority regarding on-campus COVID-19 vaccination clinics.
- Institutions should identify and communicate steps that students, faculty and staff should take if they develop symptoms, including where to access testing.
- Public health authorities are responsible for determining notification processes and requirements for confirmed cases of COVID-19. Institutions may be asked to assist public health authorities in notifying close contacts, assisting in the identification of people who may have been exposed, distribution of materials prepared by the public health authorities, or supporting public notification efforts.
Acknowledgements

The Return-to-Campus Guidelines were developed by experts from the BC post-secondary sector, in partnership with public health experts. Special thanks to members of the Go-forward Guidelines Steering Committee, Panel of Experts, public health partners and reference groups.

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March 8, 2021

Dear Post-Secondary Institution Presidents:

I am writing to you to acknowledge the important leadership the post-secondary sector has shown in BC’s response to the COVID-19 pandemic over the past 12 months, and to support you with the critical goal of resuming safe on-campus teaching, learning and research in September 2021.

Your institutions worked in partnership with the BC Centre for Disease Control, WorkSafeBC, the Ministry of Advanced Education and Skills Training, and staff in my office to produce and update the “COVID-19 Go-Forward Guidelines for B.C.’s Post-Secondary Sector.” Those Guidelines and your institutional health and safety plans helped the sector to be very successful in mitigating the spread of COVID-19. The quick adaptation to remote learning, while staying open and available for learners, played a major role in the success of B.C.’s pandemic response.

My office and our medical health officers share your concerns about the wellbeing of young adults who are disproportionately affected by the pandemic, including worsening mental health, increased financial instability and diminished future prospects. We also acknowledge this has been a difficult and stressful time for faculty and staff. It is imperative to get back on campus for everyone’s health and well-being.

There are very good reasons to be confident that a return to on-campus instruction in the fall can be undertaken safely and successfully. Current projections of the COVID-19 vaccine supply in BC suggest that all vulnerable and high-risk groups should be immunized this spring, and the majority of the adult population by the summer. Young adults aged 18-24 should receive the vaccine no later than the end of July, but more likely sooner. The timing of immunization should not be a determinant of planning for a return to on-campus activities.

Given the expected timelines for immunization it is essential that we plan for a full return to in-person activities on campus in September 2021, including in-person instruction, with faculty and staff returning to campus sooner. Immunization will support what seems likely to become stable coexistence with COVID-19 as another manageable, seasonal ailment.
New variants of the SARS CoV-2 virus will likely continue to emerge. We will respond to them through monitoring, re-formulation of tests and vaccines, and through other measures as needed depending on the characteristics of the variants. Targeted testing and contact tracing by health authorities will remain key supplements to immunization in rapidly controlling transmission. These activities will be part of normal, ongoing life with COVID-19.

We have also learned over the past year that when we implement effective safety plans, large sectors can operate safely. Reducing the opportunity for infectious contacts will continue to be an important strategy. As such, safety plans will remain important, with updates as required. My team looks forward to working with you to fine-tune plans for the prevention activities we have all become so familiar with: self-administered health checks; facilitating hand cleaning through access to soap and water or encouraging people to use hand sanitizers; use of masks; early detection and rapid testing of potential cases; isolation; and case and contact management.

The experience of the past year can help with a safe return to post-secondary campuses. Above and beyond immunization, infectious contacts in group settings at post-secondary institutions can be reduced through a variety of prevention and exposure control measures. Two-meter physical distancing has been my guidance for uncontrolled group settings. Such distancing is neither practical, nor necessary, in the controlled context of post-secondary instructional settings. I am very confident that the combination of immunization and continued application of the “COVID-19 Go-Forward Guidelines for B.C.’s Post-Secondary Sector” will support the safe and complete resumption of campus teaching, learning, and research.

We also believe student housing, dining and other on-campus student services will be able to return to normal or close-to-normal capacities by following revised protocols in the “COVID-19 Go-Forward Guidelines for B.C.’s Post-Secondary Sector.”

Based on what we have learned in the past year, and the important protection that immunization will provide, I, as well as the medical health officers in British Columbia, strongly support the resumption of on-campus activities in September 2021. Public health will also continue to work with post-secondary institutions to determine if measures are needed to keep activities inside and outside the classroom safe in the fall, such as public transportation, socializing outside of class, athletics, and arrival and quarantine of international students.

