

# Employee Orientation Session

*Employee and Family Assistance Services (EFAS)*

Attend to learn about health and well-being services for you and your family, including:



Counselling services



Healthy living services



Family support



Career support services



Financial and legal services

**Date:**

**Time:**

**Location:**

**Please bring the following to the session:**

- Member ID number (which you can find by going to Employee Self Service)
- Mobile device