



Always Changing

General Description:

This resource includes an instructor's booklet, a video, and a student guidebook. The resource covers physical, emotional, and social changes during puberty; identifies male and female reproductive systems; describes the stages of the menstrual cycle; and spermatogenesis. Video includes 20-minute sections for boys, girls, and boys and girls, allowing for flexible viewing options. The instructor's guidebook provides background information for teachers and a few suggested activities. The small student guidebook reviews the content of the video in more detail.

Category: *Student, Teacher Resource*

Grade Level:

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| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: *PTM*

20 Torbay Road
 Markham, ON L3R 1G6
 Telephone: 905-415-1940
 Fax: 1-800-420-3616
 Toll Free: 1-800-454-2827

Price: Free

ISBN/Order No: Not available

Copyright: 2005

Year Recommended in Grade Collection: 2006



B.C. Life Skills - K-7

General Description:

Six life skills booklets, one set for elementary and one set for secondary, are organized around themes of understanding oneself, setting goals, making plans, communicating, and problem solving. Lessons in each booklet provide for a variety of student activities. The resource emphasizes role models and home/school connections. Additional support materials include a program organizer. This resource was distributed to all schools in 1995. The resource is now also available online at <http://www.rickhansen.com>

Category: *Teacher Resource*

Grade Level:

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| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: *Rick Hansen Foundation*

5th Floor, 520 West 6th Avenue
 Vancouver, BC V5Z 1A1
 Telephone: (604) 876-6800
 Fax: (604) 876-6666
 Toll Free: (800) 213-2131
 Web Address: www.rickhansen.com

Price: Free on line: www.rickhansen.com

ISBN/Order No: Not available

Copyright: 1995

Year Recommended in Grade Collection: 2006

**bc.tobaccofacts: A Tobacco Prevention Resource for Teachers (Grade 4)****General Description:**

This tobacco-use prevention resource consists of a teacher's guide and two posters. The guide is well-organized and easy to use. It contains a clear introduction, an overview, a parent information letter, five lesson plans, a list of generic teaching strategies, and a comprehensive contacts/resources reference list. Blackline masters for student handouts, transparencies, and assessment tools are provided. In addition, teachers are provided with current research, statistics, and informative tobacco facts. The lessons promote student interaction, exploring the dangers of smoking and breathing second-hand smoke, the laws that govern tobacco use, and the possible pressures faced by students in regard to tobacco use. The lessons culminate with student participation in an exhibition focussing on tobacco use. This resource has been delivered free of charge to schools. Additional copies are available free of charge from Centre for Addictions Research of BC. Additional support for teachers includes a video for Grades 4 to 7 that provides an orientation to using the resources. Please contact Centre for Addictions Research of BC, phone: 1-866-677-5465. Also, orientation workshops may be arranged by contacting the Regional Tobacco Reduction Coordinator via the local health unit.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: *Centre for Addictions Research of BC*

909 - 510 Burrard Street
Vancouver, BC V6C 3A8

Telephone: 604-408-7753

Fax: 604-408-7731

Toll Free: 1-866-677-5465

Web Address: www.silink.ca

Price: Free to Schools

ISBN/Order No: Not available

Copyright: 1999

Year Recommended in Grade Collection: 2006

**bc.tobaccofacts: A Tobacco Prevention Resource for Teachers (Grade 5)****General Description:**

This tobacco-use prevention resource consists of a teacher's guide and three posters. The guide is well-organized and easy to use. It contains a clear introduction/rationale, an overview, a parent information letter, five lesson plans, a list of generic teaching strategies, and a comprehensive contacts/resources reference list. Blackline masters for student handouts, transparencies, and assessment tools are provided. In addition, teachers are provided with current research, statistics, and informative tobacco facts. The lessons promote student interaction, while exploring the consequences of tobacco use, the effects of tobacco use on the body, and advertising strategies. The lessons culminate with student participation in a talk show format, focussing on tobacco use. This resource has been delivered free of charge to schools. Additional copies are available from Centre for Addictions Research of BC at no charge. Additional support for teachers includes a video for Grades 4 to 7 that provides an orientation to using the resources. Please contact Centre for Addictions Research of BC, phone: 1-866-677-5465. Also, orientation workshops may be arranged by contacting the Regional Tobacco Reduction Coordinator via the local health unit.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: *Centre for Addictions Research of BC*

909 - 510 Burrard Street
Vancouver, BC V6C 3A8

Telephone: 604-408-7753

Fax: 604-408-7731

Toll Free: 1-866-677-5465

Web Address: www.silink.ca

Price: Free to schools

ISBN/Order No: Not available

Copyright: 1999

Year Recommended in Grade Collection: 2006

**bc.tobaccofacts: A Tobacco Prevention Resource for Teachers (Grade 6)****General Description:**

User-friendly tobacco prevention resource consists of a teacher's guide and three posters. The teacher's guide is organized into twelve sections including six lesson plans. These lesson plans provide cross-curricular links and are designed to encourage active learning. This resource also provides current research, information, and references on tobacco. The underlying theme in this resource is anti-tobacco and anti-tobacco industry. Strong statements are made in the sample letter to parents about addiction problems. This resource should be utilized as one component of a comprehensive substance misuse prevention model. This resource was distributed to all elementary schools in September 1998. Additional copies are available free of charge from Centre for Addictions Research of BC. Additional support for teachers includes a video for Grades 4 to 7 that provides an orientation to using the resources. Please contact Centre for Addictions Research of BC, phone: 1-866-677-5465. Also, orientation workshops may be arranged by contacting the Regional Tobacco Reduction Coordinator via the local health unit.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: *Centre for Addictions Research of BC*

909 - 510 Burrard Street
Vancouver, BC V6C 3A8

Telephone: 604-408-7753

Fax: 604-408-7731

Toll Free: 1-866-677-5465

Web Address: www.silink.ca

Price: Free to schools

ISBN/Order No: Not available

Copyright: 1998

Year Recommended in Grade Collection: 2006

**bc.tobaccofacts: A Tobacco Prevention Resource for Teachers (Grade 7)****General Description:**

Tobacco-prevention resource consists of a teacher's guide, a six-minute video, and three posters. The teacher's guide provides background information, current research, and seven lesson plans. The lesson plans provide cross-curricular links and are designed to encourage active learning. The video presents 12 short anti-smoking commercials. The underlying theme in this resource is anti-tobacco and anti-tobacco industry. Strong statements are made in the sample letter to parents about addiction problems. This resource should be utilized as one component of a comprehensive substance misuse prevention model. This resource was distributed to all elementary schools in September 1998. Additional copies are available free of charge from Centre for Addictions Research of BC. Additional support for teachers includes a video for Grades 4 to 7 that provides an orientation to using the resources. Please contact Centre for Addictions Research of BC, phone: 1-866-677-5465. Also, orientation workshops may be arranged by contacting the Regional Tobacco Reduction Coordinator via the local health unit.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: *Centre for Addictions Research of BC*

909 - 510 Burrard Street
Vancouver, BC V6C 3A8

Telephone: 604-408-7753

Fax: 604-408-7731

Toll Free: 1-866-677-5465

Web Address: www.silink.ca

Price: Free to schools

ISBN/Order No: Not available

Copyright: 1998

Year Recommended in Grade Collection: 2006

**Bite Free****General Description:**

Bite Free: Playing it Safe with Dogs is a DVD which includes two video clips. The first clip, called *Bite Free*, is intended for students. *Bite Free* is presented from the dogs' perspective and helps students learn what to do when they encounter a dog who is with or without its owner and/or may be acting in an aggressive, angry, or scared manner. This video clip also addresses why dogs may bite and presents a range of simple and easy to remember steps to avoid being bitten. Two simple messages are relayed to students: 'stand like a tree' (when approached by a dog) and 'lie like a log' when a dog is being aggressive. All scenes are presented in a friendly, non-scary manner. Dogs are not depicted as scary animals. The second sixteen minute video clip, called *Tom and Luka Teach Bite Free*, is intended for educators. This clip is designed to help educators create their own dog bite safety presentation. It depicts Tom and Luka, Tom's live dog friend, offering an interactive presentation to a class of young students on the topic of dog safety. Tom and Luka demonstrate how to approach a dog, how to ask a dog's owner if the dog can be petted, how to respond if a dog chases you, and how to pet a dog. The same two predominate messages of *Bite Free* are represented; 'stand like a tree' (when approached by a dog) and 'lie like a log' when a dog is being aggressive.