Thank you, again, for the important role you play in supporting the provincial COVID-19 response, and in helping British Columbians to realize the full experience and benefits of post-secondary education. I look forward to working with you to strengthen the collaboration between public health and post-secondary institutions for a full and safe return to on-campus instruction in September 2021. We all look forward to the rich campus interactions that will make learning and personal development so much more effective and supportive for students, faculty, and staff.
Sincerely,

Bonnie Henry
MD, MPH, FRCPC
Provincial Health Officer

Cc  Honourable Anne Kang, Minister of Advanced Education and Skills Training
Shannon Baskerville, Deputy Minister of Advanced Education and Skills Training
Max Blouw, President Research Universities' Council of BC
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Honourable Adrian Dix, Minister of Health
Stephen Brown, Deputy Minister, Ministry of Health
Chief Medical Health Officers, Regional Health Authorities
Chief Medical Officer, First Nations Health Authority
Deputy Provincial Health Officers
## Contact Tracing and Notification Protocols

### What is the notification process for confirmed cases of COVID-19?

Notification of COVID-19 cases and exposures at post-secondary institutions (PSIs) is managed by public health authorities. PSIs may be asked to assist public health authorities in notifying close contacts such as students, faculty or staff of a confirmed case by assisting in the identification of people who may have been exposed, distribution of materials prepared by the public health authorities, or supporting public notification efforts. If students, faculty or staff receive a confirmed positive COVID-19 test result, health authorities follow a rigorous protocol:

- **Contact tracing** is initiated to determine how the individual was infected and who they were in close contact with.
- **Close contacts** that are at an increased risk are identified and notified and advised to self-isolate and monitor for symptoms for 14 days.
- **Only health authorities can determine who is a close contact.**
- Health authorities will work closely with PSIs throughout the case and contact management process to enable appropriate communication with the campus community.

### Should an institution notify the campus community of a confirmed case of COVID-19?

Institutions should not send out notifications of COVID-19 cases unless directed to do so by their local Medical Health Officer. Public health authorities are responsible for determining notification processes and requirements.

### What is contact tracing?

Contact tracing is the process used by public health authorities to identify individuals who have come into close contact with a person infected with the virus that causes COVID-19. The public health authority contacts these individuals and provides health direction.

### What is the process for contact tracing?

Contact tracing is carried out by public health authorities. PSIs do not carry out contact tracing. If the public health authority determines that there may have been an exposure of concern for individuals who cannot be reached by direct contact notification, more widespread notification to identified groups may be carried out such as distribution of a bulletin to people at risk, publishing exposures on the health authority exposure notification web page, or announcement through public media.

To maintain personal information privacy rights, the public health authority will only disclose limited information about a confirmed case in the campus community when sharing the information is required to support effective contact tracing.

### What are the steps involved in contact tracing?

When carrying out contact tracing, public health authorities follow these steps:

- **A person tests positive for COVID-19 and they become a “case.”**
- **The lab completing the testing informs the public health authority and a public health nurse is assigned to interview the case to identify people they’ve spent time with. People with prolonged close contact with the case during their infectious period are “contacts.”**
- **The public health authority gets in touch with the contacts and asks them about symptoms of COVID-19.**
- **Not every contact needs to be identified: only those who could have been exposed to the case’s respiratory droplets from coughing, sneezing or speaking — this takes close and prolonged contact.**
- **The public health authority maintains the case’s privacy. A case can choose to tell others about their diagnosis but should not do their own contact tracing and nor should others (e.g. employers).**
- **Contacts with symptoms are sent for testing. If they test positive, they become a ‘case’ and the process repeats;**
- **Contacts with no symptoms are asked to self-isolate and monitor for symptoms for 14 days after their last contact with the case (while they may be in the incubation period of the infection).**

### How does a health authority notify the public of a possible COVID-19 exposure?

Health authorities may provide online notification of possible exposures to COVID-19 within post-secondary institutions. This information is provided so students, faculty and staff can be assured that public health is following up in their community, and exposure risks are being mitigated to the best of their ability. Anyone who has been identified as a COVID-19 positive case or close contact will be contacted directly by the local health authority to provide further instruction.

### When would a public health authority recommend the closure of a facility?

For a public health authority to recommend or order closure of a site or facility to prevent infection transmission is a rare step, reserved for circumstances in which direct management of cases and contacts is not sufficient to limit transmission. The public health authority would communicate closely with PSI administrators on any recommended closures related to COVID-19.
New Return to Campus Public Health Guidance

September 1, 2021

Key Messages

- This document outlines the prevention measures recommended by public health for post-secondary institutions in B.C. to reduce the risk of communicable diseases, including COVID-19, on campus.
- Educational settings are low-risk settings for COVID-19 transmission, particularly in the context of a highly immunized population.
- Vaccines are the most effective way to reduce the risk of COVID-19 on campus. Everyone eligible is strongly encouraged to be fully vaccinated (i.e., receive two doses) against COVID-19.

