

PECSF in the Fraser Valley Region



FS0332



Alzheimer Society of BC

Dementia Support Groups

Provides individuals and families impacted by a diagnosis of dementia with the information, education, resources and support they need to successfully meet the challenges ahead regardless of what stage they are at on the dementia journey. Our professional staff and trained volunteers at the South Fraser Resource Centre support people in the Fraser Valley in ways that best meet their needs, including one-to-one support in person, by telephone, Dementia Education workshops, the Minds in Motion® fitness/social activity program, and Support Groups. Participants in our programs are provided the opportunity to learn about Alzheimer's disease and other dementias, learn practical coping strategies and understand the importance of early planning.

FS0329



Spinal Cord Injury BC

Peer Support Program

Our Peer Support Program gives people with a spinal cord injury, their family and friends the opportunity to connect with others in similar situations, try activities they never imagined possible and continue learning about living well with an injury. There is no other organization that provides the kind of dedicated service we offer.

Fund Supported (FS) Pool 2017-2019

Supporting one or more of these programs/projects in your region is simple!

Take note of the FS number provided to find it easily in *Employee Self Service*.