Caution: Educators should be aware there is one scene in which a young girl is demonstrating how to respond if a dog chases a child on a bike. While the dog safety message is successfully conveyed, it should be noted that the girl is not wearing a safety helmet and is riding her bike on the sidewalk.

Category: Teacher Resource

**Canada's Food Guide to Healthy Eating****General Description:**

Canada's Food Guide to Healthy Eating is designed to help Canadians make wise food choices. The Guide translates the science of healthy eating into a practical pattern of food choices that meets nutrient needs, promotes health, and minimizes the risk of nutrition-related chronic diseases. Includes: *Canada's Food Guide to Healthy Eating Focus on Children 6-12 Years*; *Food Guide Facts: Background for Educators and Communicators*; *Canada's Guidelines for Healthy Eating*; and *Using the Food Guide*. The Guide is supported by downloadable PDF resources from Health Canada's web site: http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index_e.html
Note: *Canada's Food Guide to Healthy Eating* is currently being revised. The revised Guide will emphasize that unless a person is very active there is not much room in a balanced diet for 'other foods.' 'Other foods' will need to be an occasional choice. Also, the revised Guide will classify plant-based beverages (soy milk, etc.). The *Native Food Guides* are also recommended. Please see the separate annotations for ordering information. Health Canada is preparing to create many different ethnic food guides (e.g., Coastal Native, Mandarin, Punjabi, etc.) that will support *Canada's Food Guide to Healthy Eating* in assisting people to plan healthy eating for every ethnic food pattern.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: BC SPCA

1245 East 7th Avenue
 Vancouver, BC V5T 1R1
 Telephone: 604-681-7271
 Fax: 604-681-7022
 Toll Free: 1-800-665-1868
 Web Address: www.sPCA.bc

Price: \$25.00

ISBN/Order No: Teacher

Copyright: 2006

Year Recommended in Grade Collection: 2008

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: Health Canada's Consumer Product Safety

123 Slater St.
 Postal Locator 3504D
 Ottawa, ON K1A 0K9
 Telephone: (613) 952-1014
 Fax: (613) 941-4376
 Toll Free: 1-866-225-0709
 Web Address: www.hc-sc.gc.ca/

Price: Available online

ISBN/Order No: 0-662-19966-9

Copyright: 1992

Year Recommended in Grade Collection: 2006

**Destination 2020****General Description:**

This resource consists of a teacher's guide and a set of occupation profiles. It is designed to help students recognize the many skills they are acquiring now and how these skills will be useful in their future careers. The teacher's guide provides the scope of the five sections of the program, a set of activities for each section, copies of the student handouts, and some large posters. The sections deal with skills and interests, personalities, occupations, and looking to the future. The occupation profiles are grouped according to three categories of interest (people, information, things) and colour-coded by favourite subject areas. A web site is available that provides an on-line version of the activity handouts and profiles: www.careerccc.org/destination2020. Teachers will need to develop their own assessment strategies and will need to supplement this resource with additional career and occupation information.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: National Life/Work Centre - Memramcook Institute

488 Centrale Street
Memramcook, NB E4K 3S6

Telephone: 1-888-533-5683

Fax: (506) 758-0353

Toll Free: 1-888-533-5683

Web Address: www.lifework.ca

Price: \$150.00

ISBN/Order No: Facilitator's Kit: DEST2020E

Copyright: 2001

Year Recommended in Grade Collection: 2006

**Focus on Bullying: A Prevention Program for Elementary School Communities****General Description:**

Resource is designed to assist schools in developing and implementing a detailed action plan to strengthen the physical, social, and psychological safety of schools, and to reduce the incidence of bullying. The resource is divided into four sections: The Nature of Bullying in the Elementary Schools; Developing a School-Wide Plan for Bullying Prevention; Responding Directly to Bullying Situations; and Addressing Bullying Through Classroom Lessons. In addition, a resources section lists print and multimedia resources and government agencies that can be used to support implementation of the school-wide plan. The lesson plans, designed for use once the school plan is in place, deal with defining bullying, the school plan, and dealing with bullying. One copy of the resource has been distributed to all elementary and middle schools in British Columbia. Additional copies may be purchased from Government Publications Services.

Note: An update to *Focus on Bullying: A Prevention Program for Elementary School Communities* is currently underway and is expected to be available in the school year 2007/2008.

Category: Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: Government Publication Services

563 Superior Street
P.O. Box 9452 Stn Prov Govt
Victoria, BC V8W 9V7

Telephone: (250) 387-6409

Fax: (250) 387-1120

Toll Free: 1-800-663-6105

Web Address: www.publications.gov.bc.ca

Price: \$42.00

ISBN/Order No: RB0077

Copyright: 1998

Year Recommended in Grade Collection: 2006

**Food For Us!****General Description:**

Resource, developed by the BC Dairy Foundation, consists of a teacher guide, student booklets, food group poster, and food group cards. Based on *Canada's Food Guide to Healthy Eating*, resource covers basic nutrition skills plus planning and choosing balanced meals and snacks. It is easily integrated into other curriculum areas using engaging activities. *Canada's Food Guide to Healthy Eating* is currently being revised. The revised Guide will emphasize that unless a person is very active there is not much room in a balanced diet for 'other foods.' 'Other foods' will need to be an occasional choice. Also, the revised Guide will classify plant-based beverages (soy milk, etc.). Teachers will need to augment *Food For Us!* with these new nutrition concepts.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: B.C. Dairy Foundation

3236 Beta Avenue
Burnaby, BC V5G 4K4

Telephone: (604) 294-3775

Fax: (604) 294-8199

Toll Free: 1-800-242-6455

Web Address: www.bcdairyfoundation.ca

Price: \$20.00 with workshop

ISBN/Order No: Not available

Copyright: 2005

Year Recommended in Grade Collection: 2006

 **Friends for Life**

Author(s): Barrett, P.

General Description:

Produced by the Ministry of Children and Family Development, the *FRIENDS for Life* program is a resource providing teaching and learning support for students in attaining and maintaining emotional and mental health. The grade 4 and 5 resource is titled *FRIENDS for Life, Children*. The grade 7 resource is titled *FRIENDS for Life, Youth*. Both versions are aimed at fostering emotional resilience as well as preventing anxiety and depression in youth. Specific topics include self-awareness, self-management, intrapersonal and interpersonal relationship skills, as well as informed personal decision-making.

Free for BC Teachers - Manuals, workbooks, and training workshops:

The material is intended to be taught by classroom teachers after participating in a training workshop, provided by the MCFD Friends program. The producer asks that Boards of Education supply the venue for the training workshops as well as cover the costs of any teacher release time used for training, should release time be necessary. All materials are clear, user-friendly and age-appropriate. *FRIENDS for Life* is also available in French. Contact and ordering information is available at MCF.CYMHFRIENDS@gov.bc.ca

Category: Student, Teacher Resource

Grade Level:

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| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: Government Publication Services

563 Superior Street
P.O. Box 9452 Stn Prov Govt
Victoria, BC V8W 9V7

Telephone: (250) 387-6409

Fax: (250) 387-1120

Toll Free: 1-800-663-6105

Web Address: www.publications.gov.bc.ca

Price: Free for BC educators, upon completion of training (see General Description, left).