Introduction

This document outlines the prevention measures recommended by public health for post-secondary institutions in B.C. to prevent the spread of COVID-19. It aligns with, and is complementary to, the COVID-19 Return-to-Campus Guidelines.

Public health experts in B.C. support the full return to on-campus instruction on September 7th, 2021 for post-secondary institutions, with the effective evidence-informed prevention measures detailed within this guidance document in place.

In B.C., most transmission of COVID-19 occurs in households or at informal social gatherings. In educational and other comparable settings, including those with teaching, learning, research, and student development activities, COVID-19 transmission is uncommon. Young people have been disproportionately affected by the pandemic. Enabling them to return to closer-to-normal learning, recreational, and social activities is needed for pandemic recovery. While COVID-19 will continue to circulate for many years, in an immunized population like B.C., COVID-19 prevention needs to be balanced with recovery efforts.

The prevention measures detailed in this document have been very effective at preventing COVID-19 in a wide variety of settings across B.C. and will support a successful and safe return to campus. Prior to implementing measures in addition to those outlined below, consult with your local Medical Health Officer to ensure benefit.

Post-secondary institutions are encouraged to transition to these recommended prevention measures over a period of time, recognizing this as an evolving situation with multiple steps necessary to support implementation. Public Health remains committed to supporting the post-secondary sector, including faculty, staff, and students to return to the educational and research activities that are critical to the community and to society.
Vaccination

Vaccines are the most effective way to reduce the risk of COVID-19 on campus. Two doses provide effective protection against infection and serious illness from COVID-19, including variants of concern. Vaccines are available to all faculty, students, and staff, including international students and their families.

Post-secondary institutions can work with public health to ensure vaccination opportunities are accessible in the first weeks of the return to campus, as well as promote information on how to get vaccinated. The BC Centre for Disease Control has specific information on getting vaccinated for students arriving in B.C. from within and outside of Canada.

People vaccinated outside of B.C. can upload their COVID-19 vaccination records to www.immunizationrecord.gov.bc.ca. This requires a B.C. Personal Health Number, which can be obtained by contacting Service BC at 1-833-838-2323. Service BC is available seven days a week, 7am to 7pm.

Some experiential learning placements (including practicum and co-op placements) may require students to be vaccinated in line with practices for other employees. This includes health sciences students working in certain health care settings by Order of the Provincial Health Officer.

Testing and Contact Tracing

**COVID-19 Testing:** Testing is available to any student, faculty or staff in BC. Share guidance on when to get tested with the campus community. Testing locations are available on Regional Health Authority websites. If you are considering using point-of-care tests for asymptomatic screening of unvaccinated students, faculty and staff, consult your local Medical Health Officer prior to implementation to ensure appropriate guidelines are followed.

**Contact Tracing:** Public health follows up on every person who tests positive for COVID-19. This process is called contact tracing. Contact tracing helps to identify and manage close contacts, who may be at increased risk for COVID-19.

Public health will work with institutions to manage cases and clusters of COVID-19, as required. Work with public health to determine what protocols should be in place to manage COVID-19 cases on campus. This may include providing the name and contact information of identified students, faculty and staff upon request of public health.
Provincial Health Officer Orders

Post-secondary institutions must follow applicable Provincial Health Officer Orders. Full details on Orders are available from the Provincial Health Officer. Current Orders applicable to post-secondary institutions include:

Proof of Vaccination Order (under development) – Discretionary Services, Businesses and Events & On-Campus Housing: Everyone on campus aged 12 and older (born in 2009 or earlier) will need to provide proof of vaccination via the BC Vaccine Card to access non-essential or discretionary services, businesses, and events on campus as of September 13, 2021. Examples of non-essential or discretionary services include, but are not limited to:

- Indoor ticketed concerts, theatre, dance, symphony and sporting events
- Indoor and outdoor dining at restaurants, pubs and bars (on-campus cafeterias are excluded)
- Gyms and recreation facilities (youth recreational sport is excluded)
- Indoor high intensity group exercise
- Indoor organized gatherings like conferences, meetings and workshops
- Indoor organized group recreational classes and activities like pottery and art

Those living in on-campus housing will be required to provide proof of vaccination. This requirement will be phased in over time, with students needing at least one dose of COVID-19 vaccine (be partially vaccinated) by September 7, 2021, and two doses (be fully vaccinated) by October 24, 2021.

