

# Daily Health Check for BC Public Service Workplaces

Updated July 27, 2022

The Provincial Health Officer has asked all British Columbians to monitor their health and to stay home if feeling unwell. Staff who are experiencing COVID-19-like symptoms must not attend the workplace. If staff begin to feel unwell, they must leave the workplace immediately.

A key component of Communicable Disease Prevention Plans (CDPPs) is supports for staff who have symptoms of a communicable disease (e.g. fever, chills, coughing) so they can avoid being at the workplace when sick. One of these supports for staff is the [Daily Health Check](#) (DHC).

DHCs are a simple and effective means for employees to assess their health daily and be reminded of their obligation to stay home if sick. DHCs also contribute to the employer's obligation to minimize communicable disease transmission in the workplace. The Daily Health Check Tool will remain online for those that wish to use it.

While most Public Service Workplaces are not required to have staff complete a formal documented DHC, workplaces may choose to do so. Workplaces that don't use the DHC tool must outline in their CDPPs the practices that supervisors employ with their staff to ensure no sick/ill workers attend the workplace.

Some workplaces will continue with the DHC as part of an exposure control plan or because of specific provincial health orders. If you need assistance determining if your workplace requires a formal DHC contact a BCPSA Occupational Health and Safety Specialist using [Ask MyHR](#).

If your workplace has (or will be implementing) a daily health check process that doesn't use the online [Daily Health Check](#), please ensure that your health check includes the symptom list from the online [DHC](#). [This list is](#) regularly updated based on information from the BC Centre for Disease Control.