For all other orders outside of the BC school system:

Group Leaders' Manual For Children: \$45.00

Workbook For Children: \$15.00

Group Leaders' Manual For Youth: \$49.00

Workbook For Youth: \$18.00

ISBN/Order No: Group Leaders' Manual For Children: 1875378258/7610002991

Workbook For Children: 1875378243/7610003089

Group Leaders' Manual For Youth: 1875378316/7610003108

Workbook For Youth: 1875378324/7610003107

Copyright: 2003

Year Recommended in Grade Collection: 2009

 **Going Places: A Road Safety Teacher's Guide - Grades 4 to 7**

Author(s): ICBC

General Description:

This resource is designed to foster the development of a mature and responsible attitude toward road use. It consists of a set of cross-curricular lesson plans, two to three per grade, along with the related resources to be used in class (graphics, handouts, and assessment tools); teacher background materials; a set of additional activities; and a photocopiable student certificate of achievement. Topics cover traffic signs; responsible road use; safe passenger behaviour; pedestrian safety; safe use of bicycles, scooters, skateboards and in-line skates; proper use of seatbelts and head restraints; and recognizing road conditions and unsafe driver behaviour.

Category: Teacher Resource

Grade Level:

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| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: Insurance Corporation of B. C.

Road Safety Department
151 West Esplanade (L130530)
North Vancouver, BC V7M 3H9

Telephone: 604-661-6465

Fax: 604-661-6701

Toll Free: 1-866-661-6651

Web Address: www.icbc.com

Price: Free to schools

ISBN/Order No: TS209H

Copyright: 2002

Year Recommended in Grade Collection: 2006



Health for Life 1

Author(s): Campbell, J. et al.

General Description:

Health for Life 1 consists of a student book and accompanying teacher's guide. The student text includes ten chapters dealing with life learning, wellness choices, relationship choices, and looking forward. A variety of chapter features include key terms, critical thinking and extension activities, personal questions, physical activity suggestions, 'life scene' problems to solve, suggested portfolio items, hints, and fast facts. The accompanying teacher's guide provides chapter overviews, suggested classroom activities, suggestions for application and extension, assessment blackline masters, and suggested additional resources, including web sites. Teachers may wish to augment the lessons on nutrition by addressing the influence of a supportive environment in making healthy choices the easy choices, for example, the availability of healthy choices at school, community centres, restaurants, etc.

Category: Student, Teacher Resource

Grade Level:

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Supplier: Pearson Education Canada

26 Prince Andrew Place
 Don Mills, ON M3C 2T8
 Telephone: (416) 447-5101
 Fax: 1-800-563-9196
 Toll Free: 1-800-387-8028/7851
 Web Address: www.pearsoned.ca

Price: Student Text: \$27.95
 Teacher's Resource: \$74.95

ISBN/Order No: Student Text: 0-13-139892-X
 Teacher's Resource: 0-13-139893-8

Copyright: 2004

Year Recommended in Grade Collection: 2006



Health Issues 7

Author(s): Johansson, J.

General Description:

Resource consists of a teacher's guide and a student anthology. The anthology of fiction and non-fiction with accompanying activities integrates Language Arts with health-related topics. Organized into three categories (Wellness, Relationships, Life Learning), it covers topics such as bullying, self-image, planning, decision-making, relationships, and careers. The accompanying teacher resource includes pre- and post-reading activities and a CD-ROM with blackline masters, assessment strategies, and rubrics.

Caution: While the teacher resource provides suggestions related to student discussion of personal topics, teachers will need to ensure that discussion is respectful of a student's right to privacy.

Category: Student, Teacher Resource

Grade Level:

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| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: McGraw-Hill Ryerson Ltd. (Ontario)

300 Water Street
 Whitby, ON L1N 9B6
 Telephone: (905) 430-5000
 Fax: (905) 430-5194
 Toll Free: 1-800-565-5758 (orders)
 Web Address: www.mcgrawhill.ca

Price: Student Text: \$19.73
 Teacher's Guide w/CD-ROM: \$100.59

ISBN/Order No: Student Text: 0-07-091406-0 / 9780070914063
 Teacher's Guide w/CD-ROM: 0-07-091407-9 / 9780070914070

Copyright: 2002

Year Recommended in Grade Collection: 2006

**HeartSmart Kids (4-6)****General Description:**

This resource includes a 118-page educator's guide as well as a 18-page student magazine. It is intended for use with students in grades 4 to 6 to support Health Education Programs. The resource is designed to develop and reinforce heart-healthy values, attitudes, and behaviours throughout life. It includes 15 sequential lessons under the sub-organizers of Nutrition, Active Living, and Smoke-Free. Lessons are innovative, engaging, and well-supported by the colourful student magazine. Each lesson contains a variety of assessment strategies, as well as home-connection activities. Students are encouraged to think critically on a variety of personal and social issues regarding health and well-being. Lessons are sequentially constructed, easy to follow, and provide prepared 'masters' for teacher use. Teachers receive the materials free of charge once they have attended one of the free workshops.

Note: Although the publisher states that they have 'increased focus on the benefits of emotional health,' this is not evident beyond the issues of body-shape and popularity. Teachers would need to supplement several concepts with related videos, children's literature, and other media to address the concepts of physical health in a comprehensive way.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: Heart and Stroke Foundation

1212 West Broadway
Vancouver, BC V6H 3V2

Telephone: (604) 730-7364

Fax: (604) 736-8732

Toll Free: 1-888-4736 ext 408

Web Address: www.heartandstroke.bc.ca

Price: Free

ISBN/Order No: n/a

Copyright: 2006

Year Recommended in Grade Collection: 2006

**HeartSmart Kids K-3 / bc.tobaccofacts K-3****General Description:**

Easy-to-use resource package comprises an educator guide, a student fun book, and a Big Book. The educator's guide includes an introduction to the program and curriculum connections. It provides lesson plans and activities centred on four themes: basic heart facts, nutrition, active living, and tobacco use prevention. Appendices present additional support material, including role-playing activities and goal setting. The colourful student fun book introduces a story puzzle, action rhymes, poems and chants, activities, word puzzles, factual information, and riddles. The Big Book presents the story puzzle contained in the student fun book. Teachers may need to adapt the lessons to provide a multicultural perspective.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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Supplier: Heart and Stroke Foundation

1212 West Broadway
Vancouver, BC V6H 3V2

Telephone: (604) 730-7364

Fax: (604) 736-8732

Toll Free: 1-888-4736 ext 408

Web Address: www.heartandstroke.bc.ca

Price: Free with Workshop

ISBN/Order No: 0-9699796-2-2

Copyright: 1997

Year Recommended in Grade Collection: 2006

**Kids in the Know****General Description:**

This multi-grade sequential safety program, developed in Manitoba, is designed to reduce child victimization by teaching effective personal safety strategies. The resource consists of a teacher resource binder with lesson plans for all grades; five student booklets and puppets for primary grades; and brochures, posters, and stickers. Lessons include well-organized, innovative activities using children's literature, puppets, and web site activities. Seven consistent safety messages and four safety environments are taught, reinforced, and practiced at every grade level. Additional web site activities are provided as part of a home-based connection to classroom lessons (www.kidsintheknow.ca/app/en/). The resource can be purchased in clustered-grade formats, as well as all-grade formats. Although this resource includes lessons from Kindergarten to high school, only the K to 7 section has been recommended.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | | |

Supplier: *Child Find Manitoba*

343 - 800 Portage Avenue
Winnipeg, MB R3G 0N4

Telephone: 204-945-5735

Fax: 204-948-2461

Toll Free: 1-800-532-9135

Web Address: www.childfind.mb.ca

Price: \$345.00 (K-4)

\$550.00 (K-8)

ISBN/Order No: 0-9735540-5-3-2 (K-4)

0-9735540-7-X (K-8)

Copyright: 2006

Year Recommended in Grade Collection: 2006

**Let's Talk About Touching - A Child Sexual Abuse Prevention Program for Young Children, Second Edition**

Author(s): *Swanson, S. et al.*

General Description:

This child sexual abuse prevention program, revised in 2001, includes a program manual; photocopiable resource materials for families, in seven languages; bright teaching pictures; ten felt board figures; sorting cards; puppets; teaching dolls; and a CD-ROM of children's music used in the lessons. Designed for children ages four to six, the kit introduces key safety messages supported by a variety of experiential activities. Includes clear and accurate information regarding handling disclosure and reporting procedures.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
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| ✓ | ✓ | | | | | | | | | | | |

Supplier: *Early Childhood Educators of BC*

3rd Floor, 210 West Broadway
Vancouver, BC V5Y 3W2

Telephone: 604-709-6063

Fax: 604-709-5662

Toll Free: 1-800-797-5602

Price: \$124.95

ISBN/Order No: 0-7726-4602-3

Copyright: 2001

Year Recommended in Grade Collection: 2006



The Make It Real Game

General Description:

The Make It Real Game is a career education classroom role-playing simulation kit. It provides lesson plans and materials for at least twelve classroom sessions designed to meet the Canadian National Life/Work Centre competencies and performance indicators for personal management, work exploration, and career building in elementary schools. The detailed lesson plans call for active participation by students in cooperative groups, accommodate a variety of learning styles, and encourage critical thinking and creative analysis. Incorporates cross-curricular opportunities and includes assessment and evaluation strategies. Full implementation of this extensive program could consume a considerable amount of classroom time. While lessons are well scripted, the facilitator's guide (page 15) recommends one day of facilitator training.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | ✓ | ✓ | | | | | | |

Supplier: National Life/Work Centre - Memramcook Institute

488 Centrale Street
Memramcook, NB E4K 3S6

Telephone: 1-888-533-5683

Fax: (506) 758-0353

Toll Free: 1-888-533-5683

Web Address: www.lifework.ca

Price: \$295.00

ISBN/Order No: MIRG1010-03

Copyright: 1999

Year Recommended in Grade Collection: 2006



Making Decisions Grade 4

Author(s): Mangham, C. et al.

General Description:

Resource consists of a teacher's manual and a student booklet called *Mission: RAD* (Research About Drugs). The manual provides four activity-centered lessons dealing with medical and non-medical drug use; healthy positive alternatives to drug use; and a decision-making model. It also includes suggestions for enrichment, cross-curricular connections, assessment, and a section for collaborating with parents. The student booklet features Zorga, an alien, who is conducting research into drug use.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | ✓ | | | | | | | | |

Supplier: Alcohol Drug Education Service

203 - 2550 Shaughnessy
Port Coquitlam, BC V3C 3G2

Telephone: 604-944-4155

Fax: 604-944-4149

Web Address: www.ad.es.bc.ca

Price: Class Set of one teacher manual and 25 student booklets:
\$84.95

Additional student booklets: \$2.90 each

ISBN/Order No: Student Booklet: 1-895228-28-X

Teacher's Manual: 1-895228-29-8

Copyright: 2002

Year Recommended in Grade Collection: 2006



Making Decisions Grade 6

Author(s): Mangham, C.

General Description:

Revised resource is designed to provide learning activities that promote the development of skills in making major decisions, particularly to help prevent substance misuse. Each of the eight lessons includes an overview, learning outcomes, vocabulary, learning activities, summary, enrichment, and evaluation. Also includes reproducible student sheets. Lessons are designed to be taught sequentially. Activities focus on role playing, paragraph writing, and classroom discussion. Teachers may want to supplement this resource with additional activities that promote critical and creative thinking.

Caution: Many of the links and references in this resource are now outdated. For additional information, please refer to the following web sites: [Centre for Addictions Research of BC Substance Information Link www.silink.ca](http://www.silink.ca) or [BC Partners for Mental Health and Addictions Information www.heretohelp.bc.ca](http://www.heretohelp.bc.ca)

Category: Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | ✓ | | | | | | |

Supplier: Alcohol Drug Education Service

203 - 2550 Shaughnessy
Port Coquitlam, BC V3C 3G2

Telephone: 604-944-4155

Fax: 604-944-4149

Web Address: www.ad.es.bc.ca

Price: \$29.95

ISBN/Order No: 1-895228-25-5

Copyright: 1999

Year Recommended in Grade Collection: 2006

**Making Decisions Grade 7****Author(s):** Mangham, C.**General Description:**

Revised resource is designed to promote decision-making skills and support the prevention of substance misuse. Each of the seven lessons includes an overview, learning outcomes, vocabulary, learning activities, summary, enrichment, and evaluation. Some reproducible student worksheets are included. Lessons are designed to be taught sequentially and build on the lessons taught in *Making Decisions Grade 6*. The activities focus on role playing, paragraph writing, and classroom discussion. Teachers may want to supplement with additional activities that promote critical and creative thinking.

Caution: *Many of the links and references in this resource are now outdated. For additional information, please refer to the following web sites: Centre for Addictions Research of BC Substance Information Link www.silink.ca or BC Partners for Mental Health and Addictions Information www.heretohelp.bc.ca*

Category: Teacher Resource**Grade Level:**

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | | ✓ | | | | | |

Supplier: Alcohol Drug Education Service203 - 2550 Shaughnessy
Port Coquitlam, BC V3C 3G2

Telephone: 604-944-4155

Fax: 604-944-4149

Web Address: www.ad.es.bc.ca**Price:** \$29.95**ISBN/Order No:** 1-895228-263**Copyright:** 1999**Year Recommended in Grade Collection:** 2006**Missing Kit****General Description:**

The *Missing* kit consists of a computer game for students and a training package for adults. The computer game, on two separate CD-ROMs, invites students to take on the role of police officer and solve the disappearance of Zack, a 14-year-old boy who has been lured to San Diego. While playing the game, students discover the mistakes that led Zack into trouble, and how predators use the Internet to target, groom, and lure children from home. Students also complete an Internet Safety Plan. The training package consists of a guide for parents and teachers and a video documentary. The guide provides information for educating adults and children, and ways to open the dialogue regarding prudent Internet behaviour. The documentary provides an overview of the program including case studies, game highlights, and some successful conversations with children. The *Missing* kit was distributed to all Safe School Coordinators in 2000. The game requires a minimum of 150 minutes to complete. It also requires a high-end computer with multimedia capabilities. Additional information, including a downloadable tutorial from the Teacher's Room, can be accessed at: www.livewires.com

Category: Student, Teacher Resource**Grade Level:**

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | | ✓ | | | | | |

Supplier: LiveWires Design Ltd.54 - 550 Beatty Street
Vancouver, BC V6B 2L3

Telephone: 604 687-5046

Fax: n/a

Web Address: www.livewires.com**Price:** \$35.00**ISBN/Order No:** Not available**Copyright:** 2003**Year Recommended in Grade Collection:** 2006**Native Food Guides****General Description:**

Set of two booklets shows how BC native foods fit into the four basic food groups. Resource identifies the connection between a wide variety of native foods and their nutritional content. Can be used with *Canada's Food Guide to Healthy Eating* to show how native people today eat both traditional and non-native foods. The *Native Food Guide* is based on an older version of *Canada's Food Guide*. It still represents a sound depiction of the placement of native foods into the four food groups. Health Canada is preparing many different ethnic food guides (e.g., Coastal Native, Mandarin, Punjabi, etc.) that will support *Canada's Food Guide to Healthy Eating* in assisting people to plan healthy eating for every ethnic food pattern.

