



Caring for Our Community



"People who don't have an injury just don't get it. It's a struggle every single day to get up and get dressed. That's why it's so important to connect with someone who's gone through what I have. The Peer Program makes this happen." - *Spinal Cord Injury BC (Nanaimo)*

"One of the most impactful pieces of feedback was from a mom whose 7 month old daughter has cystic fibrosis. She was admitted to the hospital half-way through our session. A few weeks later she returned and told us that her daughter had to stay in bed the entire time. With tears in her eyes, the mom said had it not been for the songs, rhymes and stories that we had taught her at Mother Goose she didn't know how she could have gotten through it." - *United Way (Nanaimo)*

\$50 will pay for the transportation of volunteers to assist with or facilitate dementia education sessions. That's only \$2 a day. - *Alzheimer Society of BC (Lower Mainland)*

"Having somewhere to go every day means everything to me," says Jeff, a participant in the Dr. Peter Centre Day Health program. "I don't know what I'd do without it. Everyone here cares about you. The staff is fun and makes you laugh. I didn't know people like this existed. I'm used to seeing the other side of life."

- *Dr. Peter AIDS Foundation (Lower Mainland)*

In my life I have nobody to rely on. Me and my kids have seen hard times for many years since my husband died. The only sure thing in our lives has been The Salvation Army. We depend on them. They are always saving us. If it wasn't for the food bank and soup kitchen we would go to bed hungry. The Salvation Army really cares and helps people who need them. - *Salvation Army (Fraser Valley)*

Girls with a Big Sister are two and a half times more likely than girls without a mentor to be confident in their ability to be successful at school. - *Big Brothers Big Sisters of Prince George (Fraser Fort-George)*

\$50 provides 16 meals to an individual experiencing poverty and homelessness. Only \$2 a meal! - *Our Place (Capital)*

The voice of the child is never heard, but Mary Manning whenever they could, brought the voice of the child out and that needs to continue to happen, they always go that extra mile to help keep a child safe.

- *Mary Manning Centre (Capital)*

Healthy lives free of heart disease and stroke. Together, we will make it happen. Thanks to your support, patients across the province will receive free, critical resources to aid recovery and live a healthier life. - *Heart and Stroke Foundation*

For \$50, someone who is at-risk for kidney disease will be screened, providing critical early detection. Only \$2 a pay. - *The Kidney Foundation of Canada, BC Branch*