Both requirements will be in place until January 31, 2022, and are subject to extension. More details on implementation are forthcoming.

Face Coverings (COVID-19) Order – Indoor Public Spaces: Masks must be worn in all indoor public spaces in B.C., including post-secondary spaces by anyone aged 12 and older, including students, faculty, staff and visitors. This includes, but is not limited to:

- in all public indoor public spaces of post secondary institutions
  - This includes lecture theatres, classrooms, teaching laboratories, and other indoor instructional settings
  - Instructors and other presenters do not need to wear a mask when behind a barrier or two metres away from students while teaching in indoor public spaces
- in common areas of buildings open to the public, including in on-campus housing and office buildings (e.g., lobbies, hallways, bathrooms)
- in common areas of sport and fitness centres when not engaged in physical activity
- in coffee shops and restaurants, pubs and bars when not seated at a table

Masks are not required for workspaces such as office areas, research labs or shared offices that do not serve the public, or for meetings and seminars in small meeting rooms. Masks are also not required if a person is behind a barrier that separates them from other people, like a divider, cubicle, or in a room by themselves. Exemptions, including for those unable to wear a face covering, are detailed in the Order.
Gathering & Events Order: The Order of the Provincial Health Officer for Gatherings and Events currently restricts certain types of gatherings and events in B.C., including those on post-secondary campuses. This includes non-educational (i.e., non-essential or discretionary) activities, including graduation ceremonies, parties, recitals, and concerts. Current size limits are 50 people or 50% of a venue’s capacity indoors (whichever is greater) or 5,000 people or 50% of a venue’s capacity outdoors (whichever is greater). For example, if an indoor venue has a normal seated capacity of 600 people, 300 people can attend. Additional details and safety requirements are included in the Order.

The Gatherings & Events Order does not apply to educational activities at post-secondary institutions. Activities delivered as part of a formal education program (including, but not limited to lectures, labs, seminars, workshops, demonstrations, presentations, formal study groups, tutorials and orientation events facilitated by the institution) do not need to meet the requirements of the Order.

Regional Recommendations & Orders: Medical Health Officers can place local public health Orders or recommendations for additional prevention measures beyond this guidance for post-secondary institutions within their regional health authority. These are placed at their own discretion, based on their authority under provincial legislation. These may be put in place during times of increased community transmission of COVID-19, and within communities with low vaccination uptake. They are based on local epidemiology and are proportional to risk.

Environmental Measures

Ventilation: Continue to ensure that all mechanical heating, ventilation and air conditioning (HVAC) systems are designed, operated and maintained in accordance with WorkSafe BC requirements and ASHRAE Standards for indoor air quality, and that they are working properly. Open windows when the weather permits if it doesn’t impact the functioning of the ventilation systems.

Cleaning & Disinfection: Clean and disinfect educational spaces, public spaces and high touch areas daily. Environmental cleaning is not required between classes.
Administrative Measures

- Physical distancing (consistently maintaining 2 metres between people) is no longer recommended in indoor public spaces by public health or required by WorkSafe BC. People on campus can be encouraged to spread out within available space and to consider and respect others’ personal space (the distance from which a person feels comfortable being next to another person).
- Limiting the number of people within indoor public spaces is no longer recommended by public health or required by WorkSafe BC. People can be encouraged to spread out within the available space and normal room occupancy limits should not be exceeded (where applicable).
- Post-secondary institutions are not required to manage the flow of pedestrian traffic within buildings or confined areas, or post occupancy limits for spaces such as elevators or washrooms.

Personal Measures

Stay Home When Sick: Ensure students, faculty and staff are aware they should not participate in any activities (educational or otherwise) if they are sick.

Get Tested When Recommended: Encourage students faculty and staff to use the BC Self-Assessment Tool app, the BCCDC When to Get Tested Resource, or call 8-1-1 to determine if they should get tested for COVID-19 if they’re sick.

Institutions should identify and make available safe and appropriate housing for students living on campus who are required to self-isolate or quarantine, if recommended by public health.

Hand Hygiene: Enable regular opportunities for hand hygiene, including placing hand sanitizer stations at the entrances/exits to public indoor spaces.
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