Category: Student, Teacher Resource**Grade Level:**

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | ✓ | | ✓ | | | | | | | | |

Supplier: BC Aboriginal Network on Disability Society1179 Kosapsum Crescent
Victoria, BC V9A 7K7

Telephone: (250) 381-7303

Fax: (250) 381-7312

Toll Free: 1-888-815-5511

Web Address: www.bcands.bc.ca**Price:** Free**ISBN/Order No:** Not available**Copyright:** 2001**Year Recommended in Grade Collection:** 2006

**The New Me: About Boys****General Description:**

This 15-minute video portrays two boys interested in learning more about puberty. They get a book from the public library and meet one of the boy's cousins who is a pre-med student, who uses the book to review the facts about puberty and reproduction. The boys ask questions about physical and emotional changes. They get detailed facts about the male reproductive system and how fertilization takes place. There are on-screen discussion questions throughout the program, and a teacher's guide with additional discussion questions, activities, and reproducible student handouts.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | ✓ | | | | | | | | |

Supplier: *Sunburst Visual Media*

1156 Four Star Drive
Mount Joy, PA 17552

Telephone: 1-888-431-1934

Fax: 1-88-803-3908

Toll Free: 1-888-431-1934

Web Address: www.sunburstvm.com

Price: \$109.95

ISBN/Order No: 1-59520-948-4/8321

Copyright: 2004

Year Recommended in Grade Collection: 2006

**The New Me: About Girls****General Description:**

Fifteen-minute video and accompanying teacher's guide is designed to demystify the process of puberty for adolescent girls. The theme of the program is that while puberty is a natural and a normal stage that every young person goes through, it doesn't happen all at once, and it's normal for everyone to be different. Video presents facts a girl needs to know in a clear, direct way. Through one girl's persistent questions, reviewers get information about the physical and emotional changes of puberty; why they happen at different times and rates; and facts about menstruation, the female reproductive system, and how fertilization occurs. The accompanying teacher's guide provides additional questions, suggested activities, and reproducible handouts, as well as a script of the video.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | ✓ | | | | | | | | |

Supplier: *Sunburst Visual Media*

1156 Four Star Drive
Mount Joy, PA 17552

Telephone: 1-888-431-1934

Fax: 1-88-803-3908

Toll Free: 1-888-431-1934

Web Address: www.sunburstvm.com

Price: \$109.95

ISBN/Order No: 1-59520-949-2/8323

Copyright: 2004

Year Recommended in Grade Collection: 2006



The Play Real Game

General Description:

The Play Real Game consists of a teacher's guide, poster, overhead transparencies, maps, and occupation sheets. An optional student kit, or portfolio, is available for purchase but is not essential. In a series of 10 lessons, many of which require more than one class period, the students assume roles and occupations as they experience work-related situations in the creation of their simulated community. The students create a town with services and businesses in five distinct neighbourhoods, and collaborate in a final project by presenting their town to a fictional prospective business which is considering locating in their town. The activities allow students to explore education, essential services, community needs, and associated occupational roles. Students learn and practise skills in teamwork, creative thinking, decision-making, and organization.

Category: *Student, Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | ✓ | ✓ | ✓ | | | | | | | | |

Supplier: *National Life/Work Centre - Memramcook Institute*

488 Centrale Street
 Memramcook, NB E4K 3S6
 Telephone: 1-888-533-5683
 Fax: (506) 758-0353
 Toll Free: 1-888-533-5683
 Web Address: www.lifework.ca

Price: Facilitator's Kit: \$295.00
 Student's Kit: \$3.00
 Facilitator's Guide: \$49.95

ISBN/Order No: Facilitator's Kit: PRG 1010
 Student's Kit: PRG 1020
 Facilitator's Guide: PRG 1030

Copyright: 2001

Year Recommended in Grade Collection: 2006



The Real Game (2005 edition)

General Description:

Recently revised experiential career-exploration program consists of a facilitator's guide, an interactive question-and-answer game, occupation portfolios, activity posters, student portfolios, and chance cards. Teacher-guided exercises and events allow students to experience issues and aspects of careers that they will face in the future: researching occupations, budgeting, leisure planning, goal setting, holiday planning, researching through interviewing, gender equity issues, and adjusting for occupational trends. Resource is also recommended for Grade 8.

Category: *Student, Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | | ✓ | | | | | |

Supplier: *National Life/Work Centre - Memramcook Institute*

488 Centrale Street
 Memramcook, NB E4K 3S6
 Telephone: 1-888-533-5683
 Fax: (506) 758-0353
 Toll Free: 1-888-533-5683
 Web Address: www.lifework.ca

Price: Facilitator's Kit: \$295.00
 Student Kit: \$3.00
 Facilitator's Guide: \$49.95

ISBN/Order No: Facilitator's Kit: 1-896281-33-8/RG1010
 Student Kit: RG1020
 Facilitator's Guide: RG1030

Copyright: 2005

Year Recommended in Grade Collection: 2006



RoadSense Kids Passport to Road Safety Teaching Guide, Kindergarten - Grade 3

General Description:

Teaching guide comprises 18 activities organized into eight sections. Successful completion of all activities in a section earns a Road Safety sticker for the student's passport (set of passports included). Each activity is cross-referenced to learning outcomes for Personal Planning (the curriculum which is being replaced by Health and Career Education K to 7), as well as English Language Arts, Fine Arts, Mathematics and Social Studies. Assessment criteria for road safety learning are included, along with handouts, student worksheets, and teaching suggestions. Some of the activities require the cooperation of parents or guardians, and/or advance planning in the local community. The safety topics include pedestrian safety, traffic sign recognition, use of seat belts, passenger safety in cars and buses, bicycle safety, and scooter/skateboard safety.

Category: *Teacher Resource*

Grade Level:

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|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| ✓ | ✓ | ✓ | ✓ | | | | | | | | | |

Supplier: *Insurance Corporation of B. C.*
 Road Safety Department
 151 West Esplanade (L130530)
 North Vancouver, BC V7M 3H9
 Telephone: 604-661-6465
 Fax: 604-661-6701
 Toll Free: 1-866-661-6651
 Web Address: www.icbc.com

Price: Free to Schools

ISBN/Order No: TS70G

Copyright: 2001

Year Recommended in Grade Collection: 2006



Second Step Pre/K, Third Edition

General Description:

Second Step proactively teaches empathy, emotion management, and social problem solving. This third edition, revised in 2002, has no major conceptual changes. New components include an administrator's guide, the Be-Calm Bunny, a sing-along CD, and a family overview video. The video would be most effective when supported by a school-use plan. Publisher's web site provides professional support: In addition to the lessons on empathy, emotion management, and problem solving, the teaching guide provides teaching strategies to address diverse learning and cultural needs. Teachers who have been using older editions of *Second Step* may require time to become familiar with the new components and organization.

