

Grade 4 – 6 Healthy Relationships

Prescribed Learning Outcomes - Health and Career Education

The Healthy Living Performance Standards represent selected PLO's at these grade levels. For a complete list of PLO's please go to [Health and Career Education](#)

Grade Four

Healthy Relationships

C5 describe interpersonal skills necessary to build positive relationships (e.g., co-operation, inclusion, communication skills, empathy, respectful behaviour)

C6 demonstrate appropriate strategies for responding to bullying behaviour (e.g., assess the situation, avoidance, assertiveness, reporting, seeking help)

Grade Five

Healthy Relationships

C5 assess their own interpersonal skills as they apply to building and maintaining positive relationships with family and friends

C6 analyse behaviours that contribute to a safe and caring school environment (e.g., taking responsibility for personal actions, supporting others, promoting respect for diversity)

Grade Six

Healthy Relationships

C5 assess the influence that peers have on individuals' attitudes and behaviour

C6 demonstrate an understanding of the harmful effects of stereotyping and discrimination

C7 identify school, local, provincial, national, and international strategies for preventing and responding to discrimination, stereotyping, and bullying

C8 apply appropriate strategies for responding to discrimination, stereotyping, and bullying