

Eligibility for the South Island Residency Program

Consistent with CPA standards for approved residency programs, the pre-requisites for applicant eligibility are:

* A minimum 600 hours of practicum experience in assessment and intervention strategies obtained through a CPA or APA accredited clinical or counselling program or its documented equivalent;

* Evidence of graduate coursework in child/adolescent development and psychopathology, child/adolescent psychological assessment/ intervention, consultation, program development/evaluation methods, and professional ethics;

* Evidence that previous practicum experiences have provided opportunities for clinical applications of the relevant coursework in child and adolescent mental health.

* Preferred completion of a doctoral thesis proposal and collected/ analyzed data;

* Student commitment to a one year placement; established goodness of fit between the student's interests, the academic programs philosophy and the service site's program interests.

CPA Accreditation Office
141 Laurier Avenue West, Suite 702
Ottawa, Ontario, K1P 5J3
Tel: 613-237-2144
Fax: 613-237-1674
Toll Free: 1-888-472-0657

How to Apply to the South Island Program

The South Island Program adheres to the *Association of Postdoctoral Psychology and Internship Centers (APPIC)* policies and the voluntary policies of the *Canadian Council of Professional Psychology Programs (CCPPP)* for a standardized online application. The applicant should go to www.appic.org for a complete description of how to participate in the APPIC Match, including how to create the standardized application form, how to search for participating residency programs, how to register for the Match, and how to rank order programs.

NOTE: Registration for the Match does *not* constitute an application to the South Island Program. The applicant must apply separately through the online application procedures described in detail on the APPIC website.

The application deadline is November 1st. If selected for an interview, applicants will be contacted on the first Friday in December.

The Residency Program abides by the APPIC policy that no person will solicit, accept or use any of the ranking-related information from any resident applicant.

FOR MORE INFORMATION CONTACT:

Dr. Laurel Townsend
Director of Clinical Training,
Ministry of Children and Family Development
201-4478 West Saanich Rd
Victoria, BC V8Z 3E9
Phone: 250-952-5073 Fax: 250-952-4546
E-mail: Laurel.Townsend@gov.bc.ca

The South Island Pre-Doctoral Residency in Clinical & Counseling Psychology



Child & Youth Mental Health Services
Ministry of Children and Family
Development

Victoria, British Columbia, Canada

We proudly and respectfully acknowledge the Lekwungen-speaking peoples, known today as the Esquimalt and Songhees Nations, and the WSÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) peoples, on whose lands we have the privilege to live, work, and play.



The South Island Pre-Doctoral Residency Program is hosted across three regional child and youth mental health teams serving the residents of Greater Victoria: Saanich Child and Youth Mental Health, Victoria Child and Youth Mental Health and Westshore Child and Youth Mental Health.

Victoria is best known as the capital city of British Columbia. It is situated on the southern tip of Vancouver Island and located in a sub-Mediterranean zone, making it the sunniest spot in the province.



The South Island Residency Program in Psychology Ministry of Children and Family Development Province of British Columbia, Canada

Each full-time residency position is offered for one year, starting the day after Labour Day in September. Supervision standards conform to those set out by the Canadian Psychological Association. Residents accrue a minimum of 1600 hours of supervised practice.

The salary level is based on the BC Government Employees Union Master Agreement for auxiliary employees, with additional financial compensation in lieu of health benefits and annual vacation. The annual wage amounts to \$57,100 per year. Residents can take up to three weeks off.

The South Island program adheres to the BC Human Rights Code and is committed to employment equity/diversity. All qualified individuals are encouraged to apply, including women, visible minorities, Indigenous Peoples, persons with disabilities, persons of diverse sexual orientation, gender identity or expression (LGBTQ2S+) & others who may contribute to diversity in the BC Public Service.

A detailed description of the South Island program is available at: www2.gov.bc.ca/gov/content/careers-myhr/job-seekers/internship-co-op-opportunities/other-public-sector-internships

The South Island program has been accredited by CPA since 2018. We are currently in the process of re-accreditation and completed a site visit in July 2023. A final decision by the accreditation panel is expected this Fall.

The South Island program provides residents with the opportunity for in-depth training in child and youth mental health through active clinical work, intensive supervision, small group seminars and consultations, follow through of clients during in-patient treatment, and interaction with other health professionals.

The focus is on developing the resident's clinical skills in assessment, diagnosis, treatment planning/implementation and supervision. Residents also provide consultation to service providers both on host teams and in the community. Clients are typically referred by their parents and guardians, teachers and school counselors, family physicians, pediatricians, social workers and hospital staff.

Residents are exposed to a range of child and youth mental health issues, from adjustment disorders to early onset psychosis. These conditions are viewed in the context of the biopsychosocial model and from a developmental perspective.

Residents are supervised by registered psychologists from each host site and exposed to a variety of assessment and treatment approaches. They maintain contact with each other via phone, email, weekly seminars, group supervision and overlapping days on site.

The training model is based on a "Practitioner-Scholar" approach that uses clinical practices supported by research.