Category: *Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| ✓ | | | | | | | | | | | | |

Supplier: *Committee for Children*
 801 First Avenue South, Suite 100
 Seattle, WA 981341229
 Telephone: (206) 343-1223
 Fax: (206) 343-1445
 Toll Free: 1-800-634-4449
 Web Address: <http://www.cfchildren.org/>

Price: \$289.00 US funds

ISBN/Order No: 000050

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Second Step Grade 1, Third Edition****General Description:**

Second Step proactively teaches empathy, impulse control, problem solving, and anger management. This third edition, revised in 2002, extends the concepts and skills from previous editions. Now packaged by individual grade level, new components include a comprehensive teacher's guide, an administrator's guide, unit overview cards, a classroom video, and a family overview video. Lessons are age-relevant and deal with common social and emotional issues for Grade 1 students. The teacher's guide provides an annotated bibliography linking quality literature with specific lesson concepts. The administrator's guide provides strategies for developing a proactive school-wide plan for social and emotional development that includes parental involvement and education. The unit overview cards provide useful background information and support for teachers. The classroom video introduces the main concepts for each unit and provides thought provoking discussion questions. The short vignettes are realistic and engaging. The family video would be most effective when supported by a school-use plan. This edition is well-organized and easy to use; however, teachers who have been using older editions will still require some time to become familiar with the organization.

Category: *Teacher Resource*

**Second Step Grade 2, Third Edition****General Description:**

Second Step proactively teaches empathy, impulse control, problem solving, and anger management. This third edition, revised in 2002, extends the concepts and skills from previous editions. In addition to being packaged by individual grade level, new components include a comprehensive teacher's guide, an administrator's guide, unit overview cards, a classroom video, and a family overview video. Lessons are age-relevant and deal with common social and emotional issues for Grade 2 students. The teacher's guide provides an annotated bibliography linking quality literature with specific lesson concepts. The administrator's guide provides strategies for developing a proactive school-wide plan for social and emotional development that includes parental involvement and education. The unit overview cards provide useful background information and support for teachers. The classroom video introduces the major concepts for each unit and provides thought provoking discussion questions. The short vignettes are realistic and engaging. The family video would be most effective when supported by a school-use plan. This edition is well-organized and easy to use; however, teachers who have been using older editions will still require some time to become familiar with the organization.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | ✓ | | | | | | | | | | | |

Supplier: *Committee for Children*

801 First Avenue South, Suite 100
Seattle, WA 981341229

Telephone: (206) 343-1223

Fax: (206) 343-1445

Toll Free: 1-800-634-4449

Web Address: <http://www.cfchildren.org/>

Price: \$159.00 US funds

ISBN/Order No: 000051

Copyright: 2002

Year Recommended in Grade Collection: 2006

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | ✓ | | | | | | | | | | |

Supplier: *Committee for Children*

801 First Avenue South, Suite 100
Seattle, WA 981341229

Telephone: (206) 343-1223

Fax: (206) 343-1445

Toll Free: 1-800-634-4449

Web Address: <http://www.cfchildren.org/>

Price: \$159.00 US funds

ISBN/Order No: 000052

Copyright: 2002

Year Recommended in Grade Collection: 2006



Second Step Grade 3, Third Edition

General Description:

Second Step proactively teaches empathy, impulse control, problem solving, and anger management. This third edition, revised in 2002, extends the concepts and skills from previous editions. Now packaged by individual grade level, new components include a comprehensive teacher's guide, an administrator's guide, unit overview cards, a classroom video, and a family overview video. Lessons are age-relevant and deal with common social and emotional issues for Grade 3 students. The teacher's guide provides an annotated bibliography linking quality literature with specific lesson concepts. The administrator's guide provides strategies for developing a proactive school-wide plan for social and emotional development that includes parental involvement and education. The unit overview cards provide useful background information and support for teachers. The classroom video introduces the main concepts for each unit and provides thought provoking discussion questions. The short vignettes are realistic and engaging. The family video would be most effective when supported by a school-use plan. This edition is well-organized and easy to use; however, teachers who have been using older editions will still require some time to become familiar with the organization.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | ✓ | | | | | | | | | |

Supplier: *Committee for Children*

801 First Avenue South, Suite 100
Seattle, WA 981341229

Telephone: (206) 343-1223

Fax: (206) 343-1445

Toll Free: 1-800-634-4449

Web Address: <http://www.cfchildren.org/>

Price: \$159.00 US funds

ISBN/Order No: 000053

Copyright: 2002

Year Recommended in Grade Collection: 2006



Second Step Grade 4, Third Edition

General Description:

Second Step proactively teaches empathy, impulse control, problem solving, and anger management. This third edition, revised in 2002, extends the concepts and skills from previous editions. Now packaged by individual grade level, new components include a comprehensive teacher's guide, an administrator's guide, unit overview cards, a classroom video, and a family overview video. Lessons are age-relevant and deal with common social and emotional issues for Grade 4 students. The teacher's guide provides an annotated bibliography linking quality literature with specific lesson concepts. The administrator's guide provides strategies for developing a proactive school-wide plan for social and emotional development that includes parental involvement and education. The unit overview cards provide useful background information and support for teachers. The classroom video supports the main concepts with realistic vignettes, suitable for discussion purposes. The family overview video would be most effective when supported by a school-use plan. This edition is well-organized and easy to use; however, teachers who have been using older editions will still require some time to become familiar with the organization.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | ✓ | | | | | | | | |

Supplier: *Committee for Children*

801 First Avenue South, Suite 100
Seattle, WA 981341229

Telephone: (206) 343-1223

Fax: (206) 343-1445

Toll Free: 1-800-634-4449

Web Address: <http://www.cfchildren.org/>

Price: \$159.00 US funds

ISBN/Order No: 000054

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Second Step Grade 5, Third Edition****General Description:**

Second Step proactively teaches empathy, impulse control, problem solving, and anger management. This third edition, revised in 2002, extends the concepts and skills from previous editions. Now packaged by individual grade level, new components include a comprehensive teacher's guide, an administrator's guide, unit overview cards, a classroom video, and a family overview video. Lessons are age-relevant and deal with common social and emotional issues for Grade 5 students. The teacher's guide provides an annotated bibliography linking literature with specific lesson concepts. The administrator's guide provides strategies for developing a proactive school-wide plan for social and emotional development that includes parental involvement and education. The unit overview cards provide useful background information and support for teachers. The classroom video supports the main concepts with realistic vignettes, suitable for discussion purposes. The family overview video would be most effective when supported by a school-use plan. This edition is well-organized and easy to use; however, teachers who have been using older editions will still require some time to become familiar with the organization.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | ✓ | | | | | | | |

Supplier: *Committee for Children*

801 First Avenue South, Suite 100
Seattle, WA 981341229

Telephone: (206) 343-1223

Fax: (206) 343-1445

Toll Free: 1-800-634-4449

Web Address: <http://www.cfchildren.org/>

Price: \$159.00 US funds

ISBN/Order No: 000055

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Silent on the Sidelines: Why We Ignore Bullying****General Description:**

Available as a video or DVD, this 14-minute program with accompanying teacher guide is an effective tool to initiate discussion about why bullying should not be tolerated by those who witness it. The program presents reasons why students often remain silent and some strategies that work to prevent bullying. The focus is on how students can play a key role in stopping bullying at their school.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | ✓ | | | | | | |

Supplier: *Sunburst Visual Media*

1156 Four Star Drive
Mount Joy, PA 17552

Telephone: 1-888-431-1934

Fax: 1-88-803-3908

Toll Free: 1-888-431-1934

Web Address: www.sunburstvm.com

Price: \$129.95

ISBN/Order No: 1-59520-967-0/8811

Copyright: 2004

Year Recommended in Grade Collection: 2006

**SpaceStation 5-5-3-2****General Description:**

Resource, consisting of CD-ROM for Macintosh and Windows, and an accompanying teacher's guide, invites students to visit an intergalactic nutritional training centre. Eight interactive modules introduce students to the food groups and recommended serving sizes as outlined in *Canada's Food Guide to Healthy Eating*. Students examine their personal eating habits and create a plan to improve their personal food choices. The teacher's guide provides a number of extension activities and a review test. Additional components include a poster of serving sizes and a class set of follow-up food records. The revised Guide will emphasize that unless a person is very active there is not much room in a balanced diet for 'other foods.' 'Other foods' will need to be an occasional choice. Also, the revised Guide will classify plant-based beverages (soy milk, etc.). Teachers will need to augment *SpaceStation 5-5-3-2* with these new nutrition concepts.

Category: *Student, Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | ✓ | | | | | | | | |

Supplier: *B.C. Dairy Foundation*

3236 Beta Avenue
Burnaby, BC V5G 4K4

Telephone: (604) 294-3775

Fax: (604) 294-8199

Toll Free: 1-800-242-6455

Web Address: www.bcdairyfoundation.ca

Price: \$45.00

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Sticks and Stones****General Description:**

Seventeen-minute Canadian video with accompanying viewing guide features children aged five to twelve describing their families, including how they feel when they are teased or bullied because their parents do not represent traditional gender roles. The children provide various definitions for 'family' and demonstrate by example families with two fathers and two mothers. In classroom vignettes children discuss possible reasons for name calling, and participate in a lesson dealing with gender stereotypes. The video gives some background information on various slang terms such as 'faggot' and 'gay'. The video also includes discussion about how to make schools safe for children who may be gay or lesbian or who may live in families with same sex parents. The viewing guide provides sample activities for exploring the topics of gender stereotypes and family diversity, and provides brief suggestions for safe school activities. Resource can be used for raising awareness about language, verbal bullying, family diversity, gender stereotypes, and respecting diverse values and beliefs.

Caution: Teachers should preview this video to ensure that it is appropriate to meet individual classroom needs.

Category: Student, Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | ✓ | | | | | | |

Supplier: National Film Board of Canada

200-1385 West 8th Avenue
Vancouver, BC V6H 3V9

Telephone: (604) 666-3838

Fax: (604) 666-1569

Toll Free: 1-800-267-7710

Web Address: www.nfb.ca

Price: \$49.95

ISBN/Order No: C9101 045/E2117

Copyright: 2001

Year Recommended in Grade Collection: 2006

**Student WorkSafe K/1****General Description:**

Revised program on CD-ROM contains the same lesson content as the previous print version. Module 1, Recognizing Hazards, is designed to help students begin to recognize hazards in the home, at school, and in the community. Module 2, See It, Think It, Do It, is designed to familiarize students with the three steps to hazard recognition. A third module includes additional instructional strategies that make connections to Physical Education and Mathematics, involve parents, and deal with hearing protection. Each module includes teaching strategies, visuals, handouts, and assessment strategies. Most lessons require one hour. Teachers can download and print the entire resource package from the CD-ROM or from the WCB web site:
<http://www2.worksafefbc.com/Topics/YoungWorker/Resources-Educators.as>
p. Free copies of the CD-ROM are available upon request from 1-866-319-9704.

Category: Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| ✓ | ✓ | | | | | | | | | | | |

Supplier: Workers' Compensation Board of British Columbia

8100 Granville Street
Richmond, BC V6Y 3T6

Telephone: (604) 279-7400 (local 5577)

Fax: (604) 276-3293

Toll Free: 1-888-621-7233

Web Address: www.worksafefbc.com

Price: Free to Teachers

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Student WorkSafe 2/3****General Description:**

Revised program on CD-ROM contains the same lesson content as the previous print version. Module 1, Hazards at Work and Play, is designed to help students become aware of hazards in the home, at school, and in the community. Module 2, Common Hazardous Materials, is designed to help students identify common hazardous materials and to describe the emergency response systems in the community. A third module includes suggestions for cross-curricular activities that reinforce the safety messages, including a variety of role plays. There is also a science safety connection and a suggestion for involving parents. Each module includes teaching strategies, visuals, handouts, and assessment strategies. Most lessons require one hour. Teachers can download and print the entire resource package from the CD-ROM or from the WCB web site:
<http://www2.worksafefbc.com/Topics/YoungWorker/Resources-Educators.as>
p. Free copies of the CD-ROM are available upon request from 1-866-319-9704.

Category: Teacher Resource

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | ✓ | ✓ | | | | | | | | | |

Supplier: Workers' Compensation Board of British Columbia

8100 Granville Street
Richmond, BC V6Y 3T6

Telephone: (604) 279-7400 (local 5577)

Fax: (604) 276-3293

Toll Free: 1-888-621-7233

Web Address: www.worksafefbc.com

Price: Free to Teachers

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Student WorkSafe 4****General Description:**

Revised program, now on CD-ROM, contains much of the lesson content from the previous print version. Module 1, Safety Rules, is designed to help students understand the importance of safety rules in school and the community. Module 2, Exposure Over Time, is designed to help students understand the damaging effects of noise levels. A third module provides additional instructional strategies dealing with electrical hazards and hearing protection. Each module includes teaching strategies, visuals, handouts, and assessment strategies. Most lessons require one hour. Teachers can download and print the entire resource package from the CD-ROM or from the WCB web site:

<http://www2.worksafebc.com/Topics/YoungWorker/Resources-Educators.asp>
Free copies of the CD-ROM are available upon request from 1-866-319-9704.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | ✓ | | | | | | | | |

Supplier: *Workers' Compensation Board of British Columbia*

8100 Granville Street
Richmond, BC V6Y 3T6

Telephone: (604) 279-7400 (local 5577)

Fax: (604) 276-3293

Toll Free: 1-888-621-7233

Web Address: www.worksafebc.com

Price: Free to teachers

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Student WorkSafe 5****General Description:**

Revised program, now on CD-ROM, contains lesson material from the previous print version. Module 1, Hazards: General & Immediate, is designed to focus on the general or common type safety hazards that students may be exposed to in their everyday chores, tasks and activities. Module 2, Hazards: Materials & Substances, is designed to help students recognize the effects of hazardous substances and materials on the body. A third module, with additional instructional strategies, provides cross-curricular and career connections. Each module includes teaching strategies, visuals, handouts, and assessment strategies. Most lessons require one hour. Teachers can download and print the entire resource package from the CD-ROM or from the WCB web site:

<http://www2.worksafebc.com/Topics/YoungWorker/Resources-Educators.asp>
Free copies of the CD-ROM are available upon request from 1-866-319-9704.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | ✓ | | | | | | | |

Supplier: *Workers' Compensation Board of British Columbia*

8100 Granville Street
Richmond, BC V6Y 3T6

Telephone: (604) 279-7400 (local 5577)

Fax: (604) 276-3293

Toll Free: 1-888-621-7233

Web Address: www.worksafebc.com

Price: Free to teachers

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Student WorkSafe 6****General Description:**

Revised program, now on CD-ROM, contains both the lesson content from the previous print version, as well as new content on basic emergency procedures. Module 1, Hazard Recognition, deals with the three steps which are a common theme throughout this resource, K to 12: See It (Recognize); Think It (Evaluate); Do It (Control). Module 2, Emergency Procedures, is designed to introduce students to basic emergency procedures and first aid skills. The third module provides additional instructional strategies, including a case study format. Each module includes teaching strategies, visuals, handouts, and assessment strategies. Most lessons require one hour. Teachers can download and print the entire resource package from the CD-ROM or from the WCB web site:

<http://www2.worksafebc.com/Topics/YoungWorker/Resources-Educators.asp>
Free copies of the CD-ROM are available upon request from 1-866-319-9704.

Category: *Teacher Resource*

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | ✓ | | | | | | |

Supplier: *Workers' Compensation Board of British Columbia*

8100 Granville Street
Richmond, BC V6Y 3T6

Telephone: (604) 279-7400 (local 5577)

Fax: (604) 276-3293

Toll Free: 1-888-621-7233

Web Address: www.worksafebc.com

Price: Free to teachers

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

**Student WorkSafe 7****General Description:**

Revised program, now on CD-ROM, contains the lesson content from the previous print edition, with the addition of new hazard recognition visuals, and some new video support activities. An accompanying video that can be ordered separately, for Grades 7 and 8, consists of four short scenarios: Quibbling Rivalry, Sticky Situations, The Hearing Video, and Walkman Generation; the last three of which are for Grade 7. Module 1, Transferable Skills, is designed to help students understand that safety is a transferable skill. Module 2, Safe Behaviours, is designed to help students identify unsafe behaviours and how they contribute to an unsafe workplace situation. Module 3, Hearing Protection, is designed to help students understand the immediate and long term consequences of noise damage to the ear. A set of additional instructional strategies provides extension to the video segment *Sticky Situations*. Each module includes teaching strategies, visuals, handouts, and assessment strategies. Most lessons require one hour. Teachers can download and print the entire resource package from the CD-ROM or from the WCB web site: <http://www2.worksafebc.com/Topics/YoungWorker/Resources-Educators.asp>. Free copies of the CD-ROM and videotapes (for Grades 7 & 8) are available upon request from 1-866-319-9704.

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | | | | | | | ✓ | | | | | |

Supplier: *Workers' Compensation Board of British Columbia*

8100 Granville Street
 Richmond, BC V6Y 3T6
 Telephone: (604) 279-7400 (local 5577)
 Fax: (604) 276-3293
 Toll Free: 1-888-621-7233
 Web Address: www.worksafebc.com

Price: Free to teachers

ISBN/Order No: Not available

Copyright: 2002

Year Recommended in Grade Collection: 2006

Category: *Teacher Resource*

**Talking About Touching - Grade 1 to 3, Third Edition****General Description:**

This edition, revised in 2001, reflects major concept revisions. Although it still focusses on teaching children basic personal safety skills, the following changes are noted. The No-Run-Tell Rule has been replaced by the Safety Steps. There is less focus on 'stranger danger' and more focus on applying a single safety strategy for all situations. Topics still include fire safety, bicycle safety, gun safety, personal safety, assertiveness, and harassment. Three separate sets of lesson cards, one for each grade level, consist of black and white photographs on one side, and teaching suggestions and discussion questions on the other. The teacher's guide consists of a program outline, background information, and research ideas for implementation, including take-home letters for parents. Teachers should check whether school districts have standard parent permission forms. The student handouts and suggested literature will need supplementing. A good video for parents and guardians, *What Do I Say Now*, is also included. It provides guidelines for talking to children about personal safety and how to respond to disclosure. Additional components (Big Book, small book, and audio cassette) and corresponding lessons are not recommended. Teachers will need to develop their own assessment strategies.

Grade Level:

| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| | ✓ | ✓ | ✓ | | | | | | | | | |

Supplier: *Committee for Children*

801 First Avenue South, Suite 100
 Seattle, WA 981341229
 Telephone: (206) 343-1223
 Fax: (206) 343-1445
 Toll Free: 1-800-634-4449
 Web Address: <http://www.cfchildren.org/>

Price: \$239.00 US funds

ISBN/Order No: 000511

Copyright: 2001

Year Recommended in Grade Collection: 2006

Category: *Teacher Resource*



Teen Years - A Once in a Lifetime Chance to Build Bone

General Description:

This resource consists of a teaching guide, a video and accompanying guide called *The Bone Zone*, and a calcium calculator CD-ROM. Three vignettes on the video promote the following key messages: teen years are critical for building bone, physical activity and adequate calcium are necessary for building healthy bone, and major food sources of calcium and daily calcium intake for teens. The teachers guide and discussion questions are included to support the video and extend student learning. A calcium calculator CD-ROM allows students to calculate and evaluate their calcium intake and identify alternate sources. This resource addresses an important aspect of healthy eating for adolescence.

Category: *Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | | ✓ | | | | | |

Supplier: *B.C. Dairy Foundation*

3236 Beta Avenue
 Burnaby, BC V5G 4K4
 Telephone: (604) 294-3775
 Fax: (604) 294-8199
 Toll Free: 1-800-242-6455
 Web Address: www.bcdairyfoundation.ca

Price: Video: \$15.00
 Brochure: 5¢ each
 CD-ROM: \$10.00

ISBN/Order No: Not available

Copyright: 2001

Year Recommended in Grade Collection: 2006



What Kids Want to Know About Sex and Growing Up

General Description:

Fifty-five-minute video deals with puberty, sex, and sexual reproduction in a candid and reassuring manner through a series of discussions and very direct questions between two sex educators and 'real' kids. The accompanying teacher's guide provides a script of the video. The suggested classroom activities in the guide are not recommended as they are too simplistic, and teachers will need to develop their own pre- and post-viewing activities. This video was previously recommended for Personal Planning. While the information is current and very comprehensive, the hairstyles, and clothing appear somewhat dated.

Caution: *The students raise questions about masturbation and homosexuality, which are addressed by the sex educators in a straightforward manner.*

Category: *Student, Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | | | | ✓ | | | | | | |

Supplier: *B. C. Learning Connection Inc.*

4 - 8755 Ash Street
 Vancouver, BC V6P 6T3
 Telephone: (604) 324-7752
 Fax: (604) 324-1844
 Toll Free: 1-800-884-2366
 Web Address: www.bclc.bc.ca

Price: \$26.00

ISBN/Order No: PP0159

Copyright: 1997

Year Recommended in Grade Collection: 2006



Why Must I Wash My Hands?

General Description:

An engaging student book with age-appropriate text explains factual information about certain aspects of health. Topics include germs, communicable disease transmission, body hygiene, lice, food safety, pet care, and cleanliness. Book design includes Healthy Hints text boxes, broken text to facilitate interest and various reading levels, and realistic pictures. Includes easy to navigate table of contents, glossary, index, and further resources for teacher reference. Resource can be used to support whole class, small group, or individual activities.

Category: *Student, Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | | ✓ | | | | | | | | | |

Supplier: *Knowbuddy Resources*

P.O. Box 37
 Collingwood, ON L9Y 3Z7
 Telephone: 1-800-461-9120
 Fax: 1-800-561-1763
 Toll Free: 1-800-461-9120

Price: \$26.55

ISBN/Order No: 1-84234-350-5

Copyright: 2005

Year Recommended in Grade Collection: 2006



You and Me Series

General Description:

This collection of five softcover student books is written at a beginning reading level. Topics include 'feelings,' 'sharing,' 'taking turns,' 'friendships,' and 'responsibility.' The books describe ways a person can display positive behaviour at school, home, and in the community. Each chapter begins with a question to help children focus and form their own questions. Resource can be used to support whole group, small group, or individual activities.

Category: *Student, Teacher Resource*

Grade Level:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|----|----|----|
| K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| ✓ | ✓ | | | | | | | | | | | |

Supplier: *J. Appleseed*

PO Box 129
 Collingwood, ON L9Y 3Z7
 Telephone: 1-866-575-5007
 Fax: 1-866-893-4789
 Toll Free: 1-866-575-5007
 Web Address: www.jappleseed.ca

Price: \$9.00 each title

ISBN/Order No: Various

Copyright: 2005

Year Recommended in Grade Collection: 2006